July 2025 America the Beautiful

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FELLOWSHIP SQUARE PHOENIX	LOCATION Activity Room (AR) Centerview 2nd FL Lounge (C2FL) Centerview 3rd Floor Lounge (C3FL) Centerview Lounge (CL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Library (L) Northridge 2nd FL lounge (N2FL) Northridge 3rd Floor Lounge (N3FL) Pool (P) Prayer Garden (PG) Private Dining Room (PDR)	9:30am	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Tai Chi (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:30am Shopping: Fry's 10% Off 12:15pm Creative with Katy* (AR) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Fry's 10% Off 1:30pm Winning Wednesday: Concentration (AR) 2:00pm Friends of Bill W Meeting (PDR) 3:00pm Beam Me Up Bash* (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR)	10:30am Tai Chi (FC) 11:00am Fitness Assessments (FC) 11:00am I'm Feeling Blue (PDR)	Independence Day 8:00am Morning Strolls (PG) 10:00am A Taste of America* (AR) 12:00pm Bridge (C2FL) 12:30pm Red, White, & Ben (AR) 12:30pm LCR (C3FL) 6:00pm Bridge (AR)	9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:00pm Cinema Saturday: National Treasure (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)
3:00pm	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:30am Make & Mingle (AR) 11:00am Cornhole (FC) 11:30am Farkle (C2FL) 1:30pm Farkle (C2FL) 1:30pm Shopping: Hobby Lobby, TJ Maxx, DSW 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am Blood Pressure Clinic (CL) 10:00am Mary Kay Cosmetics (GC) 10:30am Tai Chi (FC) 11:00am Wii Bowling (AR) 1:00pm Wii Bowling (AR) 1:00pm Bingo (AR) 2:30pm Bingo (AR) 2:30pm Travel Tuesday: The History of Baseball (AR) 5:30pm Hand & Foot (AR)	7:30am	9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:00am Chef Chat (AR) 10:30am Tai Chi (FC)	8:00am Morning Strolls 11 (PG) 9:00am Senior Fit (AR) 9:30am Balance Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Let's Play Ball!* (AR) 12:00pm Bridge (C2FL) 12:30pm ZoeDrum (AR) 12:30pm LCR (C3FL) 1:00pm ZoeTalk (AR) 2:00pm Choir Practice (AR) 3:00pm Food & Friends- Pie a la Mode* (GC) 6:00pm Bridge (AR)	9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Entertainment: Jan Sandwich (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00pm	8:00am Meal Out: The Cracked Egg 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch Flex (AR) 10:30am Make Mingle (AR) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 12:00pm Pop In & Chill Out (GC) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:30am Tai Chi (FC) 11:00am Hiking Club (FC) 11:00am Avon (GC) 12:15pm Wii Bowling (AR) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: The White House (AR) 3:00pm Caregiver Support Group (L) 5:30pm Hand & Foot (AR)	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Tai Chi (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Cholla Library 12:15pm Creative with Katy* (AR) 1:00pm Pinochle (C2FL) 1:00pm Mending & Sewing Repair (AR) 1:30pm Mending & Sewing Repair (AR) 1:30pm Winning Wednesday: Guess Who (AR) 2:00pm Friends of Bill W Meeting (PDR) 3:00pm Radical Reptiles* (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR)	8:00am Morning Strolls (PG) 9:00am Curana Presentation: Skin Health (AR) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:30am Tai Chi (FC) 10:30am Walker and Scooter Repair* 11:00am Fitness Assessments (FC) 11:00am Working Blue (PDR) 11:00am Working Hands (C3FL) 11:30am Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday-Word Search (GC) 1:00pm Town Hall Meeting (AR) 3:00pm Thirsty Thursday-Vanilla Valor* (L)	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Post Office 9:15am Outing: Hall of Flame Fire Museum*\$ 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:00pm Bridge (C2FL) 12:30pm LCR (C3FL) 1:00pm Activity Chat (AR) 2:00pm Choir Practice (AR) 6:00pm Bridge (AR)	9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:00pm Cinema Saturday: Oppenheimer (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)
3:00pm	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:30am Make & Mingle (AR) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 3:00pm Book Club Meeting (L) 6:00pm Bingo (AR)	8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:30am Tai Chi (FC) 11:00am Hiking Club (FC) 12:15pm Wii Bowling (AR) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Route 66 (AR) 5:30pm Hand & Foot (AR)	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Tai Chi (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 12:15pm Creative with Katy* (AR) 1:00pm Low Vision Group (N3FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Super Walmart 1:30pm Shopping: Trader Joe's 1:30pm Winning Wednesday: Horse Races (AR) 2:00pm Friends of Bill W Meeting (PDR) 3:00pm Bring Your Own Mug* (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR)	8:00am	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Let's Play Ball!* (AR) 12:00pm Bridge (C2FL) 12:30pm LCR (C3FL) 2:00pm Choir Practice (AR) 3:00pm Food & Friends- Pie a la Mode* (GC) 6:00pm Bridge (AR)	9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Entertainment: Ellen Davis (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)
3:00pm	8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:30am Make & Mingle (AR) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 3:30pm Meal Out: Pie & Wine 6:00pm Bingo (AR)	8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:30am Tai Chi (FC) 11:00am Hiking Club (FC) 12:15pm Wii Bowling (AR) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: National Tourist Attractions (AR) 5:30pm Hand & Foot (AR)	8:00am Senior Fit (AR) 9:30am Senior Fit (AR) 9:30am Senior Fit (AR) 9:30am Senior Fit (AR) 9:30am Senior Fit (AR) 11:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 12:15pm Creative with Katy* (AR) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Winning Wednesday: The Price is Right (AR) 2:00pm Friends of Bill W Meeting (PDR) 3:00pm Winedown* (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR)	8:00am Morning Strolls (PG) 9:00am Morning Strolls (PG) 9:00am Music & Melodies (L) 10:30am Tai Chi (FC) 11:00am Fitness Assessments (FC) 11:00am Working Hands (C3FL) 11:30am Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday- Brain Teasers (GC) 1:00pm Wellness Wisdom (L)	ACTIVITY LEGEND Heart Body Mind Spirit	* For Any activity followed by an asterisk(*), please sign up at the concierge desk!