

# The Villager Newsletter

# October 2024

# Welcome!

Karen T. Janet T. Michael & LeAnne T. Eileen H.



Hello October!



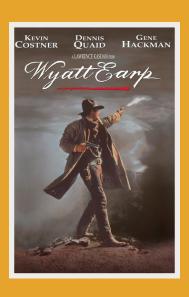
MONDAY OCTOBER 7TH

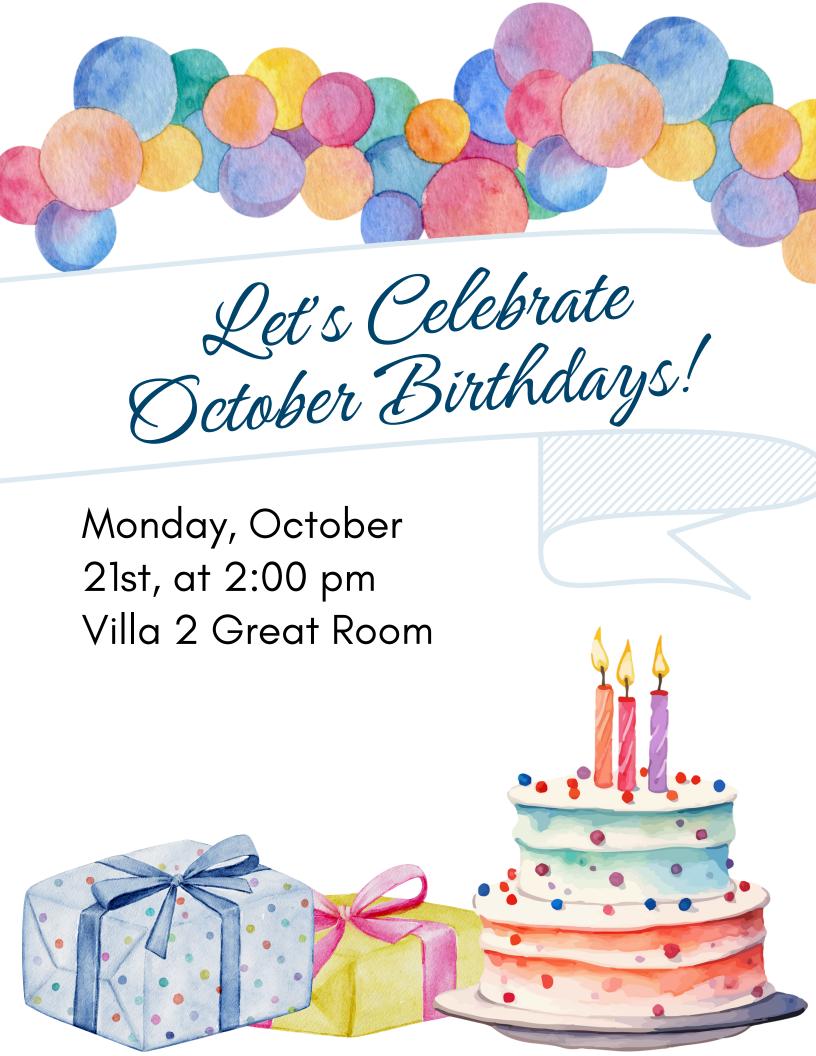
2pm, V2GR The Proposal

> SATURDAY OCTOBER 26TH

1PM, V2GR Wyatt Earp









## Management Team Contact Information

Executive Director	George Ortega	520-721-3020
Administrative Assistant:	Yadira Celaya	520-721-3010
Property Accountant	Susan Finnegan	520-721-3019
Maintenance Facility Director	Andres Galaz	520-721-3023
Food Service Director	Aristotelis Catsaros	520-721-3044
Sales & Marketing Director	Marissa Soto	520-731-6695
Leasing Coordinator	Sandra Luety	520-721-3002
Dining Room Manager	Rebecca Herod	520-721-3046
Activity/Transportation	Michelle Hernandez	520-721-3003
Physical Therapy	Rachel PTA	520-721-3033
Community Chaplain	Al Story	520-721-3009
Housekeeping Manager	Shannon Corcoran	520-721-3013
Oasis AL Manager	Maribel Centeno	520-461-1458
Oasis Life Enrichment	Patricia Schumacher	520-731-6685
Resident Services Lead	Monique Gonzales	520-721-3006

Come Have Fun With Us! Activities Dept.



