


Fellowship Square Month-at-a-Glance Menu – September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Coconut Curry Soup</b>	<b>2 Fajita Taco Soup</b>	<b>3 Greek Meatball Soup</b>	<b>4 Cream of Chicken</b>	<b>5 Seafood Chowder</b>	<b>6 Beef Noodle Soup</b>
	Chef's Special Beef Stroganoff Sausage Peppers Eggplant Parmesan Sandwich  Cheddar Mash Elote Corn Broccoli Cauliflower  Assorted Desserts	Indian Fry Bread Taco Tex Mex White Fish Roasted Chicken Black Bean Chili  Ranch Beans Spanish Rice Broccoli Cauliflower  Churro	Braised Pork Chops Shrimp Pasta with Pesto Sauce Chicken Parmesan Sandwich Spanakopita (Spinach Pie)  Greek Potato Salad Roasted Zucchini and Squash w/Lemon Green Beans in Tomato Sauce  Baklava	Chef's Special Crabcakes w/ Hollandaise Chicken Fried Steak Tomato Avocado Melt  Butter n Cream Mashed Potato Green Beans with Bacon Harvard Beets  Cheesecake	Chef's Special Beef Shepherd's Pie Fried Cod Veggie Pesto Parmesan  Steak Fries Roasted Yellow Squash Roasted Brussel Sprouts  Pecan Pie	Chicken Fricassee Chef Salad Stuffed Peppers Three Cheese Quiche with Fruit Garnish  Lyonnaise Potatoes Sauteed Spinach & Onions Glazed Carrots  Crushed Oreo Chocolate Pudding
<b>7 Mushroom &amp; Barley Soup</b>	<b>8 Broccoli Cheddar Soup</b>	<b>9 Chicken Tortilla Soup</b>	<b>10 Gazpacho Soup</b>	<b>11 Bean with Bacon Soup</b>	<b>12 Gumbo</b>	<b>13 Chicken Noodle Soup</b>
Tri Tip w/ Mushroom Sauce Orange Roughy Chicken Cordon Blue Ravioli  Roasted Herb Potatoes Steamed Broccoli w/Butter/Dill Roasted Squash & Zucchini  Dutch Apple Pie	Chef's Special Chicken Tenders Meatloaf Malibu Cheddar Burger  Parmesan Tots Corn on the Cob Buttered Carrots  Assorted Desserts	Chili Con Carne Chicken Quesadilla Baked Fish w/Roast Red Pepper Sauce Chilaquiles  Pinto Beans with Cheese & Green Chili Roasted Yellow Squash Sauteed Hominy & Bacon  Sweet Potato Pie	Chef's Special Chicken Piccata Catch of the Day Greek Veggie Pita  Lemon Potatoes with Oregano Cauliflower with Butter & Dill Swiss Vegetable Medley  Vanilla Tart	Beef Lasagna Turkey Swiss Melt Smothered Pork Chop Tomato Cheese Quiche  Roasted Herb Potatoes Fried Okra Broccoli with Cheese  Strawberry Shortcake	Chef's Special Liver & Onions Whitefish Supreme Egg Salad Sandwich  Macaroni n Cheese Buttered Cauliflower Sweet Corn  Chocolate Cake	Roast Beef Braised Pork Chop Baked Whitefish Italian Grilled Cheese Sandwich  Mashed Potatoes Butter Broccoli Peas n Carrots  Cookies
<b>14 Pepper Cabbage Soup</b>	<b>15 Chicken Alfredo Soup</b>	<b>16 Cream of Mexican Corn Chowder</b>	<b>17 Curry Coconut Soup</b>	<b>18 Sweet Potato Soup</b>	<b>19 New England Clam Chowder</b>	<b>20 French Onion Soup</b>
Salmon Roast Chicken Quiche Lorraine Rotini w/ Alfredo  Baked Potato Buttered Broccoli Asparagus  Cherry Pie	Chef's Special Crab Cakes Salisbury Steak Guacamole Wrap  Mashed Sweet Potatoes Green Beans with Bacon Roasted Cauliflower  Assorted Desserts	White Fish Supreme Beef n Cheese Burrito BBQ Chicken Avocado Cheddar Melt  Spanish Rice Sweet Corn Broccoli with Butter  Lemon Bars	Huli Huli Chicken Hawaiian Beef Slider Ham Steak with Pineapple Hawaiian Veggie Burger w/ Avocado & Pineapple  Hawaiian Fried Rice String Beans Curry Roasted Cauliflower  Peach Pie	Sloppy Joe Shrimp Pasta with Pesto Sauce Chicken Parmesan Sandwich Tortellini  Cheddar Mashed Roasted Zucchini and Squash w/Lemon String Beans with Bacon, Onion & Garlic  Chocolate Caramel Pudding	Chef's Special Baked White Fish Salisbury Steak Veggie Stacker  Roasted Herb Parmesan Potatoes Oven Roasted Beets with Feta Cauliflower Mash  Lemon Meringue	Crab Cakes Roast Pork Loin Chicken Cordon Blue Grilled Spinach w/Feta Sandwich  Garlic Thyme Mash Mixed Vegetables Beets with Butter  Ice Cream Sandwich
