Staff Directory

Concierge **Executive Director Director of Resident Services Director of Operations** Chaplain Activities Coordinator **Director of Sales Business Office Manager** Executive Chef Dining Room Manager **To-Go Dining Meals** Social Services Coordinator Assisted Living Director Housekeeping **Fitness Center** Home Health Outpatient Rehab Maintenance Requests **Transportation Requests** Oasis-Building B Gift Shop Beauty Shop

Building A Jami Gross Carrie Brindley **Randy Augusto** Dan Brookey Barb Rebmann

Leanne Augusto John Halepis

Sandra Smith Kelsea Dockham Terri Sena Edith Resendiz

Sandra Smith Concierge Concierge Concierge Carrie Brindley Stargazers Salon

623-300-9400 623-300-9401 623-300-9450 623-300-9420 623-300-9451 623-300-9455 623-300-9500 623-300-9408 623-300-9443 623-300-9443 623-300-9441 623-300-9456 623-300-9406 623-300-9426 623-300-9498 602-443-5447 623-300-9456 623-300-9400 623-300-9400 623-300-9460 623-300-9450 623-300-9458

Our Mission

Through Christian love and excellence we are dedicated to providing a fulfilling lifestyle and promoting independence to those we serve.

Our Vision

A world where all people thrive and live with purpose.

Our Values

We believe in the immeasurable value of every person. Empowered by Christ's love, we joyfully serve with humility, integrity, compassion, and respect.

FELLOWSHIP SQUARE SURPRISE

16477 W. Bell Road, Surprise, AZ 85374 623.300.9400

February 2024

Note From Carrie

Director of Resident Services, Carrie Brindley

Bette Midler sang, "you got to have friends." The Beatles gave us "I get by with a little help from my friends." And Carole King promised us, "you've got a friend." They knew what science has started to suggest, that connections, friendships, and social relationships matter in life. Our friendships are an integral part of our daily lives. It's almost impossible to imagine a day without them.

Our physical and emotional health is greatly impacted by the number and quality of our relationships. Our relationships and continued socializing create a feeling of belonging, give us a sense of purpose in feeling needed, and provide a buffer against stress. Our friendships are also good for our mental performance and memory. So you see, we all truly need each other!

February is International Friendship Month. It's a time of year where people all over the world reach out to past and current friends to celebrate these special relationships. February is a time to recognize those you know well and regard with affection and trust. It's a time that reminds us to reach out and show kindness and care to each other. It reminds us to let all our friends know that we appreciate them, and thank them for being there for us. Send a card. Make a phone call. Or reach over and hold a hand.... Say "thank you for being my friend." Or take the initiative to reach out to someone you don't know. Make a new friend today. Friends are crucial to your overall emotional and physical health. Having friends gives you someone to talk to and turn to when you need someone. Friendship Month is a great time to let your friends know how much they are needed and loved.

Your monthly Activity Calendar offers a variety of events where you can meet new friends. Every activity provides social opportunity to enrich your experience and flex your mental muscles. From group fitness classes to prayer groups, from games to the dining experience, you will find there are many occasions for making new friends or strengthening your current friendships.

The benefits of what we experience through and with our neighbors at Fellowship Square are unlimited! All you need to do is join in the fun. Soon you'll see that you too will "get by with a little help from your friends."

~ Carrie



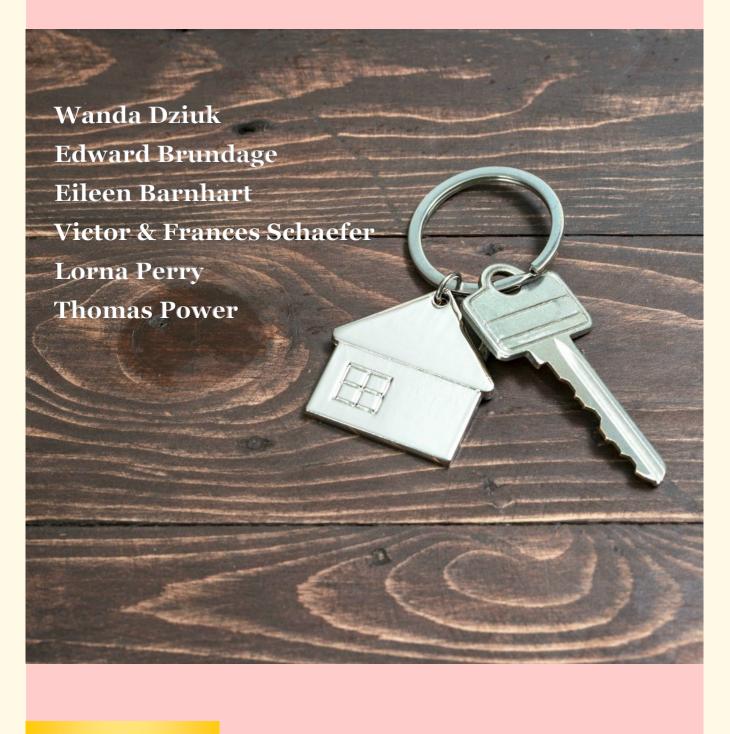
" It's hot in the summer, And hot in the fall. It's hot in the winter, And it doesn't snow at all!

We like to live, where we do the best.

And that's how we celebrate...

> Winter in the West!"

New Residents Welcome Home ~ We're So Glad You're Here!



