




FELLOWSHIP SQUARE HISTORIC MESA

Independent Living

Appropriate for individuals 62+ or disabled individuals who need a little extra help to maintain their independence. They may struggle with transportation, keeping up with the housework and meal preparation. They may be somewhat isolated or bored and would benefit from fun activities and social opportunities. They may require occasional assistance with personal care or medication management (home health / supportive services not included, but available).

<i>Includes</i>	<i>Available but not included in rate</i>
10 floorplans (studios, 1 & 2 bedrooms)	Supportive services (non-medical home care)
Flexible Meal Plan - \$225 in dining dollars (equates to 25 5-course meals per month)	Physician services (on site clinic and in home visits)
Utilities (all except telephone & internet)	Home health (Medicare certified skilled medical services)
Basic Cable TV (Cox)	Outpatient rehab - physical & occupational therapy
Free wi-fi and computer access in community rooms	Palliative care (home medical care for serious illness)
24 hour security every day (CPR/First Aid Certified)	Hospice care
Personal Assistance emergency alert system	Nutrition counseling
Daily welfare check system	Personal laundry
Maintenance	<i>Not available</i>
Housekeeping (every other week) with linen service	Furniture moving/unpacking
Scheduled transportation	Individual transportation outside boundary map and other than medically related
Chaplain services	Handicap accessible bathrooms
Social & recreational opportunities	 Pet friendly
Exercise equipment and classes	<i>For more information</i>
Complimentary laundry facilities (washers & dryers in select units)	Please contact us at 480-834-0600 or visit our website.
Access to community/social rooms	
Off-street parking options	
Support groups (Diabetes, Cancer, Caregivers)	



Appropriate for individuals 62+ or disabled who, in addition to needing transportation, housekeeping, meals and activities, also require regular/ongoing assistance with activities of daily living (personal care, medication management). They may no longer feel safe at home alone overnight. **They need access to caregiver assistance 24/7.**

<i>Includes</i>	<i>Available but not included in rate</i>	
Spacious handicapped accessible private apartments (studios & 1 bedroom)	Supportive services (non-medical home care)	
Care staff accessible 24 hours per day	Physician services (on site clinic and in home visits)	
24 hour security	Home health (Medicare certified skilled medical services)	
3 meals a day + snacks	Outpatient rehab - physical & occupational therapy	
2 showers per week	Palliative care (home medical care for serious illness)	
Assurance checks	Hospice care	
Personal Assistance emergency alert system	Nutrition counseling	
Weekly housekeeping with linen service	Additional shower assistance	Dressing/grooming assistance
Maintenance	Additional assurance checks	Toileting assistance
Social and recreational opportunities	Medication reminders	Incontinence assistance
Scheduled transportation	Medication management	Transfer assistance
Chaplain services	TED Hose - morning & evening	Accu-checks
Utilities including telephone (no internet)	Escorts to meals & activities	Personal laundry
Free wi-fi and computer access in community room	<i>Not available</i>	
Exercise equipment and classes	Stove	Patio/balcony
Complimentary laundry facilities	Furniture moving/unpacking	
Access to community/social room	Individual transportation outside boundary map and other than medically related	
Monthly vitals/weight record	Pets are not allowed in Assisted Living (other than approved visiting therapy animals)	
Nurse available or on call 24/7		
Support groups (Diabetes, Cancer, Caregivers)		