


MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Activity Room (AR) Centerview 2nd FL Lounge (C2FL) Centerview 3rd Floor Lounge (C3FL) Centerview Lounge (CL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Library (L) Northridge 2nd FL lounge (N2FL) Northridge 3rd Floor Lounge (N3FL) Outside Centerview (OC) Prayer Garden (PG) Private Dining Room (PDR) Putting Green/Dog Park (PGDP)		ACTIVITY LEGEND ♥ Heart ▲ Body ◆ Mind ✦ Spirit	* For Any activity followed by an asterisk(*), please sign up at the concierge desk!		World Compliment Day 1 12:00pm ◆ Rummikub (AR) 1:30pm ♥ Cinema Saturday: West Side Story (AR) 3:00pm ▲ Cornhole (FC) 6:00pm ◆ Game Night (GC)
3:00pm Worship Hour- Tom Haney (AR) 2	♥ Spirit Week- Matching Monday 3 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Senior Fit (AR) 9:00am Shopping: Fry's 9:30am ▲ Stretch & Flex (AR) 10:00am ▲ Fit-Class (FC) 10:30am ◆ Make & Mingle (AR) 11:00am ▲ Bocce (PGDP) 11:30am ▲ Chair Yoga with Kelley (AR) 11:30am ♥ Meal Out Monday: 5 & Diner* 1:00pm ✦ Creating for the Creator (L) 1:00pm ◆ Farkle (C2FL) 1:00pm ▲ X-Fit (FC) 1:30pm Shopping: Fry's 2:00pm ✦ Catholic Communion Service (AR) 2:30pm ✦ Rosary (AR) 6:00pm ◆ Bingo (AR)	♥ Spirit Week- Take Me Back Tuesday 4 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Tai Chi (FC) 9:30am ♥ Lap Quilts (AR) 10:00am Amway (GC) 11:00am ▲ Hiking Club (FC) 12:15pm ▲ Wii Bowling (AR) 1:30pm ◆ Pick a Prize Bingo (AR) 2:00pm ✦ GriefShare (PDR) 2:30pm ♥ Craft Club* (GC) 3:00pm ✦ Hope Looks Up Bible Study (AR) 6:00pm ◆ Hand & Foot (AR)	♥ Spirit Week- Wake Up Wednesday 5 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Senior Fit (AR) 9:45am ▲ Tai Chi (FC) 10:00am ✦ Bible Study (AR) 11:00am ▲ Billiards (N2FL) 11:00am ✦ Breaking Bread (AR) 11:30am Shopping: Fry's 10% Off 1:00pm ▲ X-Fit (FC) 1:00pm ♥ Winning Wednesday: Concentration (AR) 1:30pm Bank Run 1:30pm Shopping: Fry's 10% Off 2:00pm Friends of Bill W Meeting (PDR) 2:30pm ◆ Pinochle (C2FL) 6:00pm ♥ Bunco (AR)	♥ Spirit Week- Throw It On Thursday 6 8:00am ▲ Cornhole (AR) 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Tai Chi (FC) 10:00am ♥ Music & Melodies (DR) 10:00am ◆ Thinkin' Thursday (GC) 11:00am ▲ Cornhole (FC) 11:00am ◆ I'm Feeling Blue (PDR) 11:00am ✦ Working Hands (C3FL) 11:30am ▲ "Move to the Beat" Chair Exercise with Kelley (AR) 1:00pm ▲ Wellness Wisdom (L) 2:30pm ◆ Work Your Core with Leti (AR) 6:00pm ♥ Evening Entertainment: Gary Heffner (AR)	♥ Spirit Week- Favorite Friday 7 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Senior Fit (AR) 9:00am Post Office 9:30am ▲ Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:30pm ▲ Beginners Fitness (AR) 12:30pm ◆ Bridge (C2FL) 12:30pm ♥ LCR (C3FL) 3:00pm ♥ Floats & Fries* (GC) 6:00pm ◆ Bridge (AR)	9:00am ▲ Axe Throwing & Horse Shoes (AR) 8 10:00am ♥ Spring Fling Car Show (OC) 12:00pm ◆ Rummikub (AR) 3:00pm ▲ Cornhole (FC) 6:00pm ♥ Outing: North Valley Symphony Orchestra* 6:00pm ◆ Game Night (GC)
