


MAY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LIFESTYLE OFFICE HOURS Monday-Friday 8:30AM-4:00PM 721-3003	LIFESTYLE OFFICE CLOSED Monday-Friday NOON TO 1:00PM	COLOR CODE KEY: ON SITE ACTIVITIES ON SITE SPECIAL EVENTS ON SITE FITNESS CLASSES w/ DORA OFF SITE ACTIVITIES OFF SITE SPECIAL EVENTS	AM 1 9:00 & 10:00 FRY'S 9:00 TOTAL BODY WORKOUT, V3 9:30 MICHAEL'S/ROSS PM 1:00 & 2:00 WALMART MKT 1:00 Abundant Lifestyles 1:30 TRADER JOES	AM 2 7:00 NATIONAL DAY OF PRAYER, DINING ROOM 10:00-2:00 Dr. & Dentist Appt. 10:00 Blood Pressure Check, V1 11:30 Catholic Service, V2 PM 2:00 Bingo, V2	AM 3 9:00 & 10:00 FRY'S 10:00 BANK 10:00 GARDEN CLUB MTG, V1 PM 1:00 & 2:00 SAFEWAY/BIG LOTS 1:00 POST OFFICE 2:00 Bunko, V2	AM 4 PM 3:00 TUCSON BOYS CHORUS AT CATALINA FOOTHILLS HS
AM 5 PM 3:00 Worship Service, V2/Christ Community Church	AM 6 9:00 & 10:00 SAFEWAY/BIG LOTS 9:00 TOTAL BODY WORKOUT, V3 11:00-3:00PM NEW IMAGE FASHION, V2 PM 1:00 & 2:00 FRY'S 1:30 DMAFB (ID required)	AM 7 10:00-2:00 Dr. & Dentist Appt. PM 2:00 Open Art Studio, V2 3:00 BODY BOOST, V1 FITNESS CENTER 5:00 MARIACHIS AQUILITAS DE DAVIS, DINING ROOM 6:00 Villa Voices Practice, V2	AM 8 9:00 & 10:30 WALMART @ KOLB 9:00 TOMBSTONE DAY TRIP PM 1:00 & 2:00 FRY'S 3:30 Friendly Discussions, V2 1:30 .99 CENT STORE	AM 9 10:00-2:00 Dr. & Dentist Appt. 10:00 Blood Pressure Check, V2 11:30 Catholic Service, V2 PM 2:00 Bingo, V2	AM 10 8:00 WATER WALKING w/DORA, V1 POOL 9:00 & 10:00 FRY'S 10:00 BANK 10:00 CRAFT WORKSHOP - PAINTING POTS, V1 PM 1:00 & 2:00 SAFEWAY/BIG LOTS 2:00 Bunko, V2	AM 11 PM
AM 12 PM 3:00 Worship Service, V2 <i>Rincon Baptist Church</i> 	AM 13 9:00 & 10:00 FRY'S 9:00 TOTAL BODY WORKOUT, V3 PM 1:00 & 2:00 SAFEWAY/BIG LOTS 2:00 Movie 4:30 DINNER AT LONGHORN STEAKHOUSE	AM 14 8:30 EVENT SIGN UPS, LIFESTYLE OFFICE V1 10:00-2:00 Dr. & Dentist Appt. PM 3:00 BODY BOOST, V1 FITNESS CENTER 2:00 Open Art Studio, V2 6:00 Villa Voices Practice, V2	AM 15 9:00 & 10:00 FRY'S 9:00 TOTAL BODY WORKOUT, V3 9:30 SPROUT'S/KOHL'S PM 1:00 & 2:00 WALMART MKT 1:00 LADIES TEA, V2 1:30 HOBBY LOBBY/STEINMART	AM 16 10:00-2:00 Dr. & Dentist Appt. 10:00 Blood Pressure Check, V3 11:15 BOOKMOBILE 11:30 Catholic Service, V2 PM 2:00 Bingo, V2	AM 17 8:00 WATER WALKING w/DORA, V1 POOL 9:00 & 10:00 FRY'S 10:00 BANK 10:00 PRESIDIO MUSEUM & LUNCH PM 1:00 & 2:00 SAFEWAY/BIG LOTS 1:00 POST OFFICE 2:00 Bunko, V2	AM 18 9:00 DRIVE & DISCOVER - (A MOUNTAIN) SENTINEL PEAK & DOWNTOWN TUCSON
AM 19 PM 3:00 Worship Service, V2 <i>Rincon Baptist Church</i> 7:00 MUSIC UNDER THE STARS	AM 20 9:00 & 10:00 SAFEWAY/BIG LOTS 9:00 TOTAL BODY WORKOUT, V3 PM 1:00 & 2:00 FRY'S 1:30 DMAFB (ID required) 2:15 Low Vision Support, V4 6:30 UKESTERS SPRING CONCERT, V2	AM 21 10:00-2:00 Dr. & Dentist Appt. PM 3:00 BODY BOOST, V1 FITNESS CENTER 2:00 Open Art Studio, V2 6:00 Villa Voices Practice, V2	AM 22 9:00 & 10:30 WALMART @ KOLB 9:00 TOTAL BODY WORKOUT, V3 9:30 TRADER JOES PM 1:00 & 2:00 FRY'S 1:30 ALBERTSON/TARGET 1:30 SMART BRAIN AGING, V2 3:30 Friendly Discussions, V2	AM 23 10:00-2:00 Dr. & Dentist Appt. 10:00 Blood Pressure Check, V4 11:30 Catholic Service, V2 PM 2:00 Bingo, V2	AM 24 8:00 WATER WALKING w/DORA, V1 POOL 9:00 & 10:00 FRY'S 10:00 NEW VOLUNTEER MTG, V1 10:00 BANK PM 1:00 & 2:00 SAFEWAY/BIG LOTS 1:30 SHOPPING-LA ENCANTADA 2:00 Bunko, V2	AM 25 PM
AM 26 PM 3:00 Worship Service, V2 <i>El Camino Church</i>	AM 27 9:00 & 10:00 FRY'S 9:00 TOTAL BODY WORKOUT, V3 12:00 OLD PUEBLO BLUEGRASS -MEMORIAL DAY ENTERTAINMENT, DINING ROOM PM 1:00 & 2:00 SAFEWAY/BIG LOTS 2:00 Movie	AM 28 10:00-2:00 Dr. & Dentist Appt. PM 3:00 BODY BOOST, V1 FITNESS CENTER 2:00 Open Art Studio, V2 6:00 Villa Voices Practice, V2	AM 29 9:00 & 10:30 FRY'S 9:00 TOTAL BODY WORKOUT, V3 PM 1:00 & 2:00 WALMART MKT 1:30 SPROUTS/KOHL'S 2:00 Birthday Party, V2 4:30 DINNER AT SWEET TOMATOES	AM 30 10:00-2:00 Dr. & Dentist Appt. 11:30 Catholic Service, V2 PM 2:00 Bingo, V2	AM 31 8:00 WATER WALKING w/DORA, V1 POOL 9:00 & 10:00 FRY'S 10:00 BANK PM 1:00 & 2:00 SAFEWAY/BIG LOTS 1:00 .PARK PLACE 2:00 Bunko, V2 6:30 Opera, V2	TUNE INTO THE COMMUNITY CHANNEL 1961 FOR INFO ON EVENTS, MAINTENANCE UPDATES, ETC.