


OCTOBER 2025- Dragon Tales

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|--|---|
|  | LOCATION Activity Room (AR) Centerview 2nd FL Lounge (C2FL) Centerview 3rd Floor Lounge (C3FL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Garden Home 28 (GH28) Library (L) Manor 1 Activity Room (M1AR) Northridge 1st Floor Lounge (N1FL) Northridge 2nd FL lounge (N2FL) Northridge 3rd Floor Lounge (N3FL) Pool (P) Prayer Garden (PG) Private Dining Room (PDR) Southgate 1st Floor Lounge (S1FL) Southgate 2nd FL Lounge (S2FL) Southgate 3rd FL Lounge (S3FL) | | 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:30am Shopping: Fry's 10% Off 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Fry's 10% Off 1:30pm Winning Wednesday: Wheel of Fortune (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Medicare 2026 (AR) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:30am Zoe Flow (FC) 11:00am FSU Registration Day (GC) 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Jeopardy (GC) 1:00pm Wellness Wisdom (L) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm SG 3rd Floor Prayer Meeting (S3FL) 2:00pm Open Gym Time (FC) 3:00pm Thirsty Thursday- The Royal Rose* (L) | 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Post Office 9:30am Balance & Mobility (AR) 10:00am Outing: Phoenix Symphony 10:00am Shopping: Safeway, Walgreens or CVS 12:00pm Bridge (C2FL) 12:30pm LCR (GC) 2:00pm Choir Practice (AR) 2:00pm Open Gym Time (FC) 3:00pm Hand Bells (AR) 6:00pm Bridge (AR) | 10:00am Renaissance Fair (PG) 12:00pm Rummikub (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |
| 11:30am Church Service (M1AR) 3:00pm Worship Service - Ptr. Len Griffen (AR) | 7:00am Punch Out Parkinson's (FC) 8:00am Morning Strolls (PG) 9:00am Balloon Volleyball (AR) 9:00am Shopping: Fry's 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 11:30am Shopping: Dollar Tree 11:30am Chair Yoga with Kelley (AR) 12:00pm FSU: Healthy Living, Healthy You (L) 1:00pm FSU: Timelines & Tales (L) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:45pm Garden Home Prayer Meeting (PDR) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 9:00am FSU: Project Green Thumb (GH28) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:30am Relax & Renew (PG) 11:00am Hiking Club (FC) 11:30am Hope Looks Up Bible Study (AR) 12:30pm Wii Bowling (AR) 1:00pm FSU: Finding Your Voice (L) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm NR 1st Floor Prayer Meeting (N1FL) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Renaissance (AR) 5:30pm Hand & Foot (AR) | 7:30am Men's Breakfast (DR) 8:00am Morning Strolls (PG) 9:00am Flu Shot Clinic (L) 9:00am Move & Groove (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 10:00am FSU: Americana (L) 10:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:00am FSU: Magical Mugs (GC) 12:00pm FSU: Painting with Purpose (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Super Walmart 1:30pm Winning Wednesday: Concentration (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Tournament of Tops* (AR) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am FSU: Mindful Living (L) 9:00am Water Aerobics (P) 10:00am Fall Risk Assessments (FC) 10:00am Music & Melodies (L) 10:00am Chef Chat (AR) 11:00am FSU: Computer Technology (L) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Words in Words (GC) 1:00pm FSU: Wonders of Wellness (L) 2:00pm FSU: Travelogue (L) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm SG 3rd Floor Prayer Meeting (S3FL) 2:00pm All Staff Meeting (AR) 3:00pm W.O.W. Bible Study (M1AR) | 8:00am Morning Strolls (PG) 9:00am Senior Fit Scavenger Hunt (AR) 9:00am FSU: Women of the Bible (L) 10:00am Outing: Vee Quiva Casino* 10:00am Shopping: Safeway, Walgreens or CVS 10:30am ZoeDrum (AR) 11:00am ZoeTalk (AR) 12:00pm Bridge (C2FL) 12:30pm LCR (GC) 2:00pm Choir Practice (AR) 2:00pm FSU: History of Broadway (L) 2:00pm Open Gym Time (FC) 3:00pm Hand Bells (AR) 3:00pm Food & Friends- Enchanted Layers* (GC) 6:00pm Bridge (AR) | 9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Entertainment: Kristina O'Boyle (GC) 2:30pm Celebration of Life: Betty Singleton (AR) 3:00pm Cornhole (FC) 6:00pm Outing: NVSO 6:00pm Game Night (GC) |
