



FELLOWSHIP SQUARE HISTORIC MESA

• September 8th thru September 14th

SALADS

Autumn Shrimp Salad

Mixed greens tossed with maple vinaigrette topped with shrimp, feta, pecans

Greek Salad

Mixed greens, chicken, grape tomato, red onion, olives, feta

Chicken Caesar Salad

Romaine lettuce tossed with Caesar dressing and topped with grilled chicken

Fruit & Cottage Cheese Plate

A combination of fresh seasonal fruit and cottage cheese served with a bran muffin

MAIN COURSE

Seared Orange Roughy

Topped with mustard miso butter sauce

Beef Stroganoff

Served on a bed of egg noodles

Grilled Pork Chop

Topped with onion gravy

Maryland Blue Crab Ravioli

Served with shallot and Pinot Grigio butter sauce

Spaghetti Puttanesca

Spaghetti tossed with anchovies, olives, tomatoes and capers

Beef Ravioli with Marinara Sauce

Served with garlic bread

Grilled Chicken Breast

Served with your choice of sides

SANDWICHES & BURGERS

Gold Canyon Burger

Your choice of cheddar, Swiss, or American cheese

Impossible Burger

Gluten Free vegan patty topped with your choice of cheese

All Beef Hot Dog

1/4 pound hot dog on a bun with your choice of sides

Buffalo Chicken Wrap

Tortilla wrap, chicken tenders tossed in buffalo sauce, lettuce, tomato, and mayo

BLT Sandwich

Wheat bread topped with mayo, lettuce, tomato and bacon

Chicken Quesadilla

Flour tortilla topped with cheese, chicken, peppers, and onions

SIDES

Ala Carte Sides \$1.50

Mashed Potatoes and Gravy

Mashed Yams

French Fries

Sweet Potato Fries

Baked Beans

Maple Glazed Brussel Sprouts

Creamed Spinach

Peas & Carrots

Potato Chips

Fruit Salad

Cottage Cheese

Applesauce

Soup of the Day

Dessert of the Day