

Grand Grab and Go Menu

Monday June 2nd – Sunday June 8th

Salads & Sandwiches

Italian Ham, Mozzarella and Arugula Sandwich – Italian roll, pesto, fresh mozzarella, ham, arugula and tomato

Croissant Club Sandwich – Lettuce, tomato, ham, turkey, bacon, Swiss and mayo

Pastrami Grinder Sandwich – Italian steak roll, pastrami, Swiss, lettuce, tomato, pepperoncini peppers

Egg Salad Sandwich – Homemade egg salad on whole wheat bread with lettuce and tomato

Cobb Salad – Mixed green topped with tomato, bleu cheese, bacon, avocado, chicken

Heat & Serve Entrees

BBQ Ribs – Pork ribs basted with our BBQ sauce and served with oven roasted potatoes and seasonal vegetables

Spaghetti & Meatballs – Spaghetti, meatballs and marinara sauce

Tuesday Special

LOCAL COMFORT

Arizona Cobb Salad

Lettuce, black beans, tomato, bacon, queso fresco
avocado ranch dressing

Three bean salad

Cornbread and sweet butter

Chipotle glazed beef brisket

Fried chicken

Green chili macaroni and cheese

Baked Potatoes

Seasonal Vegetables

Monday June 9th thru Sunday June 15th

Salads & Sandwiches

Corned Beef & Swiss Sandwich – Marble rye topped with lettuce, tomato, Swiss cheese and corned beef

Ploughman's Sandwich – Italian roll, mayo, whole grain mustard, ham apple cheddar, fig jam

Cashew Chicken Wrap – Cashews, chicken salad, lettuce, tomato, in a tortilla wrap

Turkey & Cranberry Sandwich – Whole wheat bread, cranberry, roast turkey, lettuce and tomato

Cobb Salad – A bed of lettuce topped with bacon, bleu cheese, chicken, tomato, and Swiss

Heat & Serve Entrees

Chicken Fried Steak – Served with mashed potatoes, gravy and vegetables

Chicken Cordon Bleu – Served with rice pilaf and vegetables

Tuesday Special

Fajita Bar

Southwest Salad

Corn, Jicama, Radish, Black Beans, Avocado Ranch, Citrus Dijon Vinaigrette

Grilled Skirt Steak or Tequila Lime Chicken

Bell Peppers & Onions

Charro Beans, Spanish Rice

Red Salsa, Green Salsa, Sour Cream, Guacamole, Cheese, Lettuce, Diced Tomatoes

Monday June 16th thru June 22th

Salads & Sandwiches

Chicken Salad Croissant — Croissant topped with chicken salad, lettuce, and tomatoes

Turkey Bistro Sandwich — French roll topped with turkey, bacon, Havarti, and sun-dried tomato mayo

Veggie Wrap — Tortilla filled with spinach, tomato, cucumber, avocado, red onion, and grilled zucchini

Thai Steak Sandwich — Steak roll topped with marinated steak and mango basil salad

Chef Salad — A bed of lettuce topped with ham, turkey, cheddar, Swiss, hard-boiled egg and tomato

Heat & Serve Entrees

Shrimp Chow Mein — Shrimp, Chow Mein noodles, broccoli and peppers in a zesty sauce

Grilled Flank Steak — Grilled flank steak with mashed potatoes and seasonal vegetables

Tuesday Special

Western BBQ

Mixed greens with tomatoes, cucumbers, shaved carrots and croutons with choice of dressings

Honey Yogurt Fruit Salad

Seasonal Fruit tossed with honey yogurt dressing

BBQ Baby Back Ribs

BBQ Chicken

Fried Potatoes

Corn on the Cob

Baked Beans

Corn Bread

Monday June 23rd thru June 29th

Salads & Sandwiches

The Big Beef Sandwich - 1000 Island, red onions, tomato, provolone, marbled rye

Southwestern Turkey Wrap – Avocado, jicama, Swiss cheese, cilantro aioli

Tortilla wrap

Black Forest Ham Sandwich – Avocado, Monterey Jack, Dill Pickle, lettuce, grilled onion, French roll

Grilled Chicken Sandwich, roasted red peppers, marinated mushrooms, feta, pesto, Ciabatta

Mandarin Salad – Shrimp, carrots, bell peppers, mandarin oranges, sesame chicken

Heat & Serve Entrees

Herb Roasted Chicken – Served with roasted potatoes and vegetables

Tortellini & Shrimp – Five cheese tortellini tossed with sun-dried tomato parmesan sauce and shrimp

Tuesday Special

Build Your Own Salad Bowl

Salads & Toppings

Bibb Lettuce · Field Organic Greens · Romaine Hearts

Roasted Beets · Radish · Cucumber · Tomato · Olives · Avocado · Red Onion · Carrots

Bacon · Egg · Pistachios · Pepitas · Cranberries

Blue Cheese · Goat Cheese · Feta

Raspberry Vinaigrette · Buttermilk Dressing · Herb Vinaigrette

Proteins

Grilled Herb and Garlic Shrimp

Citrus Grilled Chicken Breast

Churrasco Flank Steak

