

# MARCH 2026- Full S.T.E.A.M. Ahead

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11:30am Church Service (M1AR) 1</p> <p>3:00pm Worship Service - Chaplain Joey Sampaga (AR)</p>	<p>2</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>9:00am Shopping: Fry's</p> <p>9:30am Stretch &amp; Flex (AR)</p> <p>10:30am Fall Risk Assessments (FC)</p> <p>10:30am Move if you Know It (NN)</p> <p>11:00am Cornhole (FC)</p> <p>11:30am Chair Yoga with Kelley (AR)</p> <p>11:30am Shopping: Savers, Home Goods, or Target</p> <p>1:00pm Billiards (N2FL)</p> <p>1:00pm Farkle (C2FL)</p> <p>1:30pm Shopping: Fry's</p> <p>2:00pm Open Gym (FC)</p> <p>2:00pm Catholic Mass (AR)</p> <p>2:30pm Rosary (AR)</p> <p>6:00pm Bingo (AR)</p>	<p>3</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Mindful Living (L)</p> <p>9:30am Lap Quilts (AR)</p> <p>11:00am Fending off Falls (FC)</p> <p>11:00am Hope Looks Up (AR)</p> <p>12:30pm Wii Bowling (AR)</p> <p>1:30pm Adventure Club (NN)</p> <p>1:30pm Bingo (AR)</p> <p>2:00pm GriefShare (PDR)</p> <p>2:00pm Open Gym (FC)</p> <p>2:30pm Craft Club* (GC)</p> <p>3:00pm Tacos &amp; Takeoff: Conversations about Science (AR)</p> <p>5:30pm Hand &amp; Foot (AR)</p>	<p>4</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>10:00am Bible Study (AR)</p> <p>10:30am Fun &amp; Games (FC)</p> <p>11:00am Billiards (N2FL)</p> <p>11:00am Breaking Bread (AR)</p> <p>11:30am Shopping: Fry's 10% Off</p> <p>12:30pm Pinochle (C2FL)</p> <p>1:30pm Bank Run</p> <p>1:30pm Shopping: Fry's 10% Off</p> <p>1:30pm Winning Wednesday: Concentration (AR)</p> <p>2:00pm Friends of Bill W Meeting (PDR)</p> <p>2:00pm Open Gym (FC)</p> <p>3:00pm Oreo Origins* (AR)</p> <p>5:00pm Mic Drop Moments (NN)</p> <p>6:00pm Bunco (AR)</p>	<p>5</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Cornhole (AR)</p> <p>8:00am Morning Strolls (PG)</p> <p>10:00am Research for Life Presentation (AR)</p> <p>10:00am Music &amp; Melodies (L)</p> <p>10:30am Tai chi (FC)</p> <p>11:00am Fending Off Falls (FC)</p> <p>11:30am "Move to the Beat" Chair Exercise with Kelley (AR)</p> <p>12:30pm Thinkin' Thursday: Words in Words (GC)</p> <p>1:00pm Wellness Wisdom (L)</p> <p>2:00pm Open Gym (FC)</p> <p>3:00pm Bible Study - Manor 1 (AR)</p> <p>3:00pm Happy Birthday Party!! (Invite Only) (AR)</p>	<p>6</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>9:00am Post Office</p> <p>9:30am Balance &amp; Mobility (AR)</p> <p>9:45am Discovery Day* (PG)</p> <p>10:00am Shopping: Safeway, Walgreens or CVS</p> <p>11:30am Bridge (C2FL)</p> <p>11:30am Open Gym (FC)</p> <p>12:30pm LCR (NN)</p> <p>2:00pm Choir Practice (ODR)</p> <p>3:00pm Mad Science* (AR)</p> <p>3:00pm Hand Bells (ODR)</p> <p>6:00pm Bridge (AR)</p>	<p>7</p> <p>9:00am Bullseye Buddies (AR)</p> <p>10:30am Bingo (AR)</p> <p>12:00pm Rummikub (AR)</p> <p>1:30pm Cinema Saturday: UP! (AR)</p> <p>3:00pm Cornhole (FC)</p> <p>6:00pm Game Night (GC)</p>
