



THE OASIS AT FELLOWSHIP SQUARE PHOENIX

11818 N. 19th Avenue • Phoenix, AZ 85029 • (602) 443-5466

Meet Jean O.

Though a recent addition to our neighborhood, Jean has been a longtime resident of Fellowship Square. Canton Province, China, is where Jean was born before making the long trek across the Pacific Ocean to Los Angeles, California. She then eventually made her way to Phoenix, Arizona. Jean has 3 sons and 2 grandsons, and especially loves children. Jean enjoyed being a cashier and also worked as a Singer Store manager teaching sewing classes. She enjoyed travel, making trips to California and China. We are so glad to have Jean as our neighbor at the Oasis.



March 2019



Stronger Seniors
Our Residents value physical fitness!



Senior Fit
Getting Stronger with
Trainer Anna



February Birthday Party




Sunday	Monday	Tuesday
<p>LOCATION KEY: A = ACTIVITY ROOM 1st Floor D = DINING ROOM FS = FELLOWSHIP SQUARE HC = HEALTH CENTER O = OUTING /MEET IN THE LOBBY U = 3RD FLOOR ACTIVITY ROOM</p>	<p>HAPPY BIRTHDAY! MARION E. 3/14 MADELINE W. 3/22 MARY LOU D. 3/26 JAMES R. 3/28</p>	<p>March</p>
3	4	5
<p>A 9:00 CHAT & COFFEE A 1:00 VIEWERS' CHOICE MOVIES FS 3:00 WORSHIP HOUR</p>	<p>A 9:00 CHAT & COFFEE A 10:00 FILL OR BUST A 11:00 SENIOR FIT A 1:30 HOW IT'S MADE A 2:30 HANGMAN</p>	<p>A 9:00 CHAT & COFFEE O 10:00 POND WALK A 10:30 FARKLE-DICE A 1:00 BINGO A 3:00 GOLF CARDS</p>
10	11	12
<p>A 9:00 CHAT & COFFEE A 1:00 VIEWERS' CHOICE MOVIES FS 3:00 WORSHIP HOUR</p>	<p>A 9:00 CHAT & COFFEE D 10:00 DAVE SWAIM-PIANO A 11:00 SENIOR FIT A 1:30 HOW IT'S MADE A 2:30 WHO WANTS TO BE A MILLIONAIRE?</p>	<p>A 9:00 CHAT & COFFEE O 10:00 POND WALK A 10:30 KING'S CORNERS-CARDS A 2:00 LUCK O' THE IRISH BINGO</p>
ST. PATRICK'S DAY 17	18	19
<p>A 9:00 CHAT & COFFEE A 1:00 VIEWERS' CHOICE MOVIES FS 3:00 WORSHIP HOUR</p>	<p>A 9:00 CHAT & COFFEE A 10:00 YOGA W/JAN A 1:30 HOW IT'S MADE A 2:30 CHICKTIONARY</p>	<p>A 9:00 CHAT & COFFEE O 10:00 POND WALK A 10:30 RACK-O! A 1:00 BINGO A 3:00 GOLF CARDS</p>
24/31	25	26
<p>A 9:00 CHAT & COFFEE A 1:00 VIEWERS' CHOICE MOVIES FS 3:00 WORSHIP HOUR</p>	<p>A 9:00 CHAT & COFFEE A 10:00 YOGA W/JAN A 1:30 HOW IT'S MADE A 2:30 WHEEL OF FORTUNE</p>	<p>A 9:00 CHAT & COFFEE O 10:00 POND WALK A 10:30 TRIOMINOES A 1:00 BINGO A 3:00 GOLF CARDS</p>