3:00pm Worship Hour- Pastor Bud Downs (AR) 9	8:00am ▲ Morning Strolls (PG) 10 9:00am ▲ Senior Fit (AR) 9:00am Shopping: Fry's 9:30am ▲ Stretch & Flex (AR) 10:00am ▲ Fit-Class (FC) 11:00am ▲ Bocce (PGDP) 11:30am ▲ Chair Yoga with Kelley (AR) 1:00pm ✦ Creating for the Creator (L) 1:00pm ◆ Farkle (C2FL) 1:00pm ▲ X-Fit (FC) 1:30pm Shopping: Fry's 2:00pm ✦ Catholic Communion Service (AR) 2:15pm ♥ Outing: "The Marvelous Wonderettes"*\$ 2:30pm ✦ Rosary (AR) 6:00pm ◆ Bingo (AR)	8:00am ▲ Morning Strolls (PG) 11 9:00am ▲ Tai Chi (FC) 9:30am ♥ Lap Quilts (AR) 10:00am ▲ Blood Pressure Clinic (CL) 11:00am ▲ Hiking Club (FC) 12:15pm ▲ Wii Bowling (AR) 1:30pm ◆ Pick a Prize Bingo (AR) 2:00pm ✦ GriefShare (PDR) 2:30pm ♥ Craft Club* (GC) 3:00pm ✦ Hope Looks Up Bible Study (AR) 6:00pm ◆ Hand & Foot (AR)	7:30am ✦ Men's Breakfast (DR) 12 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Senior Fit (AR) 9:45am ▲ Tai Chi (FC) 10:00am ✦ Bible Study (AR) 11:00am ▲ Billiards (N2FL) 11:00am ✦ Breaking Bread (AR) 1:00pm ▲ X-Fit (FC) 1:00pm ♥ Winning Wednesday: Wheel of Fortune (AR) 1:30pm Bank Run 1:30pm Shopping: Super Walmart 2:00pm Friends of Bill W Meeting (PDR) 2:30pm ◆ Pinochle (C2FL) 6:00pm ♥ Bunco (AR)	8:00am ▲ Cornhole (AR) 13 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Tai Chi (FC) 10:00am ♥ Music & Melodies (DR) 10:00am ◆ Thinkin' Thursday (GC) 11:00am ▲ Cornhole (FC) 11:00am ◆ I'm Feeling Blue (PDR) 11:00am ✦ Working Hands (C3FL) 11:30am ▲ "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm ◆ FSU: Nourish to Flourish with Curana (AR) 1:00pm ▲ Wellness Wisdom (L) 2:30pm ◆ Work Your Core with Leti (AR) 6:00pm ♥ Evening Entertainment: Kristina O'Boyle (AR)	Pi Day 14 8:00am ▲ Morning Strolls (PG) 9:00am ▲ Senior Fit (AR) 9:00am ♥ Outing: Musical Instrument Museum*\$ 9:30am ▲ Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:30pm ▲ Beginners Fitness (AR) 12:30pm ◆ Bridge (C2FL) 12:30pm ♥ LCR (C3FL) 1:30pm ▲ Shopping: Trader Joe's 2:00pm ♥ Darhleen Spangenberg's Birthday Party (AR) 3:00pm ♥ Happy Hour- Pi Day* (L) 6:00pm ◆ Bridge (AR)	9:00am ▲ Axe Throwing & Horse Shoes (AR) 15 10:30am ◆ Bingo (AR) 12:00pm ◆ Rummikub (AR) 1:30pm ♥ Cinema Saturday: The Philadelphia Story (AR) 3:00pm ▲ Cornhole (FC) 6:00pm ◆ Game Night (GC)

