



FELLOWSHIP
SQUARE
PHOENIX

HAPPENINGS AT THE SQUARE



January 2026

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The Soundtrack of Our Stories

Music has a special way of whisking us back in time. We can hear just a few notes from a special song and suddenly we're 16 again! With just one song, memories can come flooding back—our first kiss, our wedding day, a lost loved one... Those moments are part of the soundtrack we carry with us every day.

This month, we'll be exploring the songs that marked important chapters of our lives and the memories they continue to hold. We'll kick things off with a special celebration honoring Elvis' birthday. Then, join us for lively competitions like Name That Tune, a Lip Sync Battle, and many other music-inspired activities designed to spark joy, laughter, and connection.

Together, we'll sing along, share stories, and enjoy the meaningful role music still plays in our lives.



Staff Directory

Activity & Event Coordinator

Sarah Garcia

Sarah.Garcia@christiancare.org

602-443-5421

Dining Room Supervisor

Melissa Celaya

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602-443-5468

Activities Assistant

Katy Freitas

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Director of Resident Experience

Amy Borders

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Beauty Barber Shop

Sue Widdison

Gaye Wineland

602-443-5422

Director of Sales

602-385-1590

Chaplain

Joey Sampaga

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Executive Chef

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602-443-5425

Community Advancement Officer

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602-682-2986

Front Desk

602-833-4330

Concierge Desk

Volunteers

480-385-2066

Gift Shop

Pat Batt & Volunteers

941-408-5867

Corporate Billing Specialist

Rebecca Uhl

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480-385-027

Home Instead

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Dining Room Meals

Take Out Orders

602-443-5424

Housekeeping Services

Quatasha Warren

Quatasha.Warren@christiancare.org

602-443-5420



Staff Directory

Maintenance Jason Hernandez Jason.Hernandez@christiancare.org 480-385-0065	Transportation Tony Lopez TonyLopez@christiancare.org 602-424-9443
Resident Navigator Jesse Elwood Jesse.Elwood@christiancare.org 602-443-9450	Vice President of Operations Kerri Felix Kerri.Felix@christiancare.org 602-443-5439
Security Customer Service 602-443-5400	Wellness/Fitness Center Ben Evans Ben.Evans@christiancare.org 602-443-5484
Social Services Jamie Childress Jamie.Childress@christiancare.org 602-443-5417	Work Orders Maintenance Work Orders phxworkorder@christiancare.org 602-424-9432



Meet your provider

Shaun Java, FNP-C My name is Shaun Java, and I am a nurse practitioner at Curana Health. I began my healthcare career as a registered nurse in 2012, and I have worked in a variety of settings, including orthopedics, telemetry, progressive cardiac care, intensive care, and preop/recovery. I graduated with my Bachelor of Science in Nursing degree in 2012 from Grand Canyon University. I returned in 2024, graduating with my Master of Science in Nursing degree as a family nurse practitioner. I am certified by the American Association of Nurse Practitioners. I chose this profession because I care about people, and I want to help prevent seniors from needing to go to the hospital. There are situations that are unavoidable, such as accidents, but I believe that most chronic conditions can be managed through prevention. I have had many hobbies, such as aerial dance, golf, and riding motorcycles. I am curious about drones and currently use a drone flight simulator to practice the skill.



curanahealth.com

ELVIS *is in the Building*



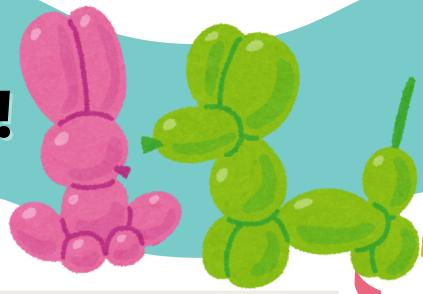
Activity Room

WEDNESDAY, JANUARY 7TH

3:00PM

Sign Up at the Concierge Desk

This is Where the **FUN** Happens!



THE LIBRARIAN IS IN!

