


MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION Activity Room (AR) Centerview 3rd Floor Lounge (C3FL) Centerview Lounge (CL) Dining Room (DR) Garden Cafe (GC) Gazebo (G) Library (L) Northridge 3rd Floor Lounge (N3FL)		9:00am Senior Fit Class (Balance Fitness) (AR) 1 10:00am Bible Study (AR) 11:00am Breaking Bread (AR) 11:30am Shopping: Fry's 10% Off 11:45am MIM (Limit 6) 1:30pm Bank Run 1:30pm Shopping: Fry's 10% Off 2:00pm Activity Chat with Faith (AR) 6:00pm Bunco (AR)	8:00am Cornhole (AR) 2 10:30am Price is Right (AR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:00pm Working Hands (C3FL) 2:00pm Wellness Presentation: Nutrition While We Age (AR)	9:00am Senior Fit Class (Stretch 2 Relax) (AR) 3 9:00am Post Office 9:30am Balance and Stretch (AR) 10:00am Coffee Chat with Kristie (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Green Thumb Gardeners (G) 12:30pm LCR (AR) 2:00pm Dancing Divas (AR) 3:00pm Happy Hour - Pineapple Daiquiri (GC) 6:00pm Bridge (AR)	10:30am Bingo (AR) 4 12:00pm Rummikub (GC) 2:00pm Chair Volleyball! (AR) 6:00pm Game Night (GC)	
	3:00pm Worship hour- Guest Speaker: Bud Downs (AR) 5	8:50am Did you Know? (AR) 6 9:00am Shopping: Fry's 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Catholic Mass (AR) 2:30pm Cinco De Mayo Celebration! * (GC) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	9:30am Lap Quilts (AR) 7 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 6:00pm Hand & Foot (AR)	7:30am Men's Breakfast (DR) 8 9:00am Senior Fit Class (Balance Fitness) (AR) 10:00am Bible Study (AR) 11:00am Breaking Bread (AR) 1:00pm My Trash Your Treasure (Sign Up for a Table) (AR) 1:30pm Bank Run 1:30pm Shopping: Super Walmart (19th Ave & Bell) (Limit 14) 6:00pm Bunco (AR)	8:30am Staff Meeting (AR) 9 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:00pm Working Hands (C3FL) 2:30pm Staff Meeting (AR) 3:30pm Dinner Out: Texas Roadhouse (Limit 14)	9:00am Senior Fit Class (Stretch 2 Relax) (AR) 10 9:30am Balance and Stretch (AR) 10:00am Mother's Day Brunch* (DR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Green Thumb Gardeners (G) 12:30pm LCR (AR) 1:30pm Shopping: Michaels 2:00pm Dancing Divas (AR) 3:00pm Caregiver Support Group (L) 6:00pm Bridge (AR)	10:30am Bingo (AR) 11 12:00pm Rummikub (GC) 6:00pm Game Night (GC)
	3:00pm Worship hour- Guest Speaker: Len Fleming (AR) 12	8:50am Did you Know? (AR) 13 9:00am Shopping: Fry's 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 10:00am Blood Pressure Clinic (CL) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	9:30am Lap Quilts (AR) 14 10:00am Coffee & Crosswords (GC) 10:00am Mary K Cosmetics (GC) 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 2:45pm Watercolors with Faith* (AR) 6:00pm Hand & Foot (AR)	9:00am Senior Fit Class (Balance Fitness) (AR) 15 10:00am Walker Scooter Repair (Sign Up) 10:00am Bible Study (AR) 11:00am Breaking Bread (AR) 11:00am Cholla Library (Metrocenter) 1:00pm Mending and Sewing Repair Pick-Up (AR) 1:30pm Bank Run 2:00pm Low Vision Support Group (N3FL) 2:00pm Memories & More - Scrapbooking* (AR) 6:00pm Bunco (AR)	8:00am Cornhole (AR) 16 10:00am Concentration (AR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:00pm BBQ Bonanza* (GC) 12:00pm Working Hands (C3FL) 2:00pm New Resident Welcome (Invite Only) (GC)	9:00am Senior Fit Class (Stretch 2 Relax) (AR) 17 9:00am Post Office 9:30am Balance and Stretch (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Wheel of Fortune (AR) 10:30am Green Thumb Gardeners (G) 12:30pm LCR (AR) 1:30pm Shopping: Dollar General 2:00pm Dancing Divas (AR) 5:30pm Senior Prom!* (DR) 6:00pm Bridge (AR)	10:30am Bingo (AR) 18 12:00pm Rummikub (GC) 6:00pm North Valley Symphony 6:00pm Game Night (GC)

MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00pm Worship hour- Guest Speaker: Lee Spivey (AR) 19	8:50am Did you Know? (AR) 20 9:00am Shopping: Fry's 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 11:00am Man Cave Monday* (GC) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 3:00pm Book Club Meeting (L) 6:00pm Bingo (AR)	9:30am Lap Quilts (AR) 21 11:30am Avon (GC) 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 6:00pm Hand & Foot (AR)	9:00am Senior Fit Class 22 (Balance Fitness) (AR) 10:00am Bible Study (AR) 11:00am Breaking Bread (AR) 12:30pm Horse Races (AR) 1:30pm Bank Run 1:30pm Shopping: Super Walmart (19th Ave & Bell) (Limit 14) 2:00pm Movie Matinee: Wonka (AR) 6:00pm Bunco (AR)	8:00am Cornhole (AR) 23 10:00am Vet-to-Vet (AR) 11:30am New Resident Luncheon with Chaplain Tom Haney (Invite only) (DR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:00pm Working Hands (C3FL) 1:00pm Headbandz Game (New!)* (AR) 2:00pm Crafts with Teresa! (Limit 10)* (AR) 3:30pm Dinner Out: Olive Garden (limit 14)	9:00am Senior Fit Class 24 (Stretch 2 Relax) (AR) 9:30am Balance and Stretch (AR) 10:00am Memorial Day Service (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Green Thumb Gardeners (G) 12:30pm LCR (AR) 2:00pm Sharing Jerry (AR) 2:00pm Dancing Divas (AR) 3:00pm Happy Hour - Kentucky Kiss Cocktail (L) 6:00pm Bridge (AR)	10:30am Bingo (AR) 25 12:00pm Rummikub (GC) 4:00pm Afternoon Entertainment: The Stefanski Brothers (AR) 6:00pm Game Night (GC)
3:00pm Worship hour- Guest Speaker: Chaplain Tom Haney (AR) 26	8:50am Did you Know? (AR) 27 9:00am Shopping: Fry's 9:00am Senior Fit Class (Core Builders) (AR) 9:30am Balance and Stretch (AR) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle! (CL) 1:30pm Shopping: TJ Maxx 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	9:30am Lap Quilts (AR) 28 9:30am Paparazzi Jewelry Everything \$5 (GC) 10:00am Coffee & Crosswords (GC) 12:15pm Wii Bowling (AR) 1:30pm Pick A Prize Bingo (AR) 3:00pm May Craft - Pressed Flower Lanterns* (AR) 6:00pm Hand & Foot (AR)	9:00am Senior Fit Class 29 (Balance Fitness) (AR) 10:00am Bible Study (AR) 11:00am Breaking Bread (AR) 12:00pm Movie Matinee: Driving Miss Daisy 1:30pm Bank Run 2:30pm Wine Down Wednesday* (AR) 6:00pm Bunco (AR)	8:00am Cornhole (AR) 30 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:00pm Working Hands (C3FL) 2:00pm Come Visit Ephesus, Athens, & Corinth with Bud & Kathy Downs (AR) 6:00pm Evening Entertainment: Rip James (AR)	9:00am Senior Fit Class 31 (Stretch 2 Relax) (AR) 9:30am Balance and Stretch (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Green Thumb Gardeners (G) 10:30am Birthday Breakfast (Invite Only) (AR) 12:30pm Estate Planning Seminar (AR) 12:30pm LCR (AR) 2:00pm Dancing Divas (AR) 6:00pm Bridge (AR)	<p style="text-align: center;">*For Any Activity followed by an asterisk(*), please sign up at the concierge desk!</p>