

# MONTH-AT-A-GLANCE MENU FOR MARCH 1<sup>ST</sup>-31, 2024

## SUNDAY

**31** **Strawberry Soup**  
 Omelet Station  
 Carving Station: Baked Ham/Steamship Round  
 Beer Battered Cod  
 ♥ Roast Chicken  
 ♥ Baked Potato / Roasted Yams Wedges  
 ♥ Seasoned Green Beans / Corn Medley  
 Assorted Salads  
 Special Cakes & Pies

## MONDAY

**Soup:**  
 ♥ Vegetable  
**Ice Cream:**  
 Vanilla,  
 Rainbow Sherbet  
**Sugar Free:**  
 Vanilla  
 Butter Pecan

**Menu Items Available Every Day**  
**Salads & Sides:**  
 Gelatin Salad • ♥ Tossed Salad w/ Dressing  
 ♥ Cottage Cheese • Mashed Potatoes (Potato du Jour)  
**Entrées:**  
 ♥ Veggie Burger • ♥ Grilled Chicken Breast  
 Grilled Cheese Sandwich • Cheese Omelet or Scrambled Eggs  
 w/ Toast, Home Fries, Bacon or Sausage Patties  
 • Gluten Free Lentil Patties • Gluten Free Bread

**Flavor of the Month: Black Walnut**  
**Dessert:** Fresh fruit in place of dessert is available upon request.

## WEDNESDAY

**Dining Room Hours**  
**Monday - Saturday**  
 (All Day)  
 11:30am - 5:00pm  
**To-Go - 11:30-5:45PM**  
**Sunday**  
 11:00am - 2:00pm  
**To-Go- until 2:45pm**

## THURSDAY

**Delivery Times:**  
 12:00pm, 1:00pm,  
 4:00pm or 5:00pm  
**Sunday:**  
 12:00pm, 1:00pm, or 2:00pm  
Times are subject to change depending on the amount  
 of meals placed for delivery.  
**Contact Numbers:**  
 DELIVERY:  
 731-6680

## FRIDAY

**1** **Asian Mushroom Soup**  
 Beer Battered Cod  
 ♥ Chicken Chow Mein □  
 Steak Ranchero  
 ♥ Veggie Pita  
 Fried Rice  
 ♥ Broccoli W/ Garlic Butter  
 ♥ Gingered Carrots  
 Blueberry Cheese Delite

## SATURDAY

**2** **Navy Bean Soup**  
 Apricot Chicken Salad Plate  
 Sweet & Sour Pork Over Rice  
 Patty Melt  
 Green Vegetarian Curry  
 Seasoned Fries  
 ♥ Italian Mixed Vegetables  
 ♥ Seasoned Green Beans  
 Chocolate Pudding

## 3

**3** **Cream Of Broccoli Soup**  
 Herb Roasted Pork Loin  
 ♥ Salmon W/ Hollandaise Sauce  
 ♥ Portobello Mushroom Sandwich  
 Ham Salad Sandwich On 7 Grain W/ Fries  
 Brown Rice Pilaf  
 ♥ Sugar Snap Peas  
 ♥ Roasted Cauliflower  
 Lemon Supreme Pie

## 4

**4** **French Spring Soup**  
 ♥ Chef's Salad Plate  
 Ranch Chicken Sandwich  
 Beef Chili Con Carne W/ Corn Bread  
 ♥ Veggie Stacker Sandwich  
 Steak Fries  
 ♥ Peas & Carrots  
 ♥ Creamed Corn  
 Assorted Desserts

## 5

**5** **Posole Soup**  
 Steak Sandwich W / Crispy Onions  
 Chicken Enchilada Casserole  
 ♥ Cobb Salad Plate  
 Chili Relleno  
 Rice Con Queso  
 ♥ Calabacitas  
 ♥ Green Beans  
 Tres Leches Cake

## 6

**6** **Mushroom Barley Soup**  
 ♥ Red Onion Flounder  
 Savory Meat Loaf  
 Sticky Chicken  
 ♥ Grilled Zucchini Hummus Wrap  
 ♥ Pan Fried Potatoes  
 ♥ Roasted Crook Neck Squash  
 ♥ Swiss Mixed Vegetables  
 Tapioca Pudding