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00pm Worship Hour- Lee Spivey (AR) 16	Don Yourself in Green 17 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Senior Fit (AR) 9:00am Shopping: Fry's 9:30am 🏹 Stretch & Flex (AR) 10:00am 🏹 Fit-Class (FC) 10:30am 🏹 Make & Mingle (AR) 11:00am 🏹 Bocce (PGDP) 11:30am 🏹 Chair Yoga with Kelley (AR) 12:30pm 🏹 St. Partick's Day Shenanigans (GC) 1:00pm 🏹 Creating for the Creator (L) 1:00pm 🏹 Farkle (C2FL) 1:00pm 🏹 X-Fit (FC) 1:30pm Shopping: Fry's 2:00pm 🏹 Catholic Communion Service (AR) 2:30pm 🏹 Rosary (AR) 3:00pm 🏹 Book Club Meeting (L) 6:00pm 🏹 Bingo (AR)	18 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Tai Chi (FC) 9:30am 🏹 Lap Quilts (AR) 11:00am 🏹 Hiking Club (FC) 11:30am 🏹 Avon (GC) 12:15pm 🏹 Wii Bowling (AR) 1:00pm 🏹 Mending and Sewing Repair (AR) 1:30pm 🏹 Pick a Prize Bingo (AR) 2:00pm 🏹 GriefShare (PDR) 2:30pm 🏹 Craft Club* (GC) 3:00pm 🏹 Hope Looks Up Bible Study (AR) 3:00pm 🏹 Caregiver Support Group (L) 6:00pm 🏹 Hand & Foot (AR)	19 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Senior Fit (AR) 9:45am 🏹 Tai Chi (FC) 10:00am 🏹 Bible Study (AR) 11:00am 🏹 Billiards (N2FL) 11:00am 🏹 Breaking Bread (AR) 11:00am 🏹 Cholla Library 1:00pm 🏹 X-Fit (FC) 1:00pm 🏹 Winning Wednesday: Guess Who (AR) 1:30pm Bank Run 2:00pm Friends of Bill W Meeting (PDR) 2:00pm 🏹 Low Vision Group (N3FL) 2:00pm 🏹 Welcome Wednesday (AR) 2:30pm 🏹 Pinochle (C2FL) 6:00pm 🏹 Bunco (AR)	20 8:00am 🏹 Cornhole (AR) 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Tai Chi (FC) 10:00am 🏹 Music & Melodies (DR) 10:00am 🏹 Thinkin' Thursday (GC) 10:00am 🏹 Vet to Vet (AR) 10:00am Walker and Scooter Repair* 11:00am 🏹 Cornhole (FC) 11:00am 🏹 I'm Feeling Blue (PDR) 11:00am 🏹 Working Hands (C3FL) 11:30am 🏹 "Move to the Beat" Chair Exercise with Kelley (AR) 1:00pm 🏹 Wellness Wisdom (L) 2:30pm 🏹 Work Your Core with Leti (AR) 6:00pm 🏹 Evening Entertainment: Hooters Blues (AR)	21 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Senior Fit (AR) 9:00am Post Office 9:30am 🏹 Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 11:00am 🏹 Happy Birthday Party!! (Invite Only) (AR) 12:30pm 🏹 Beginners Fitness (AR) 12:30pm 🏹 Bridge (C2FL) 12:30pm 🏹 LCR (C3FL) 3:00pm 🏹 Floats & Fries* (GC) 6:00pm 🏹 Bridge (AR)	22 9:00am 🏹 Axe Throwing & Horse Shoes (AR) 10:30am 🏹 Bingo (AR) 12:00pm 🏹 Rummikub (AR) 3:00pm 🏹 Cornhole (FC) 6:00pm 🏹 Game Night (GC)
