



## FELLOWSHIP SQUARE MONTH-AT-A-GLANCE MENU - MARCH 2026

*Happy St. Patrick's Day*

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |  |  |
|---|---|--|--|---|--|---|--|--|
| <b>1 Chicken Noodle Soup</b>  | <b>2 Cheddar Broccoli Soup</b>  | <b>3 Chicken Tortilla Soup</b>   | <b>4 Chickpea Soup w/Pancetta</b>  | <b>5 Cream of Broccoli</b>  | <b>6 New England Clam Chowder</b>  | <b>7 French Onion Soup</b>  |  |  |
| Baked Orange Roughy<br>Chicken Cordon Blue<br>Roast Au Jus<br>Egg Salad Croissant<br><br>Baked Potato<br>String Beans w/ Parmesan & Bacon<br>Fried Okra<br>Lemon Meringue                               | Chef's Special<br>Pastrami Sandwich<br>Smothered Pork Chops<br>Crab Cakes<br><br>Potato Salad<br>Sauteed Cabbage<br>String Beans<br><br>Assorted Desserts                             | Chili Con Carne<br>Chicken Fajitas<br>White Fish Supreme<br>Bean & Cheese Burrito<br><br>Spanish Rice<br>Elote Corn<br>Spinach with Onions<br><br>Flande Queso (Creamy Flan)               | Chef's Special<br>Chicken Pot Pie<br>Pastitsio Lasagna<br>Penne a la Vodka<br><br>Garlic Thyme Mash<br>Butter Broccoli<br>Butter Carrots<br><br>Brownies   | Chicken Tender w/ Dip Sauce<br>Sloppy Joes<br>Baked Whitefish<br>Veggie White Chili<br><br>Potato Salad<br>Green Beans w/ Bacon<br>Mixed Vegetables<br><br>Strawberry Rhubarb Crisp | Chef's Special<br>Fish n' Chips<br>Roast Chicken Thighs<br>Egg Salad Croissant<br><br>Steak Fries<br>Butter Peas<br>Roasted Carrots<br><br>Chocolate Cake w/ Peanut Butter Frosting  | Braised Cube Steak w/Mushroom<br>Herb Crusted Whitefish<br>Hot Ham n Cheese Sandwich<br>Black Bean Burger Melt<br><br>Au Gratin Potatoes<br>Butter Broccoli<br>Peas n Carrots<br><br>Cookies                |  |  |
| <b>8 Cream of Asparagus Soup</b>  | <b>9 Chicken Noodle Soup</b>  | <b>10 Beef Pozole</b>  | <b>11 Lentil &amp; Sausage Soup</b>  | <b>12 Split Pea &amp; Ham Soup</b>  | <b>13 Shrimp Bisque Soup</b>   | <b>14 Tomato Basil Soup</b>   |  |  |
| Roast Beef Au Jus<br>Glazed Baked Salmon<br>Ham Steak<br>Spinach Feta Quiche<br><br>Baked Potato<br>Glazed Baby Carrots<br>Acorn Squash<br><br>Blueberry Pie  | Chef's Special<br>Ranch Chicken Sandwich<br>Baked Whitefish<br>Black Bean Burger<br><br>Garlic Parmesan Tater Tots<br>Green Beans w/ Bacon<br>Butter Carrots<br><br>Assorted Desserts | Hardshell Beef Taco<br>Shredded Pork Burrito<br>Baked Whitefish w/ Pico<br>Bean & Cheese Burrito<br><br>Spanish Rice<br>Sweet Corn<br>Roasted Zucchini<br><br>Churros                      | Chef's Special<br>Chipped Beef on a Biscuit<br>Moussaka (Greek Lasagna w/ Eggplant)<br>Veggie Patty with Cheddar<br><br>Cheddar Mash<br>Lima Beans w/ Bacon<br>Sugar Snap