

July 2018 Main Campus						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7/1/2018	07/02/18	07/03/18	07/04/18	07/05/18	07/06/18	07/07/18
APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER
Carrot and Corriander Soup Vegetable Soup Sweet Corn & Black Bean Salad Fresh Green Salad	Chicken Lime Soup Vegetable Soup Avocado Salad, Tomato, Mozzarella, Basil Pesto Fresh Green Salad	Beef Barley Soup Vegetable Soup Sour Cream & Dill Potato Salad Fresh Green Salad	Strawberry Banana Soup Vegetable Soup Anne Jones Macaroni Salad Fresh Green Salad	Corn Bisque Vegetable Soup Watermelon Feta salad Fresh Green Salad	Clam Chowder Vegetable Soup Cucumber, Tomato, Avocado & Feta Salad Fresh Green Salad	Chicken Noodle Vegetable Soup Honey Lime Fruit Salad Fresh Green Salad
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
Strawberry Avocado Spinach Salad Blueberry Pancakes Fried Chicken	Portablo Mushroom Sliders Chicken Rice Cassarole Flat Iron Steak	Tuna Stuffed Avocados Beef Tacos Grilled Salsa Verde Chicken	Grilled Flank Steak BBQ Chicken Chicago Dog	Pork with Mango Miso Marinade Swedish Meatballs Citrus Marinated Shrimp Kabob	Chicken & Broccoli Stir Fry Catch of the Day Braised Beef Ravioli	Chipotle Portobello Fajitas Fried Chicken BBQ Pork Chop
ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS
Mashed Potatoes Green Chile Macaroni Steamed Green Beans Honey Ginger Brussel Sprouts	Parmesan Garlic Fries Twice Baked Potato Grilled Eggplant Steamed Spinach	Spanish Rice Refried Beans SW Lima Beans Beets	Baked Beans Potato Salad Corn on the cob Asparagus	Curried Rice Parmesan Egg Noodles Steamed Broccoli Cauliflower	Steak Fries Rice Pilaf Squash Medley Sautéed Bok Choy	Seasoned Black Beans Mashed Potatoes Steamed Brussel Sprouts Glazed Carrots
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Chef's Choice	Pudding Parfait	Mandarin Orange Pineapple Cake	Marvelous Fruity Medley	Eclair Cake	Jello Parfait	Upside Down Pineapple Cake
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7/8/2018	07/09/18	07/10/18	07/11/18	07/12/18	07/13/18	07/14/18
APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER
Cream of Spinach Soup Vegetable Soup Pineapple Chicken Salad Fresh Green Salad	Roasted Tomato Soup Vegetable Soup Cobb Egg Salad Fresh Green Salad	Ginger Pear Soup Vegetable Soup Potato Salad Fresh Green Salad	Broccoli Cheese Soup Vegetable Soup Thai Cucumber Salad Fresh Green Salad	Lemon Chicken Orzo Soup Vegetable Soup Strawberry Balsamic Pasta Salad Fresh Green Salad	Clam Chowder Vegetable Soup Buffalo Chicken Potato Salad Fresh Green Salad	Chicken Rice Soup Vegetable Soup Fruit Salad Fresh Green Salad
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
Zucchini Pasta with Shrimp Pot Roast Biscuits & Gravy	Pork Chop with Apple Tarragon Slaw Meatloaf Grilled Chicken with Sweet Chili Peach Glaze	Grilled Lime Salmon with Avocado Mango Salsa Chicken Fried Steak Clubhouse Grill Sandwich	Steak Salad Chicken Cacciatore Cuban Sandwich	Grilled Vegetable Wrap Beef Stroganoff Hawaiian Bratwurst	Chicken & Hummus Stuffed Avocado Baja Fish Tacos Taco Salad	Balsamic Glazed Chicken BBQ Baby Back Ribs Bourbon Bacon Roast Beef Slider
ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS
Scalloped Potatoes Olive Oil & Herb Couscous Broccoli & Hollandaise Gold Beets	Saffron Rice Mashed Potatoes Mixed Vegetables Steamed Broccoli	Garlic Roasted Potatoes Salt & Vinegar Potato Chip Steamed Green Beans Heirloom Carrots	Parmesan Orzo Cilantro Lime Rice Brussel Sprouts and Mushrooms Buttered Corn	Buttered Egg Noodles BBQ Potato Chip Peas & Mushrooms Steamed Cauliflower	Rice Pilaf Refried Beans Sautéed Collard Greens Steamed Carrots	Roasted Red Potatoes Baked Beans Spinach Steamed Green Beans
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
S'mores Ice Box Cake	Key Lime Bars	Flan	Strawberry Shortcake	Lemon Blueberry Cake	Chef's Choice	Strawberry Cream Pie

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7/15/2018	07/16/18	07/17/18	07/18/18	07/19/18	07/20/18	07/21/18
APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER
Summer Corn & Zucchini Chowder Vegetable Soup Sour Cream & Dill Cucumber Salad Fresh Green Salad	Banana Mocha Soup Vegetable Soup Watermelon Caprese Salad Fresh Green Salad	Potato Leek Soup Vegetable Soup Pasta Salad Fresh Green Salad	Roasted Tomato Red Pepper Soup Vegetable Soup Coleslaw Fresh Green Salad	Thai Style Chicken Soup Vegetable Soup Broccoli Salad Fresh Green Salad	Clam Chowder Vegetable Soup Southwestern Pasta Salad Fresh Green Salad	Mexican Meatball Soup Vegetable Soup Tomato Feta Salad Fresh Green Salad
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
Ginger Lemongrass Poached Salmon Banana French Toast Pork Chop and Applesauce	Fruit Plate Honey BBQ Baked Chicken Grilled Flat Iron Steak	Avocado & Egg Salad Wrap Chicken Parmesan Tuna & Orzo Summer Salad	Beef Street Tacos Liver & Onions Grilled Salmon Sliders	Grilled Shrimp Tostada Garlic Butter Steak BBQ Pork Slider	Vegetable Stuffed Portabella Mushroom Fish & Chips Grilled Polish Sausage	Greek Chicken Salad Salisbury Steak Fried Shrimp Basket
ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS
Cheesy Ranch Potatoes Parmesan Garlic Fries Steamed Cauliflower Sautéed Squash	Cilantro Lime Rice Baked Yam Eggplant, Squash, and Tomato Steamed Asparagus	Lemongrass Rice Roasted Red Potatoes Steamed Carrots Fiesta Corn	Mashed Potatoes Garlic Parmesan Chips Oriental Vegetables Battered Green Beans	Fettuccini Alfredo Mashed Potatoes Steamed Broccoli Honey Balsamic Garlic Mushrooms	Rice Pilaf Honey Mustard Potatoes Steamed Cauliflower Peas & Carrots	Potato Gnocchi Green Chile & Cheese Potato Bite Steamed Catalina Blend Parmesan Roasted Tomato
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Blueberry Peach Tart	Banana Cream Pie	Mango Mousse	Triple Berry Pound Cake	Pineapple Delight	Bread Pudding	Boston Cream Pie
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7/22/2018	07/23/18	07/24/18	07/25/18	07/26/18	07/27/18	07/28/18
APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER
Posole Vegetable Soup Bacon Ranch Potato Salad Fresh Green Salad	Chicken Leek Soup Vegetable Soup Red Pepper Pesto Tortellini Salad Fresh Green Salad	Pineapple Banana Bisque Vegetable Soup Strawberry Cheesecake Salad Fresh Green Salad	Tomato Bean and Bacon Soup Vegetable Soup Caprese Salad Fresh Green Salad	Cream of Tomato Soup Vegetable Soup BLT Pasta Salad Fresh Green Salad	Clam Chowder Vegetable Soup Caprese Corn Salad Fresh Green Salad	Cream of Broccoli Soup Vegetable Soup Chinese Vegetable Salad Fresh Green Salad
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
Baked Orange Roughy Eggs Benedict Buttermilk Brined Chicken	Avocado Turkey Salad Club Sandwich Taco Salad	Shrimp Stir Fry Chicken Quesadilla Eggplant Parmesan	BBQ Chicken Salad Salad Trio Chicken Teriyaki	Thai Chicken Wrap Stuffed Bell Peppers Maple-Garlic Marinated Pork Tenderloin	Grilled Shrimp & Avocado Salad Fajita Stuffed Chicken Beef Medallions	Grilled Chicken Burrito Bowl Lasagna Spaghetti & Meatballs
ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS
Baked Beans Loaded Baked Potato Broccoli Cheese Cassarole Corn	Ranch Potatoes Refried Beans Mashed Cauliflower Steamed Peas & Carrots	Green Chile Mashed Potato Fried Rice Glazed Brussel Sprouts Steamed Green Beans	Pasta with Tomato Cream Sauce Roasted Garlic Mashed Potatoes Roasted Italian Vegetables Steamed Asparagus	Balsamic Glazed Red Potatoes Spanish Rice Acorn Squash Green Beans & Mushrooms	Mac Nut Rice Macaroni & Cheese Fried Zucchini Steamed Broccoli	Sour Cream & Chive Fries Pasta with Red Sauce Steamed Peas Creamed Corn
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Assorted Cupcakes	Chef's Choice	Key Lime Pie	Chocolate Cake	Strawberry Mousse Cake	Peach Cobbler	White Chocolate Lemon Mousse

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7/29/2018	07/30/18	07/31/18	08/01/18	08/02/18	08/03/18	08/04/18
APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER	APPETIZER
Cream of Asparagus Vegetable Soup Zucchini Salad Fresh Green Salad	Banana Berry Bisque Vegetable Soup Orange Creamsicle Fruit Salad Fresh Green Salad	Curried Carrot Apple Soup Vegetable Soup Hawaiian Pasta Salad Fresh Green Salad				
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
Chicken Teriyaki Beef Medallions Strawberry French Toast	Asian Turkey Burger BBQ Chicken Cuban Mojo Marinated Pork	Quinoa Spinach Salad Steak and Mushroom Sauce Buffalo Chicken and Bacon Grilled Cheese				
ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS	ACCOMPANIMENTS
Cheddar Mashed Potatoes Rice Pilaf Steamed Monte Carlo Blend Spaghetti Squash	Cajun Potato Chips Brown Rice Pilaf Grilled Asparagus Steamed Cauliflower	Rice Potato Salad Steamed Carrots Beets				
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Crème Brulee	Lemon Poppy Seed Cake	Strawberry Pannacotta				
SUNDAY	ALWAYS AVAILABLE	ALWAYS AVAILABLE	DESSERTS	GRAND	CENTER DINING ROOM	Life Enrichment
8/5/2018	MENU	SIDES	OF THE MONTH	BREAKFAST SPECIALS	BREAKFAST SPECIALS	Daily Menu Phone Line
APPETIZER	Chicken Salad Sandwich	Baked Potato	Assorted Cookies	Monday: Blueberry Pancakes	Monday: Oatmeal	480-621-3060
	Black Bean Burger	Baked Yam	NSA Cookies	Tuesday: Breakfast Burrito	Tuesday: Scrambled Eggs	
	Guacamole Burger	French Fries	NSA Jell-O	Wednesday: Waffle	Wednesday: Skillet Breakfast	To-Go Orders
	Avocado Turkey Burger	Sweet Potato Fries	NSA Vanilla Ice Cream	Thursday: Farmers Frittata	Thursday: Cream of Wheat	Phone Number
	Grilled Cheese Sandwich	Cottage Cheese	NSA Butter Pecan Ice Cream	Friday: Biscuits & Gravy	Friday: Biscuits and Gravy	480-733-9671
	Hot Dog with FF	Yogurt	NSA Chocolate Ice Cream	Saturday: Chorizo & Eggs	Saturday: Chef's Choice	
ENTRÉE	Grilled Chicken Breast	Fruit of the Day	Rainbow Sherbet	Sunday: Eggs Benedict	Sunday: Chef's Choice	
	Chicken Wings	Assorted Jell-O	Strawberry Ice Cream			Menu Key
	Chicken Tenders	Apple Sauce	Chocolate Cherry Chunk			First Entrée: Gluten Friendly & Dairy Free
	Chef Salad	Tater Tots	Assorted Jell-O			Second entrée: Homestyle
			Dessert of the Day			Third entrée: Chef's special
						NSA =No Sugar Added
	Please Enjoy our Omelet Station Every Sunday					
ACCOMPANIMENTS	Ala Carte					
	\$4.50 (Omelet Only)					
	Or as an Entrée					
	Included in a \$9 Meal with bacon or sausage hash browns, dessert					
DESSERT						