Wednesday

Thursday

Friday

Saturday

			
<p>6</p> <p>A 9:00 CHAT & COFFEE O 9:00 WALMART A 11:00 SENIOR FIT U 1:30 BIBLE STUDY W/ CHAPLAIN BRAD A 3:00 TED TALKS</p>	<p>7</p> <p>VIA (VISUALLY IMPAIRED ACCESSIBLE) Accessible Activities Are Denoted by Italics.</p> <p>A 9:00 CHAT & COFFEE A 10:00 FOOD COUNCIL A 2:00 GARBAGE CARDS</p>	<p>1</p> <p>A 9:00 CHAT & COFFEE A 10:00 TABLETOP HORSE RACING A 11:00 SENIOR FIT A 2:00 MOVIE: "HEAVEN IS FOR REAL"</p> <p>8</p> <p>A 9:00 CHAT & COFFEE A 10:00 UNO A 11:00 SENIOR FIT D 2:00 BIRTHDAY PARTY W/CAROLE KEPNER</p>	<p>2</p> <p>A 9:00 CHAT & COFFEE A 9:00 ROSARY- W/ST. PAUL'S CHURCH FS 10:00 MASS (CENTERVIEW) A 1:30 MOVIE: "MR. CHURCH"</p> <p>9</p> <p>A 9:00 CHAT & COFFEE FS 10:00 MASS (CENTERVIEW) A 1:30 MOVIE: "HEIDI"</p>
<p>13</p> <p>A 9:00 CHAT & COFFEE O 9:00 DOLLAR TREE A 11:00 SENIOR FIT U 1:30 BIBLE STUDY W/ CHAPLAIN BRAD A 3:00 TED TALKS</p>	<p>14</p> <p>A 9:00 CHAT & COFFEE A 10:00 CORE EXERCISE A 10:30 FARKLE DICE A 2:00 PHASE 10</p>	<p>15</p> <p>A 9:00 CHAT & COFFEE A 10:00 LEFT, RIGHT, CENTER A 11:00 SENIOR FIT A 2:00 MOVIE: "KING KONG"</p>	<p>16</p> <p>A 9:00 CHAT & COFFEE A 9:00 ROSARY- W/ST. PAUL'S CHURCH FS 10:00 MASS (CENTERVIEW) A 1:30 MOVIE: "A COWGIRL'S STORY"</p>
<p>20</p> <p>A 9:00 CHAT & COFFEE O 9:00 WALMART A 11:00 SENIOR FIT U 1:30 BIBLE STUDY W/ CHAPLAIN BRAD A 3:00 TED TALKS</p>	<p>21</p> <p>A 9:00 CHAT & COFFEE A 10:00 CORE EXERCISE A 10:30 CHICKEN FOOT DOMINOES A 3:00 FILL OR BUST-DICE</p>	<p>22</p> <p>A 9:00 CHAT & COFFEE A 10:00 PIG DICE A 11:00 SENIOR FIT A 2:00 MOVIE: "LINCOLN"</p>	<p>23</p> <p>A 9:00 CHAT & COFFEE FS 10:00 MASS (CENTERVIEW) A 1:30 MOVIE: "PEOPLE LIKE US" HYDRATION PROVIDED AT ALL FACILITATED ACTIVITIES</p>
<p>27</p> <p>A 9:00 CHAT & COFFEE O 11:00 LUNCH @ ANZIO'S A 11:00 SENIOR FIT U 1:30 BIBLE STUDY W/ CHAPLAIN BRAD A 3:00 TED TALKS</p>	<p>28</p> <p>A 9:00 CHAT & COFFEE A 10:00 GENTLE STRETCH A 10:30 POKENO A 2:00 RUMMIKUB</p>	<p>29</p> <p>A 9:00 CHAT & COFFEE A 10:00 RACK-O! A 11:00 SENIOR FIT A 2:00 MOVIE: "MONA LISA SMILE"</p>	<p>30</p> <p>A 9:00 CHAT & COFFEE FS 10:00 MASS (CENTERVIEW) A 1:30 MOVIE: "A SORT OF HOMECOMING"</p>

March 2019

OASIS STAFF DIRECTORY

Jennifer Walls, **Life Enrichment Coordinator**

Margarita Lopez, Linda Gallant & Lavine Otto

Life Enrichment Assistants

(602) 424-9488 or (602) 443-5466

Afou Kabadeh, **LPN Assisted Living Wellness Nurse**

Office (602) 443-5475 or (602) 943-1800 ext. 1173, Cell (602) 501-4948

Barbara Osborn, **Caregiver Supervisor** - (602) 443-5400, ext. 5494

Brad Auten, **Chaplain** - (602) 443-5486

Bon Palacios, **Food Services Manager** - (602) 443-5497

Eric Kirby, **Director of Food Services** - (602) 443-5425

Kimberly Sanders, **Director of Dining & Housekeeping**- (602) 443-5468

Nancy (Hair) and Frida (Nails), **Oasis Beauty Shop** - (602) 443-5463

Suzette Briseno, **Accounts Receivable** - (602) 443-5423

Lindsey Arrey, **Director of Operations** - (602) 443-5415

Jami Gross, **Executive Director** - (602) 443-5439

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

8	5	1	2	3	4	6	9	7
9	7	7	1	8	6	5	3	4
3	4	6	5	9	7	8	1	2
4	6	7	9	5	8	3	7	1
7	9	5	6	1	3	4	2	8
1	8	3	4	7	2	9	5	6
6	7	9	8	2	5	1	4	3
2	1	4	3	6	9	7	8	5
5	3	8	7	4	1	2	6	9

6					7	8		5
				9			1	
3	4	1					7	
9			2	7				
8		4						7
				5	6			4
	1					9	4	3
	3			8				
7		9	4					8