

Oasis Assisted Living 22 West 9th Place Mesa, AZ 85201

Life Enrichment Coordinator: Laura K. Ontiveros

Life Enrichment Assistant: Jim Mangini

Friday Sunday Monday Wednesday **Thursday Tuesday** Saturday 9:00 Exercise Senior Style 9:00 Exercise Senior Style MR **ROOM** 9:00 Strength, Stretch, 9:15 One-on-one Time MC Dance w/Senior Fit MC **LEGEND** 10:00 Bingo AR 10:00 Oasis Town Hall 1:00 Bingo MC 10:15 Armchair Travel OASIS ACTIVITY AREAS **Grand Canyon MR** 2:30 Sasparilla Social AR AR ACTIVITY ROOM 1:00 Basha's Shopping DR DINING ROOM 7:00 Story & Relax MC LB LIBRARY 2:30 Dining Room Outing MC MEMORY CARE MR MEDIA ROOM L LOBBY CY COURTYARD 3:30 Country Jukebox AR **SENIOR FIT ACTIVITY** 9:00 Exercise Senior Style 10:00 Communion 9:00 Exercise Senior Style 9:00 Sit Down Yoga 9:00 Exercise w. Senior Fit 9:00 Jim's Story Corner MC 9:15 One-on-one Time MC 9:00 Music Motions MC 9:15 One-on-one Time MC 10:00 10:00 Music & Poetry Hour w/Senior Fit MC 10:00 Open Gym **Residents' Choice** w/Don Bachelder AR 10:00 Resident Council 10:00 Bingo AR w/ Senior Fit AR Closed 9:00—1:00 10:00 Bingo AR Movie MR 10:30 Wii Jeopardy MR **AARP Meeting Meeting AR** 1:00 Bingo MC 1:00 Bingo MC 10:00 Wii Bowling MR 1:00 Armchair Travel to 2:00 12:00 Hello There! MC 12:15 Cartoon Corner MC Texas MR 2:00 Indoor Games AR 1:00 Wild West Movies 2:30 Spaghetti Westerns **Worship Service AR** 1:00 Bunco MR 3:00 Current Events AR 1:00 Fry's Senior "Dances with Wolves" 2:30 Music Lab w/Laura 3:30 Hello There! MC **Discount Day** 3:00 Storytime with Jim 7:00 Story & Relax Time 2:00 Making Music MC 7:00 Story & Relax MC 6:00 Bible Study AR MR MC 3:00 Card Club AR 7:00 Story & Relax MC 7:00 Story & Relax MC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 10:00 Communion LB 10:00 Residents' Choice Movie MR 2:00 Worship Service AR	9:00 Jim's Story Corner MC	w/Senior Fit MC 10:00 Bingo AR 12:00 Camp Oasis Starts! 12:30 Friendship Bracelets 1:00 S'mores	9:00 Exercise Senior Style MR 10:00 Sing-A-Long w/ Wendy 10:00 Open Gym w/ Senior Fit 10:30 Emotional Support AR 12:15 Petroglyph Art MC 1:30 June Birthday Party with Heart and Soul 3:00 Balloon Bop MC 7:00 Story & Relax MC	14 9:00 Exercise Senior Style MR 9:00 Exercise w/ Senior Fit MC 10:00 Clay Artwork MR 1:00 Wild West Movies "The Lone Ranger" MR 2:00 Handprint Artwork 6:00 Bible Study AR	15 9:00 Exercise Senior Style MR 9:00 Music Motions MC 10:00 Cowboy Boot n' Scoot AR 12:00 Flip Flop Throw MC 1:00 Walmart Shopping 3:30 Nail Spa 7:00 Story & Relax MC	16 9:00 Exercise Senior Style MR 9:15 One-on-one Time MC 10:00 Bingo AR 1:00 Bingo MC 2:30 Armchair Travel Wyoming MR 7:00 Story & Relax MC
17 10:00 Communion LB 10:00 Residents' Choice Movie MR 2:00 Worship Service AR	9:00 Exercise Senior Style MR 9:00 Jim's Story Corner MC 10:00 Open Gym w/ Senior Fit 10:30 Trivia Competition AR 12:00 Hello There! MC 1:00 Wii Games MR 3:00 Storytime with Jim MR	9:00 Exercise Senior Style MR 9:00 Sit Down Yoga w/Senior Fit MC 10:00 Bingo AR 1:00 Bingo MC 2:00 Cooking Corner AR	9:00 Exercise Senior Style MR 10:00 Music and Poetry Hour w/Don Bachelder MC 10:00 Open Gym w/ Senior Fit 10:30 Wild West History MR 1:00 Sunset Painting AR 2:30 Target Toss MC 3:00 Cowboy Cards AR	21 9:00 Exercise Senior Style MR 9:00 Exercise w/Senior Fit MC 10:00 Balloon Tennis AR 1:00 Wild West Movies "How the West Was Won" MR 2:00 Balloon Tennis MC 6:00 Bible Study AR	9:00 Exercise Senior Style MR 9:00 Music Motions MC 10:00 Making Popsicles AR 12:00 Popsicle Party MC 1:00 99c Store Outing 3:30 Hee-Haw Show MR 7:00 Story & Relax MC	9:00 Exercise Senior Style MR 9:15 One-on-one Time MC 10:00 Bingo AR 1:00 Bingo MC 2:30 Spaghetti Westerns MR 7:00 Story & Relax MC
24 10:00 Communion LB 10:00 Residents' Choice Movie MR 2:00 Worship Service AR		9:00 Sit Down Yoga w/Senior Fit MC 10:00 Bingo AR 12:00 Camp Oasis- Music 12:45 Island Pudding 1:30 "Moana" Movie 1:00 Bingo MC	9:00 Exercise Senior Style MR 9:15 One on Ones MC 10:00 Open Gym w/ Senior Fit 10:30 Chaplain's Corner 1:00 Campfire Stories AR 2:00 Sunset Artwork 2:30 Sing-A-Long w/ Connie Ryan AR	28 9:00 Exercise Senior Style MR 9:00 Exercise w/Senior Fit MC 10:00 America's Funniest Home Videos MR 1:00 Wild West Movies "Magnificent Seven" MR 2:00 Spaghetti Westerns MC 6:00 Bible Study AR	9:00 Exercise Senior Style MR 9:00 Music Motions MC 10:00 Ice Cream Making AR 12:00 Bubble Blast MC 1:00 Tom's BBQ Outing 3:30 Nail Spa AR 7:00 Story & Relax MC	30 9:00 Exercise Senior Style MR 9:15 One-on-one Time MC 10:00 Bingo AR 1:30 Marvene's 100th Birthday Celebration DR 7:00 Story & Relax MC