Thursday, January 8th
1:30PM in the Garden Cafe

- A Librarian from the Cholla Library is coming to YOU!
- Sign Up for a Library Card
- Check Out & Return Books
- Ask Questions
- Get Help with Checking Out Audiobooks

FURRY FASHION SHOW

Wednesday, January 14th
3:00PM in the Activity Room

All pets MUST be friendly and able to be around other pets

- Dress your pet to the (ca)nines for National Dress Your Pet Day
- Furry Fashion Show
- Pet Friendly Snacks

****Sign Up in the Activity Book****

ADVENTURE CLUB INFORMATION SESSION

Thursday, January 22nd
1:30PM in the Activity Room

- Come learn about our new club!
- No commitment required to attend the meeting

****Sign Up in the Activity Book****

NAME THAT TUNE

Friday, January 9th
3:00PM in the Activity Room

- Come put your skills to the test
- Name tunes from across the decades
- Winner gets bragging rights!

****Sign Up in the Activity Book****

MY TRASH, YOUR TREASURE & PRECIOUS METAL APPRAISAL

Friday, January 16th
11:00AM in the Activity Room

- Setup starts at 10:00AM
- Anything left will be donated

****Sign Up in the Activity Book to Reserve a Table****

LIP SYNC BATTLES

Friday, January 23rd
3:00PM in the Activity Room

- Pick your favorite song and bust a move
- No vocal skills required, just a special song!

****Sign Up in the Activity Book****

Campus Outings

Adventure is Out There!



FAST EDDIE'S

Monday, January 12th
11:00AM

- Nothing is better than food with friends
- \$10-\$20 for lunch

****Sign Up in the Transportation Book****

CHOLLA LIBRARY

Wednesday, January 22nd
11:00AM

- Check out books
- Return books

****Sign Up in the Transportation Book****

ROSSON HOUSE TOUR

Friday, January 23rd
10:15AM-1:00PM

- \$14+ money for lunch at Pizzeria Bianco
- Tour is 1 hour long

****Sign Up in the Transportation Book****

ORGAN STOP PIZZA

Monday, January 26th
2:30PM

- About \$10-\$20
- Live music and pizza

****Sign Up in the Transportation Book****

TALIESIN WEST

Friday, January 30th
8:30AM

- \$54 (donut and coffee included)
- Minimum of 19 needed to go
- Tour Frank Lloyd Wright's winter home

****Sign Up in the Transportation Book****

OUTING OR MEAL OUT SUGGESTIONS?

Any Day or Time

- Leave a note on Sarah's
- Stop by her office for a chat

Minimum of 5 needed to go on trips

Return times are approximate.

Your Weekly Ride Guide

Driven to Serve!



Monday

Wednesday

9:00 am Fry's

11:30 am Fry's 10% Off (1/7)

1:30 pm Fry's

1:30 pm Fry's 10% Off (1/7)

1:30 pm Bank Run

1:30 pm Walmart or Khol's (1/14 & 1/28)

Friday

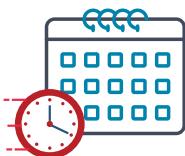
9:00 am Post Office (1/2, 1/16)

10:00 am Safeway, Walgreens or CVS

Tuesday & Thursday

Medical Run

8:00 am to 2:00 pm | Doctor & Dentist Appointments



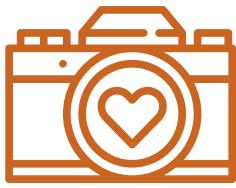
Got an appointment coming up?

Be sure to let Transportation know **at least 48 hours** in advance if you need a ride.

Fill out an appointment slip and leave it on the Transportation door.



Your pick-up time will depend on your appointment time. You will get a **Blue Slip** in your box to let you know when to be outside for pick-up!



Amazing



Memories



Chaplain's Happenings



The Soundtrack of Our Stories

As we step into a brand-new year, there's something special about January. It feels like the first note of a fresh song—one that hasn't been fully written or sung yet. Our lives are made up of many chapters, many emotions, and many memories, and together they create *the soundtrack of our stories*. Some parts are upbeat and joyful, others slow and reflective, but every movement matters. Every measure has purpose.