Peas<br><br>Carrot Cake  | French Dip Sandwich<br>Tilapia Scampi<br>Roast Chicken Thighs<br>Three Cheese Quiche<br><br>Steak Fries<br>Butter Broccoli<br>Peas n Carrots<br><br>Sock It To Me Cake              | Chef's Special<br>Crabcakes w/ Hollandaise<br>Chicken Fried Steak<br>Tomato Avocado Melt<br><br>Butter n Cream Mashed Potato<br>Green Beans n Bacon<br>Butter Carrots<br><br>Apple Crisp   | Spaghetti w/ Meat Sauce/Garlic Bread<br>Whitefish Supreme<br>Kielbasa & Kraut<br>Egg Salad Sandwich<br><br>Mashed Potatoes<br>Mixed Vegetables<br>Brussel Sprouts<br><br>Chocolate Pudding w/ Whipped Cream |  |  |
| <b>15 Cream of Asparagus</b>  | <b>16 Chili Soup</b>  | <b>17 Popeye Potato Soup</b>   | <b>18 Cream of Sweet Potato Soup</b>   | <b>19 Navy Bean Soup</b>  | <b>20 Tuscan Chowder</b>   | <b>21 Chicken Rice Soup</b>   |  |  |
| Roast Turkey with Stuffing<br>Fried Catfish<br>Roast Beef Au Jus<br>Cheese Strada<br><br>Baked Sweet Potato<br>Butter Broccoli<br>Brown Sugar Glazed Carrots<br><br>Apple Pie                           | Chef's Special<br>Cornish Hen<br>Baked Whitefish<br>Malibu Burger<br><br>Dijon Roasted Potato<br>Asparagus<br>Mixed Vegetables<br><br>Assorted Desserts                               | Braised Corn Beef<br>Fish n Chips<br>Bangers n Mash<br>Grilled Portobello Mushroom Sandwich<br><br>Roasted Potatoes<br>Braised Cabbage<br>Roasted Carrots<br><br>St. Patrick's Day Parfait | Beef Brisket<br>Skepasti (Greek Quesadilla)<br>BBQ Pulled Pork<br>Egg Salad Sandwich<br><br>Cheddar Mashed Potatoes<br>Green Beans n Bacon<br>Creamed Corn<br><br>Baklava  | Chili Dogs<br>Chicken Fried Steak<br>Baked Whitefish<br>Tomato Avocado Melt<br><br>Baked Potato<br>Buttered Carrots<br>Sugar Snap Peas<br><br>Peach Cobbler                         | Scampi Tilapia<br>Peppers n Sausage<br>Stuffed Peppers<br>Cheese Tortellini<br><br>Roasted Potatoes<br>Butter Peas<br>Spinach Au Gratin<br><br>Banana Cream Pie  | Sloppy Joes<br>Roast Chicken<br>Quiche Lorraine<br>Black Bean Cheddar Burger<br><br>Garlic Thyme Mashed Potato<br>Buttered Broccoli<br>Mixed Vegetables<br><br>Ice Cream Sandwich                           |  |  |
| <b>22 Cream of Chicken</b>  | <b>23 Beef &amp; Barley Soup</b>  | <b>24 Taco Chowder</b>   | <b>25 Egg of Lemon Soup</b>  | <b>26 Three Bean &amp; Ham Soup</b>   | <b>27 Shrimp &amp; Andouille Chowder</b>   | <b>28 Italian Wedding Soup</b>  |  |  |