3:00pm Worship Hour- Chaplain Greg Worch (AR) 23	24 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 AARP Taxes Part 1* (L) 9:00am 🏹 Senior Fit (AR) 9:00am Shopping: Fry's 9:30am 🏹 Stretch & Flex (AR) 10:00am 🏹 Fit-Class (FC) 10:30am 🏹 Make & Mingle (AR) 11:00am 🏹 Bocce (PGDP) 11:30am 🏹 Chair Yoga with Kelley (AR) 12:30pm 🏹 Activity Chat (AR) 1:00pm 🏹 Creating for the Creator (L) 1:00pm 🏹 Farkle (C2FL) 1:00pm 🏹 X-Fit (FC) 1:30pm Shopping: Fry's 1:30pm Savers 2:00pm 🏹 Catholic Communion Service (AR) 2:30pm 🏹 Meal Out Monday: Tim Finnegan's* 2:30pm 🏹 Rosary (AR) 6:00pm 🏹 Bingo (AR)	25 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Tai Chi (FC) 9:30am 🏹 Lap Quilts (AR) 11:00am 🏹 Hiking Club (FC) 12:15pm 🏹 Wii Bowling (AR) 1:30pm 🏹 Pick a Prize Bingo (AR) 2:00pm 🏹 GriefShare (PDR) 2:30pm 🏹 Craft Club* (GC) 3:00pm 🏹 Hope Looks Up Bible Study (AR) 6:00pm 🏹 Hand & Foot (AR)	26 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Senior Fit (AR) 9:45am 🏹 Tai Chi (FC) 10:00am 🏹 Bible Study (AR) 11:00am 🏹 Billiards (N2FL) 11:00am 🏹 Breaking Bread (AR) 1:00pm 🏹 X-Fit (FC) 1:00pm 🏹 Winning Wednesday: Horse Races (AR) 1:30pm Bank Run 1:30pm Shopping: Super Walmart 2:00pm Friends of Bill W Meeting (PDR) 2:30pm 🏹 Pinochle (C2FL) 2:30pm 🏹 Winedown Wednesday* (AR) 6:00pm 🏹 Bunco (AR)	27 8:00am 🏹 Cornhole (AR) 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Tai Chi (FC) 10:00am 🏹 Music & Melodies (DR) 10:00am 🏹 Thinkin' Thursday (GC) 11:00am 🏹 Cornhole (FC) 11:00am 🏹 I'm Feeling Blue (PDR) 11:00am 🏹 Working Hands (C3FL) 11:30am 🏹 "Move to the Beat" Chair Exercise with Kelley (AR) 1:00pm 🏹 Wellness Wisdom (L) 1:30pm Town Hall Meeting (AR) 2:30pm 🏹 Work Your Core with Leti (AR) 6:00pm 🏹 Evening Entertainment: Mark Evans (AR)	28 Something on a Stick Day 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 Senior Fit (AR) 9:30am 🏹 Balance & Mobility (AR) 9:45am 🏹 Outing: Martin Auto Museum*\$ 10:00am Shopping: Safeway, Walgreens or CVS 12:30pm 🏹 Beginners Fitness (AR) 12:30pm 🏹 Bridge (C2FL) 12:30pm 🏹 LCR (C3FL) 3:00pm 🏹 Karaoke Happy Hour-Cherry Apple Vodka* (L) 6:00pm 🏹 Bridge (AR)	29 9:00am 🏹 Axe Throwing & Horse Shoes (AR) 10:30am 🏹 Bingo (AR) 12:00pm 🏹 Rummikub (AR) 1:30pm 🏹 Cinema Saturday: Little Women (AR) 3:00pm 🏹 Cornhole (FC) 6:00pm 🏹 Game Night (GC)
Take a Walk in the Park Day 30 3:00pm Worship Hour- Pastor Arnie Frank (AR)	31 8:00am 🏹 Morning Strolls (PG) 9:00am 🏹 AARP Taxes Part 2* (L) 9:00am 🏹 Senior Fit (AR) 9:00am Shopping: Fry's 9:30am 🏹 Stretch & Flex (AR) 10:00am 🏹 Fit-Class (FC) 10:30am 🏹 Make & Mingle (AR) 11:00am 🏹 Bocce (PGDP) 11:30am 🏹 Chair Yoga with Kelley (AR) 1:00pm 🏹 Creating for the Creator (L) 1:00pm 🏹 Farkle (C2FL) 1:00pm 🏹 X-Fit (FC) 1:30pm Shopping: Fry's 2:00pm 🏹 Catholic Communion Service (AR) 2:30pm 🏹 Rosary (AR) 6:00pm 🏹 Bingo (AR)					