OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FELLOWSHIP SQUARE PHOENIX	**LOCATION** **Activity Room (AR)** **Centerview Lounge (CL)** **Garden Cafe (GC)** **Library (L)** **Outside Centerview (OC)** **Pool (P)** **Private Dining Room (PDR)**					9:00 Beach Ball Fitness (AR) 1 10:30 Pick A Prize Bingo (AR) 12:30 Painting with Marla (Sign up) (AR) 2:30 Movie & Popcorn: Where the Crawdads Sing (AR)
3:00 Worship Hour- Guest Speaker: Len Fleming (AR) 2	9:00 **Shopping: Fry's** 3 9:00 Senior Fit Class (Core Builders) (AR) 11:30 Yoga with Kelley (AR) 1:00 Farkle! (CL) 1:30 **Shopping: Fry's** 2:00 Catholic Mass 6:00 Bingo Night (AR)	8:00 Water Fitness (P) 4 12:15 Wii Bowling (AR) 1:30 Pick A Prize Bingo (AR) 2:40 Activity Chat with Joanna (AR) 6:00 Hand & Foot (AR)	9:00 Senior Fit Class (Balance Fitness) (AR) 5 10:00 Bible Study (AR) 11:00 Breaking Bread (AR) 11:30 **Shopping: Fry's 10% Off** 1:00 Choir Practice (AR) 1:30 **Bank Run** 1:30 **Shopping: Fry's 10% Off** 6:00 Bunco (AR)	8:00 Water Fitness (P) 6 10:00 **Register to Vote (L)** 10:30 Price is Right (AR) 11:30 Zumba with Kelley (AR) 12:00 Helping Hands-CL 2:00 Painting with Stephanie LeMarche (AR)	9:00 Senior Fit Class (Stretch 2 Relax) (AR) 7 9:00 **Post Office** 10:00 **Shopping: Safeway, Walgreens or CVS** 11:00 **Shopping: .99 Cent Store** 12:30 LCR (AR) 2:30 **Indoor Chair Volley Ball (AR)** 6:00 Bridge (Sign up) (AR)	9:00 Beach Ball Fitness (AR) 8 10:30 Pick A Prize Bingo (AR) 1:00 **Private Memorial Service (AR)**
3:00 Worship Hour- Guest Speaker: Doug Prudhomme (AR) 9	9:00 **Shopping: Fry's** 10 9:00 Senior Fit Class (Core Builders) (AR) 10:00 Blood Pressure Clinic (CL) 11:30 Yoga with Kelley (AR) 1:00 Farkle! (CL) 1:30 **Shopping: Fry's** 2:00 Catholic Communion Service (AR) 6:00 Bingo Night (AR)	8:00 Water Fitness (P) 11 9:00 **Flu Shot Clinic (Sign up) (L)** 10:00 Mary K Cosmetics (GC) 12:15 Wii Bowling (AR) 1:30 Pick A Prize Bingo (AR) 6:00 Hand & Foot (AR)	9:00 Senior Fit Class (Balance Fitness) (AR) 12 10:00 Bible Study (AR) 11:00 **Lunch Outing: Cheddars Scratch Kitchen** 11:00 Breaking Bread (AR) 1:00 Choir Practice (AR) 1:30 **Bank Run** 2:30 **Pie In The Face Alzheimer Fundraiser *Wear Purple (OC)** 6:00 Bunco (AR)	8:00 Water Fitness (P) 13 10:30 Wheel of Fortune (AR) 11:30 Zumba with Kelley (AR) 12:00 Helping Hands-CL 1:00 **Health Fair (AR)**	**Wear PINK in Honor of Breast Cancer Awareness** 14 10:00 **New Image Fashions (AR)** 10:00 **Shopping: Safeway, Walgreens or CVS** 10:00 **Think Pink: Coffee & Donuts (Breast Cancer Awareness Month) (PDR)** 5:00 **Outing: Arizona State Fair (Limit 16)** 6:00 Bridge (Sign up) (AR)	9:00 Beach Ball Fitness (AR) 15 10:00 **Operation Xmas Child Packing Party (AR)** 1:00 Movie & Popcorn: NEW! Elvis (AR)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 3:00 Worship Hour- Guest Speaker: Tom Haney (AR)	17 9:00 **Shopping: Fry's** 9:00 Senior Fit Class (Core Builders) (AR) 11:00 **NAU COVID-19 Research Study (L)** 11:30 Yoga with Kelley (AR) 1:00 Farkle! (CL) 1:30 **Shopping: Fry's** 2:00 Catholic Communion Service (AR) 3:00 Book Club Meeting (L) 6:00 Bingo Night (AR)	18 8:00 Water Fitness (P) 11:30 Avon (GC) 12:15 Wii Bowling (AR) 1:30 Pick A Prize Bingo (AR) 6:00 Hand & Foot (AR)	19 9:00 Senior Fit Class (Balance Fitness) (AR) 10:00 Bible Study (AR) 11:00 Breaking Bread (AR) 1:00 Choir Practice (AR) 1:30 **Bank Run** 1:30 **Shopping: Super Walmart (19th Ave & Bell)** 6:00 Bunco (AR)	20 8:00 Water Fitness (P) 10:30 Price is Right (AR) 11:30 Zumba with Kelley (AR) 12:00 Helping Hands-CL 2:00 Pokeno (AR) 3:30 **Dinner Out: Organ Stop Pizza** 6:00 **Entertainment with Glo (AR)**	21 9:00 Senior Fit Class (Stretch 2 Relax) (AR) 9:00 **Post Office** 10:00 **Shopping: Safeway, Walgreens or CVS** 10:30 **Pumpkin Decorating (Sign up) (AR)** 11:00 **Shopping: Trader Joe's** 12:30 LCR (AR) 2:00 Horse Races (AR) 6:00 Bridge (Sign up) (AR)	22 10:00 **Fall Festival** 6:00 **Outing: North Valley Symphony**
23 3:00 Worship Hour- Guest Speaker: Chaplain Bob (AR)	24 9:00 **Shopping: Fry's** 9:00 Senior Fit Class (Core Builders) (AR) 11:30 Yoga with Kelley (AR) 1:00 Farkle! (CL) 1:30 **Shopping: Fry's** 2:00 Catholic Communion Service (AR) 6:00 Bingo Night (AR)	25 8:00 Water Fitness (P) 10:00 **Walker Scooter Repair (Sign up for Appointment)** 10:00 Paparazzi Jewelry Everything $5 (GC) 12:15 Wii Bowling (AR) 1:30 Pick A Prize Bingo (AR) 6:00 Hand & Foot (AR)	26 **Costumes Encouraged but Not Required** 9:00 Senior Fit Class (Balance Fitness) (AR) 10:00 Bible Study (AR) 11:00 Breaking Bread (AR) 1:00 Choir Practice (AR) 1:30 **Bank Run** 2:30 **HalloWINE Down Wednesday (Sign up) (AR)** 6:00 Bunco (AR)	27 8:00 Water Fitness (P) 10:00 **Coffee Corner with Kristie (Sign up) (AR)** 11:30 Zumba with Kelley (AR) 12:00 Helping Hands-CL 2:00 Movie & Popcorn: New! Top Gun (AR)	28 9:00 Senior Fit Class (Stretch 2 Relax) (AR) 10:00 **Shopping: Safeway, Walgreens or CVS** 10:30 **October Birthday Breakfast: Invite Only (AR)** 12:30 LCR (AR) 2:00 **Fall Crafts (Sign up) (AR)** 6:00 Bridge (Sign up) (AR)	29 9:00 Beach Ball Fitness (AR) 10:00 Coffee & Convos (AR) 11:00 Pick A Prize Bingo (AR) 2:00 **Private Party (AR)**
30 3:00 Worship Hour- Guest Speaker: Arnie Frank (AR)	31 9:00 **Shopping: Fry's** 9:00 Senior Fit Class (Core Builders) (AR) 11:00 **NAU COVID-19 Research Study (L)** 11:30 Yoga with Kelley (AR) 1:00 Farkle! (CL) 1:30 **Shopping: Fry's** 2:00 Catholic Communion Service (AR) 6:00 Bingo Night (AR)					