| 11:30am Church Service (M1AR) 3:00pm Worship Service - Tom Haney (AR) | 7:00am Punch Out Parkinson's (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 1:00pm FSU: Timelines & Tales (L) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:40pm Meal Out: Medieval Times*\$ 2:45pm Garden Home Prayer Meeting (PDR) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 9:00am FSU: Project Green Thumb (GH28) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:00am Blood Pressure Clinic (C2FL) 10:00am Mary Kay Cosmetics (GC) 10:30am Zoe Flow (FC) 11:00am Hiking Club (FC) 11:30am Hope Looks Up Bible Study (AR) 12:30pm Wii Bowling (AR) 1:00pm FSU: Finding Your Voice (L) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm NR 1st Floor Prayer Meeting (N1FL) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Mythical Creatures (AR) 5:30pm Hand & Foot (AR) | 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:00am FSU: Magical Mugs (GC) 11:00am Cholla Library 11:30am Shopping: Trader Joe's 12:00pm FSU: Painting with Purpose (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:00pm Low Vision Group (N3FL) 1:00pm Mending & Sewing Repair (AR) 1:30pm Bank Run 1:30pm Winning Wednesday: Guess Who (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Welcome Wednesday (AR) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am FSU: Mindful Living (L) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:00am Vet to Vet (AR) 10:00am Walker and Scooter Repair* 10:30am Zoe Flow (FC) 11:00am FSU: Computer Technology (L) 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Trivia (GC) 1:30pm Town Hall Meeting (AR) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm SG 3rd Floor Prayer Meeting (S3FL) 2:00pm Open Gym Time (FC) 3:00pm Thirsty Thursday- Moonlit Enchantment* (L) | 8:00am Morning Strolls (PG) 9:00am FSU: Women of the Bible (L) 9:00am Senior Fit (AR) 9:00am Post Office 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Tech Bar (AR) 12:00pm Bridge (C2FL) 12:30pm LCR (GC) 1:30pm Activity Chat (AR) 2:00pm Choir Practice (AR) 2:00pm FSU: History of Broadway (L) 2:00pm Open Gym Time (FC) 3:00pm Hand Bells (AR) 6:00pm Bridge (AR) | 9:00am Axe Throwing (AR) 10:30am Bingo (AR) 12:00pm Rummikub (AR) 3:00pm Celebration of Life: Leona Duley (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|--|--|---|
| 11:30am Church Service (M1AR) 19 3:00pm Worship Service - Ptr. Arnie Frank (AR) | 7:00am Punch Out Parkinson's (FC) 20 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 12:00pm FSU: Healthy Living, Healthy You (L) 1:00pm FSU: Timelines & Tales (L) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:45pm Garden Home Prayer Meeting (PDR) 3:00pm Book Club Meeting (L) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 21 9:00am FSU: Project Green Thumb (GH28) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:30am Zoe Flow (FC) 11:00am Hiking Club (FC) 11:00am Avon (GC) 11:30am Hope Looks Up Bible Study (AR) 12:30pm Wii Bowling (AR) 1:00pm FSU: Finding Your Voice (L) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm NR 1st Floor Prayer Meeting (N1FL) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Walt Disney (AR) 5:30pm Hand & Foot (AR) | 8:00am Morning Strolls (PG) 22 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 10:00am FSU: Americana (L) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:00am FSU: Magical Mugs (GC) 12:00pm