## **Staff Directory**

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nda Thiel 623-300-9401
rie Brindley 623-300-9450
,
rence Tennant 623-300-9420
Brookey 623-300-9451
o Rebmann 623-300-9455
nifer Tyler 623-300-9500
lly Drews 623-300-9429
n Halepis 623-300-9440
a Berjaran 623-300-9443
623-300-9441
dra Smith 623-300-9456
ia Juarez 623-300-9406
ri Sena 623-300-9426
ne Lee 623-300-9498
cierge 623-300-9400
cierge 623-300-9400
cierge 623-300-9460
rie Brindley 623-300-9450
gazers Salon 623-300-9458

### **Our Mission**

Through Christian love and excellence we are dedicated to providing a fulfilling lifestyle and promoting independence to those we serve.

## **Our Vision**

A world where all people thrive and live with purpose.

#### **Our Values**

We believe in the immeasurable value of every person. Empowered by Christ's love, we joyfully serve with humility, integrity, compassion, and respect.



16477 W. Bell Road, Surprise, AZ 85374 623.300.9400

# August 2025

## Note From Carrie

Director of Resident Experience, Carrie Brindley

This month, as we celebrate the resilience and grace that defines our community, I wanted to share a story that truly touched my heart. A beautiful, well-versed 83 year old lady, fully dressed every morning at 8 am sharp, with her hair done in fashion and perfectly applied makeup, is moving to a retirement home. Her husband recently died, which motivated her move. After many hours of patiently waiting in the hall of the home, she smiled sweetly, when told her room was ready. As she moved her walker toward the elevator, she was given a detailed description of her small room, including the curtains hanging from her window. "I love it ", she said, with the enthusiasm of an 8-year-old girl who was just handed over a new pet. Mrs. Jones; you haven't seen the room, just wait. That doesn't matter, she replied. Happiness is something you decide over time. Whether or not I like my room doesn't depend on how the furniture is arranged, it depends on how I arrange my mind. I've already decided that I like it. It's a decision I make every morning when I wake up. I have the choice; I can spend the day in bed, going through the difficulty I have with my body parts that don't work, or get out of bed and be thankful for the parts that do work. Her name is, Linda Rodin, the founder of the beauty line Rodin Olio Lusso and a frequent model known for her signature bright lipstick. It's all in the mind. RESET your mind and RESET your life.

Linda reminds us that while we may not always be able to control our circumstances, we *can* choose our mindset. Her story is a beautiful reflection of the kind of positivity and strength I see in so many of you each day.

Let this be a gentle reminder: the way we arrange our days begins with how we arrange our thoughts. May we all wake up with the courage to say, "I've already decided I like it."



"Here's a little song
I wrote.

You might want to sing it note for note.

Don't worry,

be happy In every life we have

some trouble.

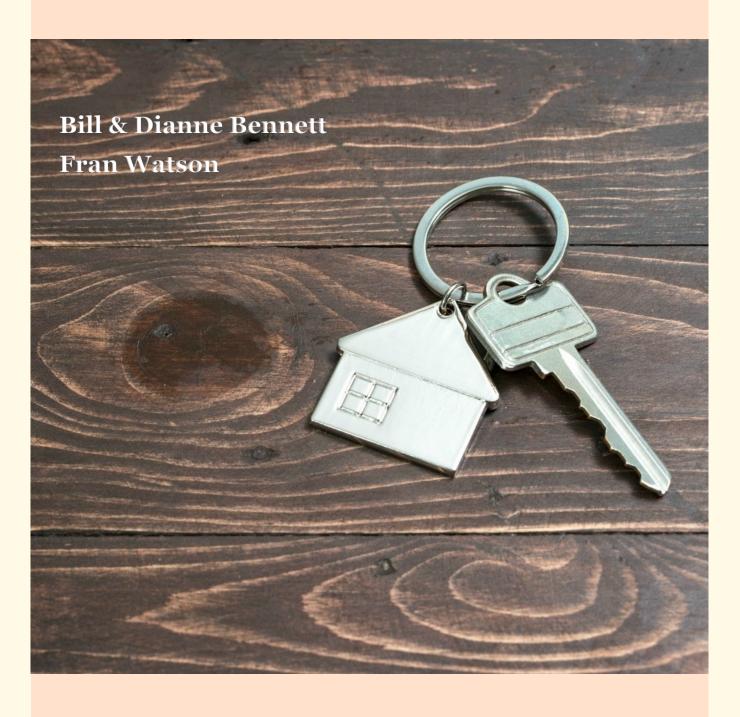
When you worry you make it double. Don't worry,

be happy

Don't Worry,
Be Happy now "