<b>21 Pumpkin Soup</b>	<b>22 Strawberry Soup</b>	<b>23 Pork Pazole</b>	<b>24 Greek White Bean w/Garlic &amp; Lemon</b>	<b>25 Baked Potato Soup</b>	<b>26 Chicken &amp; Dumplings</b>	<b>27 Navy Bean Soup</b>
Roast Beef Au Jus Pan Seared Chicken Grilled Ham Steak Spinach & Feta Quiche  Whipped Sweet Potatoes Green Bean Almondine Carrots with Butter and Garlic  Apple Pie	Chef's Special Beef Brisket Chicken Salad Sandwich Malibu Cheddar Burger  Cheddar Mashed Potatoes Brussel Sprouts w/ Bacon Butter Carrots  Assorted Desserts	Beef Tostada Chicken Fajitas White Fish Supreme Bean & Cheese Burrito  Spanish Rice Elote Corn Spinach with Onions  Churro	Chef's Special Baked Fish of the Day with Sicilian Relish Cinnamon Chicken Grilled Zucchini, Hummus Wrap  Roasted Pepper & Feta Cheese Creamy Potato Casserole Sauteed String Bean & Onions  Fruit of the Forest Cake	Chicken Fricassee Chef Salad Stuffed Peppers Three Cheese Quiche w/ Fruit  Lyonnaise Potatoes Sauteed Spinach & Onions Roasted Cauliflower  Yogurt & Fruit Parfait	Chef's Special Baked Tilapia Sloppy Joe Grilled Spinach w/Feta Sandwich  Baked Beans Mixed Vegetables Beets with Butter  Cheesecake	Chef's Special Beef Stroganoff Over Noodles Roasted Herb Chicken Veggie Melt / Sweet Potato Fries  Garlic Thyme Mash Steamed Broccoli Sauteed Hominy  Butterscotch Tart
<b>28 Corn Chowder</b>	<b>29 Mushroom Spinach Soup</b>	<b>30 Creamy Tortellini Soup</b>	<b>DINING ROOM HOURS:</b> <b>Sunday:</b> 11am to 3pm <b>Monday – Saturday</b> Lunch – 11:30am – 2pm Dinner – 4pm-7pm <b>BISTRO HOURS:</b> Sunday: 7am to 12pm Brunch – 10am-12pm Monday – Saturday Breakfast – 7am-11am Lunch/Dinner – 11am – 7pm		<b>DELIVERY TIMES:</b> <b>Monday – Saturday:</b> <b>Lunch:</b> 12:00pm, 1:00pm, <b>Dinner:</b> 4:00pm, 5:00 pm or 6:00 pm <b>Sunday:</b> 12:00pm, 1:00pm or 2:00pm Times are subject to change depending on the number of meals placed for delivery. <b>CONTACT NUMBER FOR DELIVERY:</b> 520-731-6680	
Roast Turkey with Stuffing Fried Catfish Roast Beef Au Jus Cheese Strada  Baked Sweet Potato Butter Broccoli Brown Sugar Glazed Carrots  Boston Cream Pie	Chef's Special Turkey Caesar Wrap Cod Supreme Black Bean Melt  Steak Fries Peas n Carrots Zucchini Parmesan  Assorted Desserts	Indian Fry Bread Taco Shredded Chicken Burrito Bean & Cheese Burrito Green Chili Quesadilla  Papas Con Chile Elote Corn Green Beans  Fresas Con Crema (Strawberry Cream)			<b>MENU ITEMS AVAILABLE EVERY DAY:</b> SOUP: Vegetable SALADS: Gelatin Salad, Tossed Salad with Dressing, Cottage Cheese, Mashed potatoes, Potato du Jour ENTREES: Veggie Burger, Grilled Chicken Breast, Grilled Cheese Sandwich, Cheese omelet or Scrambled Eggs w/Toast, Home Fries, Bacon or Sausage Patties. GLUTEN FREE: Gluten Free Lentil Patties, Gluten Free Bread <b>FLAVOR OF THE MONTH: A&amp;W ROOT BEER FLOAT ICE CREAM</b> DESSERT: Fresh fruit in place of dessert upon request.	