### Campus Phone Numbers

Bistro	520-731-6680
Fitness Specialists (Luna/Logan)	520-461-1460
Maintenance	520-731-6699
Security	520-721-3017
Salon at the Square	520-298-7776
Main Office	520-886-5537

## **Community Resources**

Glenn (Wheelchair Repair)	520-323-7400
Susan Tek (Hearing)	520-870-8725
PCOA Helpline	520-790-7262
24hr Elderly Crisis Line	520-339-2801
Sun Tran Customer Service	520-792-9222
Stroke Support Group throughTMC	520-488-5009





### TRANSPORTATION OFFERED

\*\* indicates a rotating store

### Monday

- 9am Fry's
- 9am -Hobby Lobby
- 10am Fry's
- 10am- At Home Store
- 1pm Walmart
- 1pm Park Place Mall\*\*
- 1pm World Market\*\*
- 1pm -Target/Albertson's\*\*
- Michael's / Ross\*\*

### Wednesday

- 9am Fry's
- 9am Bookman's\*\*
- 9am Trader Joe's\*\*
- 10am Fry's
- 10am Barnes & Noble
- 1pm Banks/Injoy\*\*
- 1pm Sprouts/ Kohl's/ UPS\*\*
- 1pm JoAnn Fabrics\*\*
- 1pm Petco\*\*

Check your calendar for the weekly rotation of stores!

### Tuesday & Thursday

# TRANSPORTATION FOR DOCTOR AND DENTIST APPOINTMENTS | DETAILS

9:00 AM - 1:00 PM

- If you have an appointment, Transportation needs at least a 48-hour notice
- 9:00 am appointment: Pick up in front of your Villa at 8:15 am
- Afternoon appointments: The last pick-up from your Villa is at 1:00 pm.

- √ No sign up required
- ✓ Pick-up is at each Villa's bus stop
- √ 3 loops to choose from!
- √ Last Villa pick-up is at 1:00 pm
- ✓ Last pick up from the site is at 3:00 pm

### **LOOP 1- PANTANO**

- Fry's (Speedway)
- Dollar Tree
- Walgreens (Pantano)
- DMV (Pantano)

### **LOOP 2- SPEEDWAY**

- Walgreens (Jessica)
- CVS (Broadway & Prudence)
- Walmart (on Speedway & Kolb)

### **LOOP 3-BROADWAY/CAMINO**

- Walmart Market
- Dollar Tree
- Great Clips (Broadway & Camino Seco)
- Burger King

Come Have Fun With Us! Activities Dept.



# Resident Appreciation Week!

### October 7th - 11th

Monday, Oct. 7th Activities /Marketing: Stop by the Activities office for outdoor games, a pretzel bar and root beers from 1pm-3pm!

**Tuesday, Oct. 8th Maintenance:** More details to come

**Wednesday, Oct. 9th Assisted Living:** Stop by the Villa 4 lobby from 10am-12pm for cookies & goodie bags!

Thursday, Oct. 10th HR/Admin Office: Stop by the VI Ramada for coffee & donuts!

**Friday, Oct.11th Dining Room:** More details to come





# Employee Heroes | September 2024

George Shorney- 1 year
Shannon Corcoran- 14 years
Tamara Kadolph- 3 years
Vivian Aros- 1 year
Brandon Reuter- 2 years
Jacob Tobak- 4 years
Sheri Kapfer - 16 years
Maribel Centeno - 1 year
LuAnn Van Boreum - 1 year

Each month, employees are recognized for their length of time at Fellowship Square.

When you see these heroes, show them some appreciation!

Come Have Fun With Us! Activities Dept.



### LET'S LEAVE THE SQUARE!

#### **SWEET TOMATOES**

WEDNESDAY, OCT. 2ND 4PM Pick up times:

V1: 3:30pm / V3: 3:35pm

V4: 3:40pm / V2: 3:45pm

#### **PIAZZA GAVI**

MONDAY, OCT.14TH 4PM

Pick up times:

V1: 3:30pm / V3: 3:35pm

V4: 3:40pm / V2: 3:45pm

# PIMA AIR & SPACE MUSEUM

WEDNESDAY, OCT. 23RD 9:45AM

Pick up times:

V1: 8:30am / V3: 8:35am

V4: 8:40am / V2: 8:45am

### **BAJA CAFE**

WEDNESDAY, OCT. 30TH 9AM

Pick up times:

V1: 8:40am / V3: 8:45am

V4: 8:50am / V2: 8:55am

\*\*Do you want a copy of the menu for the restaurant's listed above? - Come to the Activities Office!\*\* If you are planning to go to the Pima Air & Space Museum, please register with Activities by Oct.

**9th -** so we can purchase tickets!



# New Image Fashion



Stop by New Image Fashion and find that perfect new outfit! Just in time for the holidays! 60+ racks of clothes to check out!

Time: Monday, Oct. 28th,

3:00 pm - 5:00 pm **Location:** V2GR



### **Bookmobile**

DON'T FORGET TO VISIT THE

MOBILE LIBRARY!

THURSDAY, OCT. 17TH AT

11:15PM

PARKING LOT EAST OF THE

DINING ROOM







# Volunteer Recruitment was a success!





We'd like to thank
everyone who came out
and supported the
Volunteer Recruitment
Event in August! Thanks to
our amazing Residents, we
have a great volunteer
base for our departments
but more Volunteers are
always welcome!

# SHUFFLEBOARD GRAND OPENING

















# October is here!

### **Mended Hearts**

Join Mended Heart
Support Group on Friday,
Oct.4th in the V2 MPR
from 1pm-2pm



### Birthday Party

Monday, October 21st 2pm (V2GR)

### Trivia at The Square

Tuesday, October 15th at 2pm (V2GR)

### Bridge!

Is anyone at the community interested in playing Bridge?
Call Grace Swoveland at (520)749-1316 for more information.







