

FELLOWSHIP SQUARE HISTORIC

May 13th thru May 20th

SALADS & SANDWICHES

Includes soup OR salad, beverage, dessert and choice of two sides \$9

Spring Chicken Salad - Mixed greens topped with chicken, peach, pecan, feta cheese, and dried cranberries

Santa Fe Salad

Mixed greens topped with black beans, cheese, chicken, tomatoes, tortilla strips

Gold Canyon Burger - Choice of cheddar, Swiss, or American cheese

All Beef Hot Dog – 1/4 pound hot dog on a bun

Impossible Burger

Gluten free vegan patty topped with aged cheddar cheese

Chicken Tender Basket

Chicken tenders, fries & Cole slaw

Chicken Salad Wrap

Chicken salad and dried cranberries tucked inside a tortilla wrap

SIDE DISHES (No half orders allowed)

Ala Carte Sides \$1.50

Mashed Potatoes & Gravy

Fruit Salad

French Fries

Cole Slaw

Sweet Potato Fries

Cup of Soup

Baked Beans

Dessert of the Day

Balsamic Glazed Brussels

Cottage Cheese

Cauliflower

Mashed Yams

Catalina Blend

ENTREES

Includes your choice of soup OR salad, dessert, two side dishes, and beverage \$9

Pan Seared Salmon - Topped with lemongrass butter sauce

Balsamic Chicken with Mushrooms - A sauteed chicken breast topped with balsamic mushroom sauce Source: The Diabetes Cookbook Lara Rondinelli, RD, LDN, CDE

Seared Pork Chop - Served with roasted vegetable & apple sage sauce Source: American Diabetes Association. Recipe Credit Blue Apron

Top Sirloin Steak - Served with your choice of sides

Grilled Chicken Breast (GF) - Served with your choice of sides

Prickly Pear Glazed Chicken - Served with your choice of sides

PB & J Burger - Angus beef patty topped with cheddar, bacon, peanut butter and grape jelly on a burger bun

Tomato, Spinach, and Sausage Pasta - A combination of tomato, spinach, garlic, and Italian sausage tossed with bowtie pasta