This month, let's remember that our stories are still being written. No matter our age or season of life, God is still composing, arranging, and orchestrating something meaningful.

Psalm 40:3 says, “He put a new song in my mouth, a song of praise to our God.”

What a wonderful reminder that life is full of new verses, new harmonies, and new beginnings.

Each year, Heather and I take time in late November or December to prayerfully plan our goals. We write them in this order—**spiritual, family, health, work, and financial**—because when God is first, life stays in harmony. We begin working on them in January and review every quarter to stay focused and encouraged.

This year is especially meaningful, as Heather and I celebrate **20 years of marriage**. One of our dreams for 2026 is a special anniversary trip—possibly to Iceland! Wherever we end up, planning it together is part of the joy and part of our story.

Whether your new year feels like a love song, a worship anthem, a gentle lullaby, or a hopeful symphony, remember this: **you are not finished, and God is not done**. I pray that your 2026 be a year of purpose, growth, peace, and a soundtrack worth remembering.

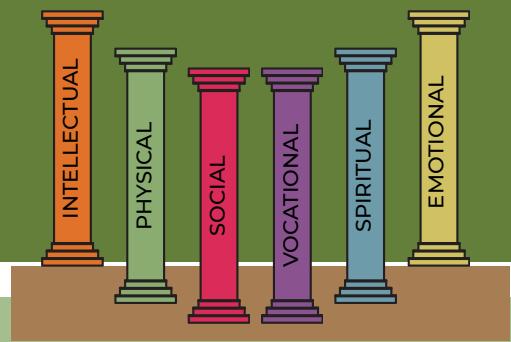
Here's to a new year, a new song, and new stories.

With blessings, Chaplain Joey

Prayer Groups

Group	Day of The Week	Time	Location
Northridge 1 st Floor	Tuesdays	3:00PM	Northridge 1 st Floor Lounge
Northridge 2 nd Floor	Wednesdays	1:00PM	Northridge 2 nd Floor Lounge
Northridge 3 rd Floor	Tuesdays	10:00AM	Northridge 3 rd Floor Lounge
Centerview 1 st Floor & Garden Homes	Tuesdays	2:45PM	Private Dining Room
Centerview 2 nd Floor	Mondays	10:30AM	Centerview 2 nd Floor Lounge
Centerview 3 rd Floor	Mondays	10:00AM	Centerview 3 rd Floor Lounge
Southgate 1 st Floor	Mondays	10:30AM	Southgate 1 st Floor Lounge
Southgate 2 nd Floor	Thursdays	2:00PM	Southgate 2 nd Floor Lounge
Southgate 3 rd Floor	Thursdays	2:00PM	Southgate 3 rd Floor Lounge

Health & Wealth



New Year, New Adventure Club

The AC is designed for residents who still feel the pull of curiosity and the joy of getting out and doing. It is a chance to step beyond the everyday routine and experience life together through movement, exploration, and shared discovery. From scenic hikes and nature walks to outdoor outings, mini golf, and local excursions, Adventure Club offers opportunities to stay active while having fun and building real connections.

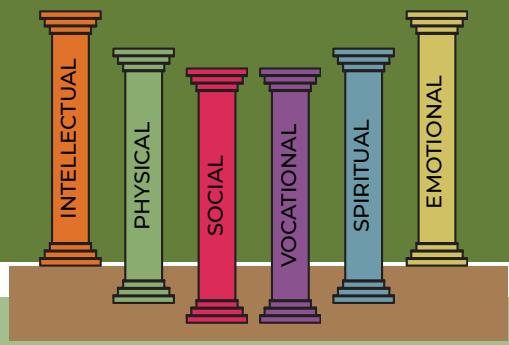
Each outing is thoughtfully planned to be safe, supportive, and enjoyable for *all* ability levels, with the focus placed on participation rather than performance. Whether we are enjoying fresh air on a trail, laughing our way through a round of mini golf, or heading out for a community adventure, every experience is about engagement, conversation, and creating moments worth remembering.

Adventure Club is not about checking items off a list. It is about rediscovering the excitement of trying something new, staying socially connected, and proving that adventure does not have an age limit. Life is still meant to be explored, and this club is an open invitation to keep moving forward, together.



