



FELLOWSHIP SQUARE
PHOENIX

2002 W Sunnyside Ave | Phoenix, AZ 85029
www.FellowshipSquarePhoenix.org
602-443-5427

January, the month of new beginnings and ever changing temperatures. This year we will be celebrating the coldest, well, chilliest month of Arizona, and we're going to do it western style! Arizona was part of the 'wild west' and we are going to explore Arizona's rich history and beautiful landscape. Enjoy a trip out to Cave Creek for shopping and lunch. Gary the Singing Cowboy and his horse Dusty will be performing in the Prayer Garden and we will enjoy a Cowboy Cookout near the Gazebo to name just a few of our fun events planned for you. So put on a sweater and let's have a great month!

JANUARY



*Winter
in the
West*



Phoenix Zoo!



Friday January 12th
11:00 AM
(Sign Up)

Cowboy Social (Sign Up)



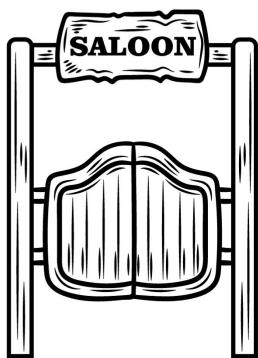
Thursday January 11th
2:00 PM
Garden Café

January Craft (Sign Up)



Wednesday, January 17th
3:00 PM
Activity Room

Happy Hours!



Fridays, January 12 & 26
3:00 PM
Library



Musical Instrument Museum: Memory in Music



Wednesday, January 31st
11:45 AM
(Limited Sign Ups!)

Gary the Singing Cowboy & His Trusty Horse Dusty!



Thursday, January 18th
2:00 PM
Prayer Garden

Wine Down Wednesday



Wednesday, January 31st
2:00 PM
Activity Room

Birthday Breakfast (Invite Only)



Friday, January 19th
10:30 AM
Activity Room

**Walker Scooter
Repair**



**In room visits
10:00 AM
Appointment Only**

Dinner Outings



*Roadrunner Restaurant
and Saloon (1/18)*



Macayo's Mexican (1/25)

Lunch Outing

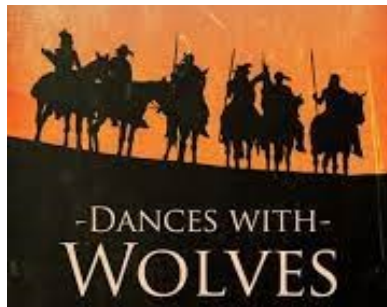
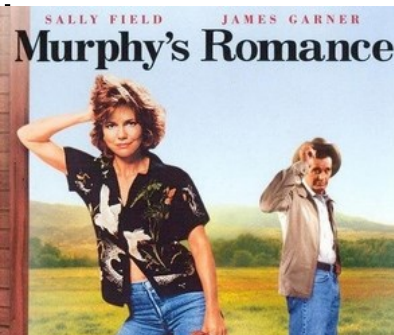


Chili's (1/29)

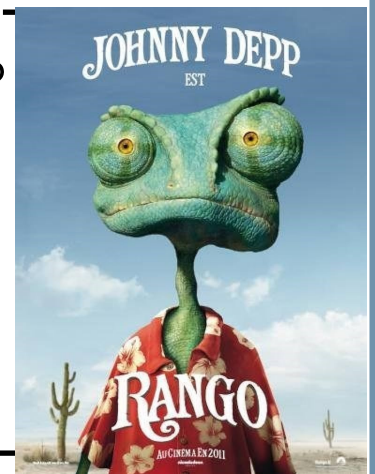
*Lunch and Shopping in
Cave Creek! (1/15)*

Upcoming Movies

Murphy's Romance | Rango



Dances
with
Wolves



COWBOY COOKOUT

\$5 per meal

Sign Up with Activities!

January 26th | Activity Room | 11:30AM



**We hope this letter
finds you in good
health and spirits.**

We are thrilled to introduce ourselves as the new on-site primary care medical group!

We are committed to enhancing your overall health, happiness and dignity by providing preventive care, seamless care coordination, medication management, and a host of other personalized care plans designed around your health goals and preferences.

We will be hosting a series of community events to introduce you to our physician, nurses and care team. As we embark on this journey together, we invite you to get to know our medical care team and learn about the services we offer. More to come soon!

Thank you for giving us the opportunity to serve you. It is our greatest honor. We are excited to be a part of your lives and look forward to establishing a strong, caring, and lasting relationship.

If you have any questions or wish to learn more about Curana Health, please do not hesitate to reach out to us.

877-279-5960

medconnect@curanahealth.com

Or visit our website at CuranaHealth.com



**Meet Dr. Copus on Thursday,
January 4th at 1:00pm in the
Activity Room**

Change Statements



January is such a transition month. Researchers tell us that more people decide to make a change or changes in their life in January than in any other two months combined. I know it seems like resolutions are so. . . 'last year'. Most of us know that a list of resolutions can easily be broken by February.

Maybe that is true because we often set a resolution that would take a supernatural act of God for us to keep. Like I will not consume any sweets this year; or I will never lose my temper this year; or I will lose 25 pounds by March 1, 2024.

I would encourage you this January if you wanted to make some meaningful changes to follow this simple guide.

1. Make change statements that you are able and willing to keep. Do not expect the fact you wrote down a statement to be a deterrent to not doing it.
2. Enlist some support partners who will not only encourage you to keep the change statements but will also call you into accountability if they see you are not "practicing what you preached."
3. Pray that God will guide you to change what should be changed and keep what should be kept. He may need to revise your change statements for your best life.
4. Finally, if you do not keep the change statement completely, apologize or repent if it offended God and start over. Do not abandon your efforts at the first failure.

Have a great month. I have my change statements ready.

Chaplain Tom

Staff Directory

Activities Director	Faith Case	602-443-5421
Activities Assistant	Tony Demeza	602-424-9426
Administrative Assistant	Rebecca Uhl	480-385-0267
Beauty Barber Shop	Sue Widdison	602-443-5422
Business Director/Billing	Jennifer Sheppard	602-424-9427
Chaplain	Dr. Tom Haney	602-443-5486
Dining Room Meals	Take Out Orders	602-443-5424
Dining Room Manager	Marla Fernandez	602-443-5468
Director of Resident Experience	Amy Borders	602-443-5419
Housekeeping Services	Quatasha Warren	602-443-5420
Executive Chef	John Halepis	602-443-5425
Executive Director	Kristie Larsen	602-443-5439
Director of Operations	Susan O'Connell	480-385-0065
Front Desk	Tierra/Dawn/Lynnsey/Rozelle	602-443-5427
Home Health	Office Manager	602-443-5447
Supportive Services	Peggy McIntyre	480-254-7941
Social Services Coordinator	Jamie Childress	602-443-5417
Security	Customer Service	602-443-5400
Wellness/Fitness Center	Savannah Poling	602-443-5484
Transportation	Tony Lopez	602-424-9443
Work Orders	Maintenance Work Orders	602-424-9432
Work Order Email	phxworkorder@christiancare.org	
Concierge Desk	Volunteers	480-385-0266



FELLOWSHIP SQUARE
PHOENIX

Our Mission:

Through Christian love and excellence, we are dedicated to providing a fulfilling lifestyle and promoting independence to those we serve.

Our Vision:

A world where people thrive and live with purpose.

Our Values:

We believe in the immeasurable value of every person. Empowered by Christ's love, we joyfully serve with humility, integrity, compassion, and respect.