


January 2021

Happy New Year!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 	2 9:00 Beach Ball Fitness-CR 10:00 Pick a Prize Pokeno-CR 12:00 Trivia-CR 2:00 Movie & Popcorn-CR The Shack
3 3:00 Worship Hour-CR Guest Speaker: Brad Auten	4 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Shopping: Fry's 10:00 Activity Chat with Joanna-CR 1:00 Farkle!-CR 1:30 Shopping: Fry's 2:30 Nat Geo Documentary-CR Europe From Above: The Netherlands	5 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 12:30 Wii Bowling-CR 2:00 Pick a Prize Bingo-CR 2:45 Pick a Prize Bingo-CR 6:00 Hand & Foot-CR	6 9:00 Senior Fit Class-CR <i>Core Builders</i> 10:00 Bible Study-CR 11:30 Shopping: Fry's 10% off 1:30 Bank Run 1:30 Fry's 10% off 2:00 Classic Movie Matinee-CR One Special Night	7 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 10:00 Private Event-CR 12:00 Helping Hands-CR 2:00 Wheel of Fortune-CR 6:00 Music by Marvin-CR	8 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Post Office 10:00 Shopping: Safeway, Walgreens or CVS 10:30 Price is Right-CR 12:30 LCR-CR 1:30 Shopping: Sprouts 2:00 Entertainment-PG Anthony & Valerie	9 9:00 Beach Ball Fitness-CR 10:00 Pick a Prize Bingo-CR 12:00 Painting w/Sidney-CR 2:00 Movie & Popcorn-CR What They Had
10 3:00 Worship Hour-CR Guest Speaker: Irv Goehring	11 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Shopping: Fry's 10:00 Cranium Crunches 1:00 Farkle!-CR 1:30 Shopping: Fry's 1:30 Shopping: Dollar Tree 2:30 Nat Geo Documentary-CR Europe From Above: Italy VST Balance Fall Risk Assessment 10:00AM - 3:00PM Southgate	12 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 10:30 Concentration-CR 12:30 Wii Bowling-CR 2:00 Pick a Prize Bingo-CR 2:45 Pick a Prize Bingo-CR 6:00 Hand & Foot-CR VST Balance Fall Risk Assessment 10:00AM - 3:00PM Southgate	13 9:00 Senior Fit Class-CR <i>Core Builders</i> 10:00 Bible Study-CR 1:30 Bank Run 1:30 Shopping: Super Walmart (Metrocenter) 2:00 <i>New Resident</i> <i>Welcome-CR</i> <i>(Invite Only)</i>	14 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 10:00 Private Event-CR 12:00 Helping Hands-CR 2:00 Entertainment-PG Rip James	15 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Post Office 10:00 Shopping: Safeway, Walgreens or CVS 10:30 NEW! Muffins & Mimosas-CR 12:30 LCR-CR 1:30 Shopping: Target 2:00 Horse Races-CR	16 9:00 Beach Ball Fitness-CR 10:00 Pick a Prize Pokeno-CR 12:00 Crafting w/ Sidney-CR 2:00 Movie & Popcorn-CR Clouds

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 3:00 Worship Hour-CR Guest Speaker: Len Fleming	18 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Shopping: Fry's 10:30 <i>Comrades & Coffee-CR</i> 1:00 Farkle!-CR 1:30 Shopping: Fry's 2:30 Nat Geo Documentary-CR Europe From Above: Germany <i>VST Balance Fall Risk Assessment</i> <i>10:00AM - 3:00PM</i> <i>Centerview</i>	19 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 10:30 Concentration-CR 12:30 Wii Bowling-CR 2:00 Pick a Prize Bingo-CR 2:45 Pick a Prize Bingo-CR 6:00 Hand & Foot-CR <i>VST Balance Fall Risk Assessment</i> <i>10:00AM - 3:00PM</i> <i>Centerview</i>	20 9:00 Senior Fit Class-CR <i>Core Builders</i> 10:00 Bible Study-CR 1:30 Bank Run 1:30 Shopping: Super Walmart (19th Ave & Bell) 2:00 <i>New Resident Welcome-CR</i> <i>(Invite Only)</i>	21 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 10:00 Private Event-CR 12:00 Helping Hands-CR 3:15 Book Club Meeting-CR	22 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Post Office 10:00 Shopping: Safeway, Walgreens or CVS 10:30 Price is Right-CR 1:30 Shopping: Salvation Army 2:00 Entertainment-PG Friday Night Jammers	23 9:00 Beach Ball Fitness-CR 10:00 Pick a Prize Bingo-CR 12:00 Trivia-CR 2:00 Movie & Popcorn All Is True
24 3:00 Worship Hour-CR Guest Speaker: Arnie Frank	25 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Shopping: Fry's 10:30 <i>Coffee & Coloring-CR</i> 1:00 Farkle!-CR 1:30 Shopping: Fry's 1:30 Shopping: .99 Store 2:30 Nat Geo Documentary-CR Europe From Above: United Kingdom <i>VST Balance Fall Risk Assessment</i> <i>10:00AM - 3:00PM</i> <i>Northridge</i>	26 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 10:30 Concentration-CR 12:30 Wii Bowling-CR 2:00 Pick a Prize Bingo-CR 2:45 Pick a Prize Bingo-CR 6:00 Hand & Foot-CR <i>VST Balance Fall Risk Assessment</i> <i>10:00AM - 3:00PM</i> <i>Northridge</i>	27 9:00 Senior Fit Class-CR <i>Core Builders</i> 10:00 Bible Study-CR 1:30 Bank Run 1:30 Shopping: Super Walmart (Metrocenter) 2:00 Winter Wine Down-CR	28 9:00 Senior Fit Class-CR <i>Stretch & Flex</i> 10:00 Private Event-CR 12:00 Helping Hands-CR 2:00 Snowball Punch Party-CR	29 9:00 Senior Fit Class-CR <i>Core Builders</i> 9:00 Post Office 10:30 Coffee & Conversations-CR 10:00 Shopping: Safeway, Walgreens or CVS 1:30 Shopping: Dollar Tree 2:00 Horse Races-CR	30 9:00 Beach Ball Fitness-CR 10:00 Pick a Prize Pokemo-CR 12:00 Painting w/Sidney-CR 2:00 Movie & Popcorn-CR When Love Is Not Enough: The Lois Wilson Story
31 3:00 Worship Hour-CR Guest Speaker: Tom Haney					All Medical Transportation should be scheduled on Tuesdays and Thursdays 8:00AM-2:00PM All scheduled outings are in BOLD type All special or new activities are Italicized	Location Key CR - Activity Center OC - Outside Centerview CL- Centerview Lounge DR - Dining Room GC - Garden Café P - Pool Area GZ - Gazebo PDR - Private Dining Room SG - Southgate L - Library LC - Learning Center PG- Prayer Garden FC- Fitness Center