## 7

**7** **Ham & Three Bean Soup**  
 Stuffed Pepper  
 Island Mango Crab Salad Plate  
 Sloppy Joe On A Bun  
 ♥ Hearty Farm Salad W/ Roll  
 ♥ Scalloped Potatoes  
 ♥ Seasoned Spinach  
 ♥ Creamed Corn  
 Banana Cream Pie

## 8

**8** **New England Clam Chowder**  
 Fettuccine Carbonara  
 Cod Supreme  
 ♥ Italian Sub Sandwich  
 Creamy Vegetable White Chili W Corn Muffin  
 Mushroom Rice Pilaf  
 ♥ Stewed Tomatoes  
 ♥ Peas & Onions  
 Almond Torte

## 9

**9** **Minestrone Soup**  
 ♥ Rosemary Roasted Chicken  
 Smothered Pork Chops  
 ♥ Grilled Vegetable Salad Plate  
 ♥ Veggie Sub Sandwich  
 ♥ Mashed Potatoes  
 ♥ Steamed Broccoli  
 ♥ Cut Corn  
 Fruit Cocktail Cake

## 10

**10** **Cream Of Asparagus Soup**  
 ♥ Stuffed Chicken Breast  
 Catfish St James W/ Hush Puppies  
 Mushroom, Cheese Quiche W/ Fruit Garnish  
 ♥ Catalina Club Sandwich  
 Macaroni & Cheese  
 ♥ Glazed Squash  
 ♥ Green Beans Amandine  
 Chocolate Cream Pie

## 11

**11** **Summer Lentil Soup**  
 Country Fried Steak  
 ♥ Chicken Piccata  
 Tuna Melt  
 ♥ Veggie Caprese  
 ♥ Lyonnaise Potatoes  
 ♥ Capri Blend Vegetables  
 ♥ Mixed Greens  
 Assorted Desserts

## 12

**12** **Taco Tomato Chowder**  
 Marinated Beef Brisket  
 Taco Salad  
 Monto Cristo Sandwich  
 Penne Del Sol  
 Sassy Rice  
 ♥ Brussels Sprouts  
 ♥ Sautéed Garden Vegetables  
 Pineapple Nut Cake

## 13

**13** **Hearty Vegetable Soup**  
 ♥ Turkey Wrap  
 ♥ Stuffed Cabbage Rolls  
 ♥ Chicken Salad Plate  
 ♥ Quinoa Stuffed Peppers  
 ♥ Oven Roasted Potatoes  
 Cauliflower W/ Cheese Sauce  
 ♥ Sautéed Zucchini & Onions  
 Apricot Cream Dessert

## 14

**14** **Cream Of Carrot Soup**  
 Lamb Stew W/ Biscuit  
 ♥ Chicken Paillard  
 ♥ Baked Orange Roughy  
 ♥ Grilled Veggie Sandwich  
 Rice Pilaf  
 Shoepeg Corn Casserole  
 Broccoli W/ Cheese Sauce  
 Butter Scotch Pie

## 15

**15** **Manhattan Clam Chowder**  
 Chicken Parmesan W Pasta  
 Crab Cakes  
 Reuben Sandwich  
 ♥ Veggie Burger W/ Grilled Onions  
 ♥ Baked Potato  
 ♥ Glazed Carrots  
 ♥ Green Peas  
 Yellow Cake W/ Chocolate Frosting

## 16

**16** **Cream Of Pepper Pot Soup**  
 Tuna Melt  
 ♥ Baked Chicken  
 Mushroom Burgundy W/ Roasted Broccoli  
 Grilled Ham & Cheese On A Bun  
 Seasoned Steak Fries  
 ♥ Creamed Corn  
 ♥ Collard Greens  
 Strawberry Dream Dessert

## 17

**17** **Cream Of Mushroom Soup**  
 Sun-Dried Tomato Pesto Chicken  
 Corned Beef Brisket  
 ♥ Potato Bar  
 Spinach Lasagna W/ Garlic Bread  
 ♥ Quartered Parslied Potatoes  
 ♥ Seasoned Cabbage  
 ♥ Peas & Carrots  
 St Patrick's Day Parfait

## 18

**18** **Chicken Noodle Soup**  
 ♥ California Club Sandwich  
 Eggplant Parmesan  
 ♥ Apple, Blue Berry & Walnut Salad Plate  
 ♥ Vegetarian: Veggie Stacker Sandwich  
 ♥ Grilled Potatoes & Onions  
 Squash Casserole  
 ♥ Creamed Spinach  
 Assorted Desserts