| Braised Roast Beef<br>Roast Chicken<br>Kielbasa w/ Caramelized Onions & Kraut<br>Three Cheese & Broccoli Quiche<br><br>Potato Pancakes<br>Broccoli & Cheese<br>Sweet Corn with Butter<br><br>Cherry Pie | Chef's Special<br>Meatloaf<br>Chicken Salad Sandwich<br>Malibu Burger Cheddar<br><br>Cheddar Mashed Potatoes<br>Brussel Sprouts w/ Bacon<br>Butter Carrots<br><br>Assorted Desserts   | BBQ Brisket<br>Beer Batter Fish Tacos<br>Veggie Chorizo Quesadilla<br>Bean & Cheese Burrito<br><br>Spanish Rice<br>Elote Corn<br>Green Beans w/ Bacon<br><br>Rice Pudding                  | Chef's Special<br>Reuben Sandwich<br>Athenian Chicken<br>Tomato Avocado Melt<br><br>Roasted Lemon Potatoes with Oregano<br>Mixed Vegetables<br>Spaghetti Squash<br><br>Chocolate Mocha Cake  | Roast Beef<br>Braised Pork Chop<br>Baked Whitefish<br>Italian Grilled Cheese Sandwich<br><br>Macaroni n Cheese<br>Butter Broccoli<br>Peas n Carrots<br><br>Cherry Cobbler           | Chef's Special<br>Shrimp Scampi<br>Beer Battered Cod<br>Pasta a la Vodka<br><br>Potato Pancake<br>String Beans<br>Spinach n Onions<br><br>Pineapple Nut Cake   | BBQ Chicken<br>Liver & Onions<br>Whitefish Supreme<br>Egg Salad Sandwich<br><br>Mashed Potatoes<br>Buttered Cauliflower<br>Sweet Corn<br><br>Apple Strudel  |  |  |
| <b>29 Potato Cheese Soup</b>  | <b>30 Potato Leek Soup</b>  | <b>31 Bean and Bacon Soup</b>  | <b>DINING ROOM HOURS:</b><br>Sunday: 11am to 3pm<br>Monday – Saturday<br>Lunch: 11:30am – 2 pm<br>Dinner – 4pm – 7pm<br><br><b>BISTRO HOURS:</b><br>Sunday: 7am – 12pm<br>Brunch – 10am – 12pm<br>Monday – Saturday<br>Breakfast: 7am – 11am<br>Lunch/Dinner: 11am – 7pm |   | <b>Monday – Saturday:</b><br>Lunch: 12:00pm, 1:00pm,<br>Dinner: 4:00pm, 5:00 pm or 6:00 pm<br><b>Sunday:</b> 12:00pm, 1:00pm or 2:00pm<br>Times are subject to change depending on the number of meals placed for delivery.<br><b>CONTACT NUMBER FOR DELIVERY:</b><br>520-731-6680 |   | <b>MENU ITEMS AVAILABLE EVERY DAY:</b><br>SOUP: Vegetable<br>SALADS: Gelatin Salad, Tossed Salad with Dressing<br>Cottage Cheese, Mashed Potatoes, Potato du Jour<br>ENTREES: Veggie Burger, Grilled Chicken Breast, Grilled Cheese Sandwich, Cheese Omelet or Scrambled Eggs w/Toast, Home Fries, Bacon or Sausage Patties.<br><b>GLUTEN FREE:</b><br>Gluten Free Lentil Patties,<br>Gluten Free Bread<br><b>FLAVOR OF THE MONTH: Rocky Road</b><br><b>DESSERT:</b> Fresh fruit in place of dessert upon request. |  |
| Chicken Cordon Blue<br>Beef Tri Tip<br>Turkey Salad Croissant<br>Three Cheese Quiche<br><br>Baked Potato<br>Brussel Sprouts w/ Bacon<br>Asparagus<br><br>Boston Cream Pie                               | Chef's Special<br>Chicken Fried Steak<br>Tuna Melt<br>Grilled Spinach Feta<br><br>Cheddar Mashed Potatoes<br>Mixed Vegetables<br>Flat Beans<br><br>Assorted Desserts                  | Chicken Quesadilla<br>Chili Con Carne<br>Bean & Cheese Burrito<br>Tofu Tacos<br><br>Spanish Rice<br>Lima Beans<br>Chuckwagon<br><br>Churros  |  |   |  |   |  |  |