



## Assisted Living | Levels of Care

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Prior to admission, our Assisted Living Manager will conduct an assessment with each resident, in order to determine which level of care will best fit the resident's needs. The care plan is then reviewed with the resident and the resident's representative upon admission.

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### LEVEL 1 – Supervisory Care

In Supervisory Care, our certified caregivers provide some assistance with activities of daily living, including meal preparation, housekeeping, and laundry. Residents receiving Supervisory Care services must be able to ambulate without staff assistance, toilet, bathe and dress independently, communicate needs and make safety decisions appropriately.

### LEVEL 2 – Personal Care

In Personal Care, our certified caregivers provide moderate assistance with activities of daily living, such as grooming and dressing, incontinence management, and medication reminders. Residents receiving Personal Care services must be able to summon assistance and communicate care needs to staff.

### LEVEL 3 – Direct Care

In Direct Care, our certified caregivers provide a higher level of assistance with activities of daily living such as ambulation, bathing, toileting, dressing, selecting menu items in the dining room, and medication management. Residents in Direct Care are sometimes unable to recognize danger, summon assistance or make basic care decisions.