# New Residents Welcome Home ~ We're So Glad You're Here!



## Special Events in August

8/1 ~ Activity Chat with Barb 8/4, 8/11, 8/18, 8/25 ~ Cornhole-Group A 8/5,  $8/19 \sim$  The Chosen, Season 5 8/5, 8/12, 8/19, 8/26 ~ Cornhole-Group B 8/5, 8/12, 8/19, 8/26 ~ Donkey Baking-New Time! 8/5, 8/16, 8/23 ~ Cornhole Free Play 8/6, 8/13, 8/20 ~ Music & Movement with Shannon 8/6 ~ Beachball Blitz 8/6 ~ Entertainment Hour with Julius Aguilar 8/7, 8/14, 8/21, 8/28 ~ Tai Chi with Jack 8/7 ~ 1st Floor Block Party 8/7, 8/13, 8/21, 8/28 ~ Cornhole-Group C 8/8 ~ Resident Artisan Craft Sale 8/8, 8/22 ~ Ladderball 8/11 ~ Friendship in a Flash 8/12 ~ Fast Facts & Finger Foods 8/12 ~ Cheesepuff Championship 8/13 ~ "Don't Worry Be Happy" Happy Hour 8/13 ~ Entertainment Hour with Banjoist, Ellen Davis 8/14, 8/28 ~ Art in Action with Liz Bercovich 8/14 ~ 2nd Floor Block Party 8/14 ~ New Resident Mixer & Orientation 8/15 ~ Breakfast Bunch Outing-Maple & Rye 8/18 ~ Reminiscing Today About Back in the Day 8/19 ~ Neighborhood Navigators Meeting 8/19 ~ Happy-Go-Lucky Horse Races 8/20 ~ August Birthday Celebration 8/20 ~ Entertainment Hour with Ronny Lee 8/21 ~ 3rd Floor Block Party 8/21 ~ Resident Meeting with Carrie 8/22 ~ Good Grub Social Club-Biscuits Café 8/22 ~ Line Dancing with Friends 8/25 ~ BINGO with Curana Health 8/26 ~ Touring Tuesday 8/26 ~ Wellness Bits with Diane—Nutrition 8/27 ~ Estate Planning Educational Seminar 8/27 ~ Baseball Challenge 8/27 ~ Entertainment Hour with Rusty Nunez 8/28 ~ 3rd Floor South Side Gathering 8/29 ~ Fellowship Square's FunFair 8/30 ~ Cinema Special Showing: "The Greatest Showman"

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## Chaplain Chats ~ Campus Chaplain, Dan Brookey

I used to play golf. I was never good, mind you, but it was fun to be out in nature and enjoy the time with friends and/or our son. It didn't take long to realize how expensive a sport it can be. Not just because of the greens fees which are, in my opinion, exorbitant. It was because of the amount of golf balls I could lose in one round. Hook and slice were two words often used when people were on the tee box with me. If you have words like par, birdy, eagle, and scratch play associated with you I am impressed but please don't come and gloat. I never took lessons and that was evident in my play. One thing I always heard that prompted straight shots down the fairway is follow-through. I don't know if you played golf, but I respect you for your longevity and resolve. My encouragement for you today is to remain steadfast in your follow-through. John 15:4 gives us indication that we must remain in God for our lives to be effective. "Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me." As each day on the calendar clicks by, we can take many opportunities to follow through. Yes, making sure we stay connected to God is extremely important because we don't want to end this life without knowing Him. There are many other areas in our lives when we can take opportunities to speak a kind word, give a smile, help someone in need, and various other gestures that say, "I love God" and "I love my neighbor". Those are the first two commands from the New Testament. When asked by a teacher of the law what was the most important commands, Jesus replied "Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these." Jesus' comments (commands) are reflections of Deuteronomy 6:5 and Leviticus 19:18. Loving God is not a new concept; the Israelites were encouraged to love God and love their neighbor too. Keep God close and stay the course. In golf terms, follow-through, stay the course, play the fairway, metaphorically, the narrow road. God bless you this month as you remain close to God, Chaplain Dan

## Look Who's Having a Birthday!



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# Life Around Our House



















