<p>8</p> <p>11:30am Church Service (M1AR)</p> <p>3:00pm Worship Service - Ptr. Bud Downs (AR)</p>	<p>9</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>9:00am Shopping: Fry's</p> <p>9:00am Meal Out: Ronnie's Cafe</p> <p>9:30am Stretch &amp; Flex (AR)</p> <p>10:30am Fall Risk Assessments (FC)</p> <p>10:30am Move if you Know It (NN)</p> <p>11:00am Cornhole (FC)</p> <p>11:30am Chair Yoga with Kelley (AR)</p> <p>1:00pm Billiards (N2FL)</p> <p>1:00pm Farkle (C2FL)</p> <p>1:30pm Shopping: Fry's</p> <p>2:00pm Open Gym (FC)</p> <p>2:00pm Catholic Communion Service (AR)</p> <p>2:30pm Rosary (AR)</p> <p>6:00pm Bingo (AR)</p>	<p>10</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Mindful Living (L)</p> <p>9:30am Lap Quilts (AR)</p> <p>10:00am Mary Kay Cosmetics (GC)</p> <p>11:00am Fending off Falls (FC)</p> <p>11:00am Hope Looks Up (AR)</p> <p>12:30pm Wii Bowling (AR)</p> <p>1:30pm Adventure Club (NN)</p> <p>1:30pm Bingo (AR)</p> <p>2:00pm GriefShare (PDR)</p> <p>2:00pm Open Gym (FC)</p> <p>2:30pm Craft Club* (GC)</p> <p>3:00pm Tacos &amp; Takeoff: History of Technology (AR)</p> <p>5:30pm Hand &amp; Foot (AR)</p>	<p>11</p> <p>7:30am Men's Breakfast (DR)</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>10:00am Bible Study (AR)</p> <p>10:00am Blood Pressure Clinic (C2FL)</p> <p>10:30am Fun &amp; Games (FC)</p> <p>11:00am Billiards (N2FL)</p> <p>11:00am Breaking Bread (AR)</p> <p>12:30pm Pinochle (C2FL)</p> <p>1:30pm Bank Run</p> <p>1:30pm Shopping: Super Walmart or Kohl's</p> <p>1:30pm Winning Wednesday: Wheel of Fortune (AR)</p> <p>2:00pm Friends of Bill W Meeting (PDR)</p> <p>2:00pm Open Gym (FC)</p> <p>3:00pm Gather 'Round the Apple Tree* (AR)</p> <p>5:00pm Mic Drop Moments (NN)</p> <p>6:00pm Bunco (AR)</p>	<p>12</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Cornhole (AR)</p> <p>8:00am Morning Strolls (PG)</p> <p>10:00am Music &amp; Melodies (L)</p> <p>10:00am Chef Chat (AR)</p> <p>10:30am Tai chi (FC)</p> <p>11:00am Fending Off Falls (FC)</p> <p>11:30am "Move to the Beat" Chair Exercise with Kelley (AR)</p> <p>12:30pm Thinkin' Thursday: Jeopardy (GC)</p> <p>1:00pm Wellness Wisdom (L)</p> <p>1:30pm The Cholla Librarian is In! (GC)</p> <p>2:00pm Open Gym (FC)</p> <p>3:00pm Bible Study - Manor 1 (AR)</p> <p>3:00pm Thirsty Thursday: Fizzy Formula* (L)</p>	<p>13</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>9:30am Outing: Musical Instrument Museum*\$</p> <p>9:30am Balance &amp; Mobility (AR)</p> <p>10:00am Shopping: Safeway, Walgreens or CVS</p> <p>11:30am Bridge (C2FL)</p> <p>11:30am Open Gym (FC)</p> <p>12:30pm LCR (NN)</p> <p>2:00pm Choir Practice (ODR)</p> <p>3:00pm Hand Bells (ODR)</p> <p>3:00pm FRY-day!* (GC)</p> <p>6:00pm Bridge (AR)</p>	<p>14</p> <p>Pi Day</p> <p>9:00am Bullseye Buddies (AR)</p> <p>10:30am Bingo (AR)</p> <p>12:00pm Rummikub (AR)</p> <p>1:30pm Cinema Saturday: Pie in the Sky (AR)</p> <p>3:00pm Cornhole (FC)</p> <p>6:00pm Outing: NVSO</p>
