


AUGUST 2025- Dog Days of Summer

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|---|---|
|  | LOCATION Activity Room (AR) Centerview 2nd FL Lounge (C2FL) Centerview 3rd Floor Lounge (C3FL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Library (L) Manor 1 Activity Room (M1AR) Northridge 1st Floor Lounge (N1FL) Northridge 2nd FL lounge (N2FL) Northridge 3rd Floor Lounge (N3FL) Pool (P) Prayer Garden (PG) Private Dining Room (PDR) Southgate 1st Floor Lounge (S1FL) Southgate 2nd FL Lounge (S2FL) | | | | | |
| | | | | | 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Post Office 9:20am Outing: Game Show Battle Rooms*\$ 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:00pm Bridge (C2FL) 12:30pm ZoeDrum (AR) 12:30pm LCR (C3FL) 1:00pm ZoeTalk (AR) 2:00pm Choir Practice (AR) 3:00pm Hand Bells (AR) 6:00pm Bridge (AR) | 9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (C2FL) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |
| 11:30am Church Service (M1AR) 3:00pm Worship Service- Bruce Nelson (AR) | 7:00am Punch Out Parkinson's (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:45pm Garden Home Prayer Meeting (PDR) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am NR 1st Floor Prayer Meeting (N1FL) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:30am Zoe Flow (FC) 11:00am Ambassador Meeting (AR) 11:00am Hiking Club (FC) 12:15pm Wii Bowling (AR) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Summer (AR) 5:30pm Hand & Foot (AR) | 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:30am Shopping: Fry's 10% Off 12:00pm Creative with Katy* (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Fry's 10% Off 1:30pm Winning Wednesday: Concentration (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Float Your Boat* (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:00am Curana Presentation: Wake Up to Wellness: Sleep & Mental Health Matter! (AR) 10:00am Music & Melodies (L) 10:30am Zoe Flow (FC) 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Jeopardy (GC) 1:00pm Wellness Wisdom (L) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm Open Gym Time (FC) 3:00pm Thirsty Thursday- Greyhound* (L) | 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:00pm Bridge (C2FL) 12:30pm Zoe Share* (AR) 12:30pm LCR (C3FL) 2:00pm Choir Practice (AR) 2:00pm Open Gym Time (FC) 3:00pm Hand Bells (AR) 3:00pm Food & Friends- An Apple a Day* (GC) 6:00pm Bridge (AR) | 8:00am Staff Training (AR) 12:00pm Rummikub (AR) 1:30pm Entertainment: Kristina O'Boyle (GC) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |
| 11:30am Church Service (M1AR) 3:00pm Worship Service- Pastor Arnie Frank (AR) | 7:00am Punch Out Parkinson's (FC) 8:00am Meal Out: First Watch 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:45pm Garden Home Prayer Meeting (PDR) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am NR 1st Floor Prayer Meeting (N1FL) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:00am Blood Pressure Clinic (C2FL) 10:30am Zoe Flow (FC) 11:00am Hiking Club (FC) 12:15pm Wii Bowling (AR) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Summer Olympic Sports (AR) 5:30pm Hand & Foot (AR) | 7:30am Men's Breakfast (DR) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 12:00pm Creative with Katy* (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Super Walmart 1:30pm Winning Wednesday: Wheel of Fortune (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Lefties, Right On!* (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:00am Chef Chat (AR) 10:30am Zoe Flow (FC) 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Word Search (GC) 1:00pm Wellness Wisdom (L) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm All Staff Meeting (AR) | 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Post Office 9:30am Balance & Mobility (AR) 10:00am Summer Olympics* (PG) 10:00am Shopping: Safeway, Walgreens or CVS 12:00pm Bridge (C2FL) 12:30pm LCR (C3FL) 1:30pm Activity Chat (AR) 2:00pm Choir Practice (AR) 2:00pm Open Gym Time (FC) 3:00pm Hand Bells (AR) 6:00pm Bridge (AR) | 9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Cinema Saturday: Queen Bee (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|---|---|
| 11:30am Church Service (M1AR) 17 3:00pm Worship Service- Pastor Bud Downs (AR) | 7:00am Punch Out Parkinson's (FC) 18 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:45pm Garden Home Prayer Meeting (PDR) 3:00pm Book Club Meeting (L) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 19 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am NR 1st Floor Prayer Meeting (N1FL) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:30am Zoe Flow (FC) 11:00am Hiking Club (FC) 11:00am Avon (GC) 12:15pm Wii Bowling (AR) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Guess the Breed (AR) 3:00pm Caregiver Support Group (L) 5:30pm Hand & Foot (AR) | 8:00am Morning Strolls (PG) 20 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:00am Cholla Library 12:00pm Creative with Katy* (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:00pm Low Vision Group (N3FL) 1:00pm Mending & Sewing Repair (AR) 1:30pm Bank Run 1:30pm Winning Wednesday: Guess Who (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Welcome Wednesday (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 21 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:00am Vet to Vet (AR) 10:30am Zoe Flow (FC) 10:30am Walker and Scooter Repair* 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Trivia (GC) 1:00pm Town Hall Meeting (AR) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm Open Gym Time (FC) 3:00pm Thirsty Thursday- Orange Creamsicle* (L) 3:30pm W.O.W. Bible Study (M1AR) | 8:00am Morning Strolls (PG) 22 9:00am Senior Fit (AR) 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 12:00pm Bridge (C2FL) 12:30pm LCR (C3FL) 1:00pm Health Fair (AR) 2:00pm Open Gym Time (FC) 3:00pm Food & Friends- An Apple a Day* (GC) 6:00pm Bridge (AR) | 9:00am Axe Throwing (AR) 23 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Entertainment: T.A. Burrows (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |
| 11:30am Church Service (M1AR) 24 3:00pm Worship Service- Teacher Doug Preudhomme (AR) | 7:00am Punch Out Parkinson's (FC) 25 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 11:00am Meal Out: Peter Piper Pizza 11:30am Chair Yoga with Kelley (AR) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:45pm Garden Home Prayer Meeting (PDR) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 26 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am NR 1st Floor Prayer Meeting (N1FL) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:30am Zoe Flow (FC) 11:00am Hiking Club (FC) 12:15pm Wii Bowling (AR) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Summer Traditions (AR) 5:30pm Hand & Foot (AR) | 8:00am Morning Strolls (PG) 27 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 12:00pm Creative with Katy* (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Super Walmart 1:30pm Shopping: Trader Joe's 2:00pm Estate Planning Educational Seminar* (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Winedown* (AR) 4:00pm Donkey Baking (GC) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 28 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:30am Zoe Flow (FC) 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 12:30pm Thinkin' Thursday: Words in Words (GC) 1:00pm Wellness Wisdom (L) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm Open Gym Time (FC) 3:00pm Happy Birthday Party!! (Invite Only) (AR) 3:30pm W.O.W. Bible Study (M1AR) | 8:00am Morning Strolls (PG) 29 9:00am Senior Fit (AR) 9:30am Balance & Mobility (AR) 10:00am Back to School Picture Day (GC) 10:00am Shopping: Safeway, Walgreens or CVS 12:00pm Bridge (C2FL) 12:30pm ZoeDrum (AR) 12:30pm LCR (C3FL) 1:00pm ZoeTalk (AR) 2:00pm Choir Practice (AR) 2:00pm Open Gym Time (FC) 3:00pm Hand Bells (AR) 6:00pm Bridge (AR) | 9:00am Axe Throwing (AR) 30 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Cinema Saturday: Jesus Revolution (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |
| 11:30am Church Service (M1AR) 31 3:00pm Worship Service- Tom Haney (AR) | | | | | | |