## 19

**19** **Cream Of Mexican Corn Soup**  
 ♥ Baked Chicken  
 Beef Fajita With Pinto Beans  
 Pattie Melt  
 Spinach Enchiladas  
 Spanish Rice  
 ♥ Sautéed Greens  
 ♥ Roasted Carrots  
 Strawberry Shortcake

## 20

**20** **Tomato Florentine**  
 Ham Steak W Grilled Pineapple  
 ♥ Chicken Marsala  
 Caesar Salad Plate  
 ♥ Malibu Burger W/ Grilled Onions  
 ♥ Baked Sweet Potato  
 ♥ Green Peas & Carrots  
 ♥ Zucchini Parmesan \*  
 Apple Bread Pudding W/ Caramel Sauce

## 21

**21** **Butternut Squash Soup**  
 ♥ Cobb Salad  
 Beef Stroganoff  
 Fried Chicken  
 ♥ Vegetarian: Tofu Salad Bowl  
 Macaroni & Cheese  
 ♥ Stewed Tomatoes  
 ♥ Corn Medley  
 Sweet Potato Pie

## 22

**22** **Spilt Pea Soup**  
 ♥ Citrus Tuna Plate  
 Grilled Liver W/ Bacon & Onions  
 ♥ Turkey Cranberry Wrap  
 ♥ Tomato Avocado Melt  
 ♥ Mashed Potatoes  
 ♥ Green Beans  
 ♥ Sautéed Yellow Squash  
 Chocolate Éclair Dessert

## 23

**23** **Chicken Rice Soup**  
 Sticky Chicken  
 ♥ Baked Cod  
 ♥ Egg Salad On A Croissant  
 ♥ Mediterranean Veggie Wrap  
 Potato Casserole  
 ♥ Brussels Sprouts  
 ♥ Cauliflower Mash  
 Lemon Fluff

## 24

**24** **Tomato Rice Soup**  
 Braised Beef Tips  
 ♥ Maple Walnut Salmon  
 ♥ Baked Chicken  
 Spinach Quiche W/ Fruit Garnish  
 Wild Rice Stuffing  
 ♥ Parmesan Squash  
 ♥ Sugar Snap Peas  
 Blue Berry Pie

## 25

**25** **Baked Potato Cheese Soup**  
 Bacon Cheeseburger  
 ♥ Fruit & Cottage Cheese Plate  
 Salisbury Steak  
 ♥ Veggie Texan Burger:  
 ♥ Peas & Pearl Onions  
 Seasoned Fries  
 ♥ Capri Mixed Vegetables  
 Assorted Desserts

## 26

**26** **Pasta Fagioli Soup**  
 ♥ Turkey Melt  
 Fish Tacos W/ Refried Beans  
 BBQ Chicken  
 California Burrito  
 ♥ Parslied Red Potatoes  
 ♥ Steamed Carrots  
 ♥ Succotash  
 Peach Cobbler

## 27

**27** **Asian Mushroom Soup**  
 Asian Chicken Salad Plate  
 Pepper Steak Over Rice  
 ♥ Mediterranean Fish Bake  
 ♥ Spinach & Feta Grilled Cheese Sandwich  
 Orzo W/ Parmesan & Basil  
 ♥ Harvard Beets  
 ♥ Roasted Brussel Sprouts  
 Carrot Cake

## 28

**28** **Italian Wedding Soup**  
 Baked Ziti  
 Chicken Tenders  
 ♥ Fruit Plate W/ Cottage Cheese  
 Mushroom Fricassee W/ Cheese Bread  
 ♥ Scalloped Potatoes  
 ♥ Peas & Carrots  
 ♥ Roasted Cauliflower  
 Rice Pudding W/ Raisins

## 29

**29** **French Onion Soup**  
 Open Faced Hot Beef Sandwich  
 ♥ Tomato Stuffed Tuna Plate  
 Hot Dog W/ Fries  
 ♥ Veggie Pita  
 ♥ Mashed Potatoes  
 ♥ Capri Blend Vegetables  
 Spinach W/ Feta  
 Fruit Crisp

## 30

**30** **Mulligatawny Soup**  
 ♥ Tilapia Scampi  
 BBQ Pulled Pork Sandwich  
 Oven Fried Chicken  
 Southwestern Risotto  
 ♥ Lyonnaise Potatoes  
 ♥ Peas & Mushrooms  
 ♥ Creamed Corn  
 Raspberry Lemonade Cake