



August 4, 2020 Independent Living Community Update

Covid-19:

Arizona COVID numbers continue to rise. We remain steady on our Independent Living services – continuing with what we have reopened so far but not opening up anything additional at this time. We stay current with guidelines provided by the CDC, AzDHS and Maricopa County Health Dept. We will continue to monitor and evaluate all of this information and will adjust services as recommended and prudent.

How many cases in our Fellowship Square Historic Mesa Community?

In our independent living community we currently have four staff members with confirmed COVID-19 positive tests. There is one confirmed positive for COVID-19 resident who has returned from the hospital and self-quarantined. Any other previously reported cases have completed their quarantine period. The Oasis remains Covid-free at this time.

Residents identified as possibly having contact with these staff members that tested positive have been notified. Out of an abundance of caution we have offered onsite testing for these residents on WEDNESDAY August 5th. To reserve a testing time, please contact Life Enrichment team at 480-290-7014. The cost of the test is the responsibility of the resident if not covered by your insurance. Residents with symptoms should contact their primary care doctor immediately.

COVID-19 is still very active in Arizona. We remain committed to helping prevent the spread of COVID-19 within our senior living community. Staff wear masks and are trained to follow infection control protocol. We cannot guarantee our efforts will keep residents from contracting the virus, however please know that our number one priority continues to be the health and safety of our residents and staff!

Self Quarantine: We continue to advise residents to stay home and self-quarantine for 14 days if any of the following apply:

- 1) they have a fever or respiratory symptoms
- 2) they are told to by the health care provider that they should self-quarantine
- 3) they test positive for Covid-19 or have been tested and are awaiting results
- 4) they go to a high risk location like a hospital or emergency room

What happens if a resident tests positive? Residents who test positive are asked to inform Security so that we can implement our quarantine protocols. It is the responsibility of the testing site to contact Maricopa County Department of Health and they will do contact tracing, however we also ask the resident who they may have been in close contact with so that we can inform them and request they get tested.

How can you get a test? Residents should contact their primary health care provider for information on testing if they are concerned. Testing is available locally at FastMed urgent care and CVS. Residents may call life enrichment for transportation information to testing sites.

Reminder to wear face coverings: City of Mesa and Maricopa County Facemask requirement – Residents, Staff and Visitors must wear a facemask or cloth face covering anytime social distancing is not possible. Residents and staff are reminded to adhere to the requirement within our community.

Regarding our community's next normal:

- While we are not lifting ALL our restrictions at this time, expansion of our phased in approach is on hold. We have intentionally not given dates to the phased in opening plan so that we can monitor the community spread and adjust accordingly. Again we may have to stall or pull back on services and access as the situation warrants. In the meantime...
 - East/West gates remain locked for a variety of safety concerns.
 - Small group activities continue for up to 6 residents. Please review the Activities Calendar that was delivered to your door.
 - Swimming pools – currently 3 time slots available M-F and Saturday for all pools now including the lap pool. Reservations are required through Life Enrichment.
 - For all activities and swimming - we continue to follow CDC recommendations for social distancing and cleaning.

- Nonessential visitors were welcomed back with precautions on June 10th – wearing a mask, to apt only and a brief health screen. Now family/friends can make deliveries of packages or groceries to your door! Please limit your visitors for your safety and others.
- Package service delivery to your door restarted on June 15th.
- With the grocery and package delivery changes, we have been able to resume twice monthly housekeeping.
- **What is not changing just yet**
 - NO Guests in common areas (pool, dog parks...)
 - Meal service will continue with delivery only.
 - Gyms are not open at this time due to Gov. Order.
 - No transportation except for individual essential medical appts and essential shopping.
 - Group programs in gym not available, channel 1960 programming continues.
 - Community rooms and common areas open to scheduled activities only
 - Enhanced cleaning and disinfecting of common areas
 - No volunteer lead programs – only staff
 - Resident communications will continue to be delivered to apartments.
 - Country Store Deliveries will continue Monday – Friday 10-2
 - Grand beauty shop open by appointment only with precautions

Housekeeping Update

Staff are currently limited which requires some temporary adjustment to services. Your patience is appreciated! Effective immediately the following will be in place.

- Housekeeping & laundry will continue on a limited basis.
- Housekeeping of apartments will consist of bathroom cleaning and floor cleaning.
- Laundry will be available and beds will be made for those who are in need.

Water Meter Work:

The City of Mesa water meter project has begun and is expected to continue until at least August 6th.

- Water shut off is expected on Wednesday, August 5th from 10 pm until approximately 3 am.
- The construction work is happening in the parking area just north of the office.
- The main entrance on Brown Rd will be **entrance only** until work is completed.
 - Your alternative exit will be at the gate next to building O.
 - Do NOT enter through the gate next to building O under any circumstances.

Our Leadership: As you are probably aware, Kristie Larsen, our Executive Director will soon be transitioning to leadership at our Phoenix campus. Our corporate leadership has taken great care to find just the right person to take over. We will be introducing this individual very soon so keep watching!

Heat Advisory: Temperatures remain dangerously hot outside so please stay inside as much as possible and try to limit any necessary outdoor activity to the morning hours. Remember to DRINK PLENTY OF WATER!

We promise to be transparent and forthcoming, as situations develop and change. Updates will continue to be communicated in a timely manner via hand delivered notices and on Channel 1960.

Please ask your family members to continue to watch our website and Facebook page for these updates. Have a blessed week and stay well!