Fall Fest at the Square



Friday, Oct. 18th, 11:00 am - 2:00 pm V2GR, MPR & OUTDOOR SPACE

Come walk around and shop vendor booths & enjoy live music from 11:00 am - 2:00 pm.

Outside Vendors & Resident Vendors:
If you want to sign up as a Resident Vendor, please stop by the Activities office to register!

\*\*Space is limited - First Come, First Serve\*\*

# **CURANA'S CORNER**

Curana Health, your onsite medical clinic, is taking new patients. Please contact Shirley at 520-724-0682, Mon–Fri 9am-5pm TO SCHEDULE your appointment, or if you have any questions.

Walk in Wednesdays - 9:30am-12pm



Join Curana Health in the V2MPR on, Monday, Oct. 7th from 11am-12pm for our monthly Blood Pressure Clinic. If you have a blood pressure cuff, **please bring** it with you!



# OCTOBER IS BREAST CANCER AWARENESS MONTH.

### **DID YOU KNOW?**

Join Curana Health for an informative Breast Cancer Awareness Presentation! Mark your calendars for Tuesday, October 8, from 2:30 to 3:30 pm in the Villa 2 Great Room. Don't miss this important event!

Refreshments will be served.

The median age for breast cancer diagnosis is 62. This means half of women are diagnosed before age 62 and half afterward.

Prostate cancer is also a significant concern, with 1 in 8 men being diagnosed during their lifetime. Encouragingly, more than 3.3 million men in the US who have been diagnosed with prostate cancer are still alive today. Additionally, less than 1% of all breast cancer cases in the US occur in men.

STAY INFORMED AND PROACTIVE ABOUT YOUR HEALTH!!

# What else is happing

IN OUR COMMUNITY

### **Dinner at El Charro**

Come out to dinner with us! We had so much fun ordering tableside guacamole and enjoying the delicious authentic Mexican food!





# VILLA 4

The Piano in Villa 4 Clubhouse is getting tuned!





# CHURCH AT THE SQUARE



### **Onsite Worship Services**

Every Sunday afternoon at 3pm conducted by local partnering churches in the Villa 2 Great Room

### **Bible Studies**

- Mondays Villa 1 1pm
- Wednesdays Villa 2 10am
- Thursdays Villa 4 10am

### **The Encouraging Word Library**

A Christian Reading Room in Villa 1 Clubhouse \*Open Tuesdays & Thursdays 9am-11am\*

### **GriefShare**

A wonderfully helpful Grief Recovery Program for those who have lost a loved one.

\*\*Offered as needed\*\*

# THE DANCING PRUNES ARE COMING!

Tuesday, Oct. 29th
V2GR at 2pm
Come enjoy the show and
enjoy some refreshments!



### **REMINDER!**

If you ride a scooter, please slow down and be courteous to residents who are walking. Thank you!

Don't forget about our on campus salon!

## SUSAN'S JOKE

What has 6 eyes, and can't see?

3 Blind Mice!



# RESIDENT LED GROUPS

We wanted to highlight the Resident Led Groups here at The Square! If a group is not listed here, let us know, and we will add it!

Cardio Drumming - Every Monday 9am - V2GR

Ukulele Group- Every Monday 10am-11:30am - V1 CH

Bridge Group - Every Monday 1pm-3pm - V3 CH

Poker Night- Every Monday 6pm-8pm - V1 CH

Balloon Volleyball - Every Tuesday 8:30am - V2GR

Villa Voices - Every Wednesday 3:30pm-5pm - V2GR

Book Club- Every 3rd Monday 11:30am - V3 CH

Knit Wits - Every Thursday 1pm-3pm - V1 CH

Shuffleboard - Every Tues/Sat 4pm-6pm - V2 E. Ramada

Bingo- Every Friday 2pm-3:30pm - V2GR

Friends Who Write- Every Friday 10am-11:15am - V2 MPR

Friends Who Write- Every Sat. 10am-11:15am - V4 CH

Low Vision Support Group- Every 3rd Monday 3pm - V4CH

# **RESIDENT-LED GROUPS**

We wanted to highlight the Resident Led Groups here at The Square! If a group is not listed here, let us know, and we will add it!

Chair Exercises - Every Mon, Wed, Fri 8:45am - V3 CH

Rummikub- Every Monday 1pm-3pm - V2GR

Rummikub- Every Saturday 9am 11:30am- V1 CH

Bible Study- Every Saturday 9am 11:30am- V1 CH

Pinocle- Every Tuesday, 1pm - V1 CH

Mexican Train Dominos- Every Sunday, 2pm - V2 MPR

Mexican Train Dominos- Every Monday, 1pm - V2 MPR

Rummikub- Every Tuesday- 1pm-3pm - V2GR

Red Hat Ladies- 1st Monday of the month- 1pm- Agape Room

Bridge Group - Every Wednesday 1pm-3pm - V3 CH