Special Events in February

 $2/1 \sim$ Activity Chat with Barb 2/2 ~ Movie Matinee "Thirty Seconds Over Tokyo" 2/2 ~ Entertainment Hour with Tim Hern 2/5 ~ Chocolate Fountain Fest 2/5 ~ The Gettysburg Address with Abe Lincoln Live Performers 2/6, 2/20 ~ Line Dancing 2/6 ~ Meet & Greet with Chef John 2/7, 2/14, 2/21, 2/28 Griefshare with Chaplain Dan 2/7 ~ Silver Dollar Saloon Happy Hour 2/7 ~ Entertainment Hour with Julius Aguilar 2/8 ~ Resident Artisan Craft Sale 2/8, $2/22 \sim$ Art in Action with Liz Bercovich $2/8 \sim 1$ st Floor Block Party 2/8 ~ New Resident Mixer & Orientation 2/9, 2/23 ~ Outing - Musical Instruments Museum
2/9 ~ Strike it Rich Shuffleboard Game
2/10 ~ Outing - Wickenburg Gold Rush Days 2/11 ~ SuperBowl Snackadium 2/12 ~ Concert with the Stefanski Brothers 2/12, 2/29 ~ Ladderball 2/13 ~ Earrings for You 2/13 ~ Mardi Gras Bingo Madness 2/14 ~ Mary Kay Cosmetics 2/14 ~ Valentine's Day with Floyd Ellison 2/14 ~ Entertainment Hour with April Yeager 2/14 ~ Denim & Diamonds Dinner 2/15 ~ Paparazzi Jewelry 2/15 ~ 2nd Floor Block Party $2/15 \sim \text{Resident Meeting with Carrie}$ $2/16 \sim$ Reminiscing Today About Back in the Day 2/16 ~ J.U.L.I.E.T. Outing—Fabio on Fire Panini & Gelateria 2/16 ~ Wild West Shootin' Gallery 2/17~ Outing - Desert Botanical Gardens 2/19 ~ Digital Sound Solutions: Hearing Aide Cleaning $2/19 \sim$ Avon with Michelle 2/19 ~ Movie Matinee "Lincoln" 2/20 ~ Surprise Fire Department Fall Training 2/21 ~ February Birthday Celebration 2/21 ~ Entertainment Hour with Ronny Lee 2/22 ~ Snap Jewelry with Ilene 2/22 ~ 3rd Floor Block Party 2/23 ~ Horsin' Around Horseshoes 2/24 ~ Outing-Scottsdale's Museum of the West 2/26 ~ Entertainment Hour with Glory Singers 2/26 ~ Rootin' Tootin' Horse Races 2/27~ Taking on Technology with Edith $2/28 \sim$ The Not So New-Newlywed Game 2/28 ~ Entertainment Hour with Sense of Touch 2/29 ~ Good Grub Social Club Dinner Outing–Long Horn Steakhouse

Chaplain Chats ~ Campus Chaplain, Dan Brookey

Growing up in rural Ohio, I had several pets. A couple of cats, some fish, a few turtles and a dog my parents purchased when I was two years old. Cookie was her name and she was the most beloved cocker spaniel in our small neighborhood. On a warm spring or summer day she would lay in the middle of the road warming herself from the heat of the blacktop. I was 15 when she died. Most of these animals ended up buried in the backyard. The last thing I remember about Cookie was two weeks before she died. We had a family gathering at my parents house after laying my maternal grandmother to rest. Cookie went around and greeted everyone, seemingly saying her last goodbye's. I was heartbroken but not in despair. My grandmother and my best friend Cookie died at the same time in my life. Many other people I know and love have passed since. These last few months have been evidence of this. When contemplating our loss I am reminded of how our grief within a Christian community can, and should, be different than the world. We are reassured by Paul's message in 1 Thessalonians 4:13-14 that says, "Brothers and sisters, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope. For we believe that Jesus died and rose again, and so we believe that God will bring with Jesus those who have fallen asleep in him." Grief cannot be discounted for it is real. Our emotions can overwhelm us as we contemplate our loss. On the other hand, we can find solace in knowing God has something in store for those who place their faith in him. Yes, we grieve for our loss but we can also take refuge in our loving God. If you would like to talk to someone about your loss and the grief that ensues, make sure you reach out to a neighbor or staff member at Fellowship Square or your church. Also, there is a current GriefShare meeting each week in the Granite Mountain Room at 1:00 pm on Wednesday afternoons that you can attend. Mom and dad are with the Lord, but they stayed in the house where Cookie was buried for 38 more years. Obviously, I have many fond memories of my Cookie, my grandmother and many others who passed throughout the years and recently too. God extends his peace to all as we contemplate Psalm 23:6 "Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever." Amen

~ Chaplain Dan

Look Who's Having a Birthday!

	Y
2 8	
Thomas Power	2/1
Wilma Keitges	2/3
Bruce Krans	2/3
Trudy Horner	2/3
Joe Gabel	2/3
Jean Stone	2/4
Angela Giammarco	2/4
Richard Boettner	2/4
Calvin Midgley	2/5
Agnes Grady	2/8
Al Gervenack	2/8
Peggy Roloff	2/9
GL Keefer	2/10
Arlene Whitlatch	2/14
David Haley	2/15
Bruce Schipul	2/15
Kathy Erickson	2/15
Jo Bennett	2/19
Dorothy Fishel	2/19
Jeanette Hughes Colleen Lukich	2/20
	2/20
Elizabeth Nagle	2/21
Carol Mahurin Betty Fink	2/21 2/22
Mary Norton	2/22 2/22
Kathryn Brantner	2/22 2/23
Hwei-Mei Larsen	2/23 2/26
Florence Tacker	2/20 2/29
THE TACKET	2/29



Life Around Our House



















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