<p>15</p> <p>11:30am Church Service (M1AR)</p> <p>3:00pm Worship Service - Ptr. Arnie Frank (AR)</p>	<p>16</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>9:00am Shopping: Fry's</p> <p>9:30am Stretch &amp; Flex (AR)</p> <p>10:30am Fall Risk Assessments (FC)</p> <p>10:30am Move if you Know It (NN)</p> <p>11:00am Cornhole (FC)</p> <p>11:30am Chair Yoga with Kelley (AR)</p> <p>11:30am Shopping: Arrowhead Mall</p> <p>1:00pm Billiards (N2FL)</p> <p>1:00pm Farkle (C2FL)</p> <p>1:30pm Shopping: Fry's</p> <p>2:00pm Open Gym (FC)</p> <p>2:00pm Catholic Communion Service (AR)</p> <p>2:30pm Rosary (AR)</p> <p>3:00pm Book Club Meeting (L)</p> <p>6:00pm Bingo (AR)</p>	<p>17</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Mindful Living (L)</p> <p>9:30am Lap Quilts (AR)</p> <p>10:30am Boutique on Wheels (NN)</p> <p>11:00am Fending off Falls (FC)</p> <p>11:00am Hope Looks Up (AR)</p> <p>11:00am Avon (GC)</p> <p>12:30pm Wii Bowling (AR)</p> <p>1:30pm Adventure Club (NN)</p> <p>1:30pm Bingo (AR)</p> <p>2:00pm GriefShare (PDR)</p> <p>2:00pm Open Gym (FC)</p> <p>2:30pm Craft Club* (GC)</p> <p>3:00pm St. Patrick's Day Shenanigans* (AR)</p> <p>5:30pm Hand &amp; Foot (AR)</p>	<p>18</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>10:00am Bible Study (AR)</p> <p>10:30am Fun &amp; Games (FC)</p> <p>11:00am Billiards (N2FL)</p> <p>11:00am Breaking Bread (AR)</p> <p>11:00am Outing: Cholla Library</p> <p>12:30pm Pinochle (C2FL)</p> <p>1:00pm Low Vision Group (N3FL)</p> <p>1:00pm Mending &amp; Sewing Repair (AR)</p> <p>1:30pm Bank Run</p> <p>1:30pm Winning Wednesday: Guess Who (AR)</p> <p>2:00pm Friends of Bill W Meeting (PDR)</p> <p>2:00pm Open Gym (FC)</p> <p>3:00pm Meet the Author: Ben Evans* (AR)</p> <p>5:00pm Mic Drop Moments (NN)</p> <p>6:00pm Bunco (AR)</p>	<p>19</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Cornhole (AR)</p> <p>8:00am Morning Strolls (PG)</p> <p>10:00am Music &amp; Melodies (L)</p> <p>10:00am Vet to Vet (AR)</p> <p>10:30am Tai chi (FC)</p> <p>11:00am Fending Off Falls (FC)</p> <p>11:00am Walker and Scooter Repair*</p> <p>11:30am "Move to the Beat" Chair Exercise with Kelley (AR)</p> <p>12:30pm Thinkin' Thursday: Trivia (GC)</p> <p>1:00pm Wellness Wisdom (L)</p> <p>1:30pm Town Hall Meeting (AR)</p> <p>2:00pm Open Gym (FC)</p> <p>3:00pm History of Epoch Times Arizona* (AR)</p> <p>3:00pm Bible Study - Manor 1 (AR)</p>	<p>20</p> <p>7:30am Open Gym (FC)</p> <p>8:00am Morning Strolls (PG)</p> <p>9:00am Senior Fit (AR)</p> <p>9:00am Post Office</p> <p>9:30am Balance &amp; Mobility (AR)</p> <p>10:00am Shopping: Safeway, Walgreens or CVS</p> <p>10:15am Outing: Cerreta Candy Co.*\$</p> <p>11:30am Shopping: Trader Joe's or Whole Foods</p> <p>11:30am Bridge (C2FL)</p> <p>11:30am Open Gym (FC)</p> <p>12:30pm LCR (NN)</p> <p>1:30pm Happenings &amp; Highlights (AR)</p> <p>2:00pm Choir Practice (ODR)</p> <p>3:00pm Hand Bells (ODR)</p> <p>6:00pm Bridge (AR)</p>	<p>21</p> <p>9:00am Bullseye Buddies (AR)</p> <p>10:00am Spring Fling (PG)</p> <p>12:00pm Rummikub (AR)</p> <p>3:00pm Cornhole (FC)</p> <p>6:00pm Game Night (GC)</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:30am Church Service (M1AR) 22 3:00pm Worship Service - Tom Haney (AR)	7:30am Open Gym (FC) 23 8:00am Morning Strolls (PG) 9:00am AARP Taxes (L) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:30am Fall Risk Assessments (FC) 10:30am Move if you