FSU: Painting with Purpose (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Super Walmart 1:30pm Winning Wednesday: Horse Races (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Power of Pink* (AR) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 23 8:00am Morning Strolls (PG) 9:00am FSU: Mindful Living (L) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:00am Curana Presentation: Breast Cancer Awareness (AR) 10:30am Zoe Flow (FC) 11:00am FSU: Computer Technology (L) 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Brain Teasers (GC) 1:00pm FSU: Wonders of Wellness (L) 2:00pm FSU: Travelogue (L) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm SG 3rd Floor Prayer Meeting (S3FL) 2:00pm Open Gym Time (FC) 3:00pm Happy Birthday Party!! (Invite Only) (AR) 3:00pm W.O.W. Bible Study (M1AR) | 8:00am Morning Strolls (PG) 24 9:00am FSU: Women of the Bible (L) 9:00am Senior Fit (AR) 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Zoe Drum (AR) 11:00am Zoe Talk (AR) 12:00pm Bridge (C2FL) 12:30pm LCR (GC) 1:00pm Health Fair (AR) 2:00pm FSU: History of Broadway (L) 2:00pm Open Gym Time (FC) 3:00pm Food & Friends- Enchanted Layers* (GC) 6:00pm Bridge (AR) | 9:00am Axe Throwing (AR) 25 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Cinema Saturday: The Princess Bride (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) |
| 11:30am Church Service (M1AR) 26 3:00pm Worship Service - Ptr. Doug Preudhomme (AR) | 7:00am Punch Out Parkinson's (FC) 27 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:00am CV 3rd Floor Prayer Meeting (C3FL) 10:30am CV 2nd Floor Prayer Meeting (C2FL) 10:30am Make & Mingle (AR) 10:30am SG 1st Floor Prayer Meeting (S1FL) 11:00am Cornhole (FC) 11:00am Meal Out: Bobby-Q (AR) 11:30am Chair Yoga with Kelley (AR) 1:00pm FSU: Timelines & Tales (L) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Catholic Communion Service (AR) 2:00pm Open Gym Time (FC) 2:30pm Rosary (AR) 2:45pm Garden Home Prayer Meeting (PDR) 6:00pm Bingo (AR) | 8:00am Morning Strolls (PG) 28 9:00am FSU: Project Green Thumb (GH28) 9:00am Water Aerobics (P) 10:00am NR 3rd Floor Prayer Meeting (N3FL) 10:30am Zoe Flow (FC) 11:00am Hiking Club (FC) 11:30am Hope Looks Up Bible Study (AR) 12:30pm Wii Bowling (AR) 1:00pm FSU: Finding Your Voice (L) 1:00pm Fending Off Falls (FC) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm NR 1st Floor Prayer Meeting (N1FL) 2:00pm Open Gym Time (FC) 2:30pm Craft Club* (GC) 3:00pm Travel Tuesday: Castles Worldwide (AR) 5:30pm Hand & Foot (AR) | 8:00am Morning Strolls (PG) 29 9:00am Senior Fit (AR) 9:30am Zoe Flow (FC) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:00am FSU: Magical Mugs (GC) 12:00pm FSU: Painting with Purpose (AR) 1:00pm NR 2nd Floor Prayer Meeting (N2FL) 1:00pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Winning Wednesday: The Price is Right (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym Time (FC) 3:00pm Winedown* (AR) 6:00pm Bunco (AR) | 8:00am Cornhole (AR) 30 8:00am Morning Strolls (PG) 9:00am FSU: Mindful Living (L) 9:00am Water Aerobics (P) 10:00am Music & Melodies (L) 10:30am Zoe Flow (FC) 11:00am FSU: Computer Technology (L) 11:00am Fending Off Falls (FC) 11:00am I'm Feeling Blue (PDR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Word Search (GC) 1:00pm FSU: Wonders of Wellness (L) 2:00pm SG 2nd Floor Prayer Meeting (S2FL) 2:00pm SG 3rd Floor Prayer Meeting (S3FL) 2:00pm Open Gym Time (FC) | Halloween 31 8:00am Morning Strolls (PG) 9:00am FSU: Women of the Bible (L) 9:00am Senior Fit (AR) 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Choir Practice (AR) 12:00pm Bridge (C2FL) 12:00pm Hand Bells (AR) 12:30pm LCR (GC) 2:00pm FSU: History of Broadway (L) 2:00pm Open Gym Time (FC) 2:30pm Costumes & Curiosities* (AR) 6:00pm Bridge (AR) | |