

In partnership with [Duet: Partners In Health & Aging](#), Fellowship Square Phoenix Hosts:

Finding Meaning and Hope

Alzheimer's & Dementia Support Group
for those caring for a loved one with dementia.
Coming this fall, 2021

Led by staff facilitators from Fellowship Square Phoenix, this 10-week video series is a structured group discussion, designed to equip family caregivers with tools to help reduce stress and build resilience as they face the complexities of ongoing loss associated with caring for someone with Alzheimer's or other forms of dementia.

Based on the groundbreaking book [Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief](#), by Pauline Boss, Ph.D., this video series offers help in dealing with the challenges, losses, and rewards of being a family caregiver of someone who is, or is becoming, psychologically absent.



If you would like to participate in this program, or would like more information, please send us an email at Phoenix@fellowshipsquareseniorliving.org and write "Caregiver Support Group" in the subject line. Once we finalize dates & times for the program, we will be in touch.