Know It (NN) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 1:00pm Billiards (N2FL) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Open Gym (FC) 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 3:30pm Meal Out: Anzio's 6:00pm Bingo (AR)	7:30am Open Gym (FC) 24 8:00am Morning Strolls (PG) 9:00am Mindful Living (L) 9:30am Lap Quilts (AR) 11:00am Fending off Falls (FC) 12:30pm Wii Bowling (AR) 1:30pm Adventure Club (NN) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm Open Gym (FC) 2:30pm Craft Club* (GC) 3:00pm Tacos & Takeoff: Accidental Inventions (AR) 5:30pm Hand & Foot (AR)	7:30am Open Gym (FC) 25 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 10:00am Bible Study (AR) 10:30am Fun & Games (FC) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 12:30pm Pinochle (C2FL) 1:30pm Bank Run 1:30pm Shopping: Super Walmart or Kohl's 1:30pm Winning Wednesday: Horse Races (AR) 2:00pm Friends of Bill W Meeting (PDR) 2:00pm Open Gym (FC) 3:00pm Winedown* (AR) 5:00pm Mic Drop Moments (NN) 6:00pm Bunco (AR)	7:30am Open Gym (FC) 26 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 10:00am Music & Melodies (L) 10:30am Tai chi (FC) 11:00am Fending Off Falls (FC) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Brain Teasers (GC) 1:00pm Wellness Wisdom (L) 2:00pm Open Gym (FC) 3:00pm Bible Study - Manor 1 (AR) 3:00pm Renew & Chew (Invite Only) (AR)	7:30am Open Gym (FC) 27 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 11:30am Bridge (C2FL) 11:30am Open Gym (FC) 12:30pm LCR (NN) 2:00pm Choir Practice (ODR) 3:00pm Hand Bells (ODR) 3:00pm Fondue Friday!* (GC) 6:00pm Club Fellowship* (AR) 6:00pm Bridge (C2FL)	9:00am Bullseye Buddies (AR) 28 10:30am Bingo (AR) 12:00pm Rummikub (AR) 1:30pm Entertainment: Leslie Findley (Pianist) (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)
11:30am Church Service (M1AR) 29 3:00pm Worship Service Ptr. David Jerome (AR)	7:30am Open Gym (FC) 30 8:00am Morning Strolls (PG) 9:00am AARP Taxes (L) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 10:30am Fall Risk Assessments (FC) 10:30am Move if you Know It (NN) 11:00am Cornhole (FC) 11:30am Chair Yoga with Kelley (AR) 1:00pm Billiards (N2FL) 1:00pm Farkle (C2FL) 1:30pm Shopping: Fry's 2:00pm Open Gym (FC) 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	7:30am Open Gym (FC) 31 8:00am Morning Strolls (PG) 9:00am Mindful Living (L) 9:30am Lap Quilts (AR) 11:00am Fending off Falls (FC) 12:30pm Wii Bowling (AR) 1:30pm Adventure Club (NN) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm Open Gym (FC) 2:30pm Craft Club* (GC) 3:00pm Tacos & Takeoff: Art Heists (AR) 5:30pm Hand & Foot (AR)	LOCATION Activity Room (AR) Centerview 2nd FL Lounge (C2FL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Library (L) Manor 1 Activity Room (M1AR) Neighborhood Nook (NN) Northridge 2nd FL lounge (N2FL) Northridge 3rd Floor Lounge (N3FL) Oasis Dining Room (ODR) Prayer Garden (PG) Private Dining Room (PDR)	* For Any activity followed by an asterisk(*), please sign up at the concierge desk!	 FELLOWSHIP SQUARE PHOENIX	