By- Ben Evans

Health & Wealth



A Word from... The Man in the Window

A new year is upon us, and with it comes an opportunity for impact. If you could “fix the world” what one thing would you like change? At Fellowship Square Phoenix our legacy plan is to fix our world by providing care, support, and housing to help them live with dignity and independence. What is your legacy plan? Would you like to join us in our endeavor? To learn more about legacy planning, please contact



Dan at Dan.Selby@christiancare.org.

For questions please contact, Gene Sanders at 602-682-2986 or e-mail Eugene.Sanders@christiancare.org

Start Your Year Strong: Set Health Goals That Matter

A new year is a great time to focus on what matters most—your health and well-being. Setting a few simple, meaningful health goals can help you stay independent, active and out of the hospital in the year ahead.

START WITH PREVENTIVE CARE

- Schedule your routine checkups, annual visits and recommended screenings.
- Aim to stay active with gentle daily movement, eat balanced meals and stay hydrated.
- Set goals - join a group activity, walk with friends, or drink an extra glass of water.

Consult your healthcare provider before making changes to your diet or exercise routines.

Curana Health is here to support you.
We're just a call away: 602-613-5917.

 **CURANA**
HEALTH.
CHMG-2025-0295-12925

Fellowship friends

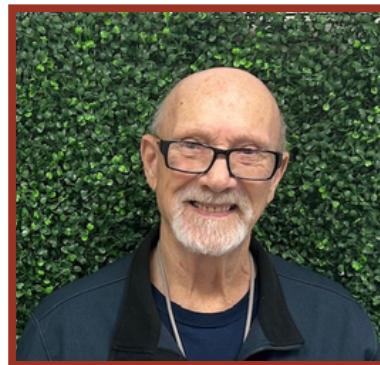
Welcome Home!



Sally B.



Katy P.



James P.



Diana Y.



Ruey Y.



Kay M.



Dorothy B.

With Heartfelt Sympathy!



Charlotte S.

January Birthdays

JoAnn McAnerney	1.1	3115	Ann Sharpe	1.17	1313
Jerry Burroughs	1.2	3117	Bonnie Shadowens	1.17	GH. 10
Ona Thompson	1.4	2201	Jan Kobahsi	1.17	2214
Sue Johnson	1.5	3316	Drew Crook	1.21	GH. 3
Charlotte Esposito	1.6	GH. 11	Mary Kaczmarcyk	1.23	GH. 23
Jan Burroughs	1.6	3117	Joleen Standley	1.24	1310
Mary Kehle	1.13	2102	Lynnette Worley	1.26	GH. 26
Barbara Rezac	1.13	1101	Joanne Lutzow	1.26	3200
Kenneth Scheub	1.13	3102	Jan Forshee	1.26	3214
Jan Earhart	1.14	1325	Georgia Snyder	1.28	3100
Jacki Kuhn	1.15	3222	Robert Shadowens	1.28	GH. 10
Barbara Filosi	1.16	3313	Elaine Goble	1.30	1215

Resident-Led Activity Groups

Group Name	Day of The Week	Time	Location
Farkle	Mondays	1:00PM	Centerview 2 nd Floor Lounge
Book Club	Every 3 rd Monday	3:00PM	Library
Bingo	Mondays	6:00PM	Activity Room
Lap Quilts	Tuesdays	9:30AM	Activity Room
Hand & Foot	Tuesdays	5:30PM	Activity Room
Pinochle	Wednesdays	12:30PM	Activity Room
Bunco	Wednesdays	6:00PM	Activity Room
Cornhole	Thursdays Saturdays	8:00AM 3:00PM	Activity Room Fitness Center
Music & Melodies	Thursdays	10:00AM	Library
Bridge	Fridays	11:30AM 6:00PM	Centerview 2 nd Floor Lounge Activity Room
LCR	Fridays	12:30PM	Garden Cafe
Rummikub	Saturdays	12:00PM	Activity Room
Game Night	Saturdays	6:00PM	Garden Cafe