

January 2022

Morning Schedule

Life Enrichment Coordinator: Margarita Lopez
 Life Enrichment Assistants: Linda Gallant, &
 Elizabeth Bella. Oasis office: (602) 443-5466
 Manor 2 office: (602) 424-9488

Sun

Mon



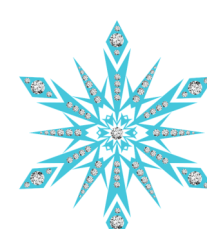
Tue

Wed

Thu

Fri




Sat

<p>Happy Birthday Pat C. 1-2 Bill I. 1-29</p>						<p>1 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive-Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>
<p>2 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>	<p>3 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>4 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:00 Reflections Choir</p>	<p>5 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:30 Morning Munchies</p>	<p>6 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Exercise 10:15 Morning Munchies 10:45 Me Time</p>	<p>7 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>8 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive-Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>
<p>9 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>	<p>10 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>11 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:00 Reflections Choir</p>	<p>12 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:30 Morning Munchies</p>	<p>13 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Exercise 10:15 Morning Munchies 10:45 Me Time</p>	<p>14 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>15 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive-Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>
<p>16 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>	<p>17 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>18 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:00 Reflections Choir</p>	<p>19 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:30 Morning Munchies</p>	<p>20 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Exercise 10:15 Morning Munchies 10:45 Me Time</p>	<p>21 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>22 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive-Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>
<p>23 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>	<p>24 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>25 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:00 Reflections Choir</p>	<p>26 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive– Morning Stroll 10:30 Morning Munchies</p>	<p>27 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Exercise 10:15 Morning Munchies 10:45 Me Time</p>	<p>28 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>	<p>29 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive-Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>
<p>30 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Jump & Jive Kick Ball 10:15 Morning Munchies 10:45 Me Time</p>	<p>31 8:30 Howdy Do? 9:00 Great Start Meeting 9:45 Morning Munchies 10:30 Senior Fit-1st Floor 11:00 Me Time</p>		<h1>Happy New Year!</h1>			

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Afternoon Schedule

Life Enrichment Coordinator: Margarita Lopez
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Birthday Pat C. 1-2 Bill I. 1-29						1 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Bingo 2:45 Sip and Nosh 3:15 15 Min. Imagery Meditation
2 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Text Twist 2:45 Sip and Nosh	3 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	4 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	5 12:00 Lunch 1:00 Happy TV 2:00 Bible Study with Chaplain Bob 2:45 Sip and Nosh	6 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	7 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	8 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Bingo 2:45 Sip and Nosh 3:15 15 Min. Meditation
9 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Text Twist 2:45 Sip and Nosh	10 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	11 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	12 12:00 Lunch 1:00 Happy TV 2:00 Bible Study with Chaplain Bob 2:45 Sip and Nosh	13 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	14 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	15 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Bingo 2:45 Sip and Nosh 3:15 15 Min. Meditation
16 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Text Twist 2:45 Sip and Nosh	17 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	18 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	19 12:00 Lunch 1:00 Happy TV 2:00 Bible Study with Chaplain Bob 2:45 Sip and Nosh	20 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	21 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	22 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Bingo 2:45 Sip and Nosh 3:15 15 Min. Meditation
23 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Text Twist 2:45 Sip and Nosh	24 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	25 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	26 12:00 Lunch 1:00 Happy TV 2:00 Bible Study with Chaplain Bob 2:45 Sip and Nosh	27 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	28 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation	29 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Bingo 2:45 Sip and Nosh 3:15 15 Min. Meditation
30 12:00 Lunch 1:00 Happy TV 2:00 Community Game: Text Twist 2:45 Sip and Nosh	31 12:00 Lunch 1:00 Happy TV 2:00 Community Game 2:45 Sip and Nosh 3:15 15 Min. Meditation		<h1>Happy New Year!</h1>			