



March 16<sup>th</sup> Thru March 22<sup>nd</sup> 2026

**SALADS**

**Kick-in Kimchi Salad (V)**

Spinach, orange, kimchi, feta, sesame seeds, fresh cilantro + sesame ginger dressing.  
Add: Chicken Breast or Shrimp

**Mediterranean Salad (V)**

Chopped romaine, fresh tomato, artichokes, Greek olives, black beans, lemon wedge, sesame seeds.  
Add: Chicken Breast or Shrimp

**Chicken Caesar Salad**

Romaine lettuce tossed with Caesar dressing and topped with grilled chicken

**Fruit & Cottage Cheese Plate (V)**

A combination of fresh seasonal fruit and cottage cheese served with a bran muffin

**MAIN COURSE**

**Pan Seared Barramundi (Mild white fish)\***

Topped with blood orange butter sauce

**Grilled Pork Chop**

Topped with blueberry white balsamic reduction

**Carne Asada (Steak) Burrito Bowl**

A bed of rice topped with charro beans, fajita veggies, chicken, guacamole, salsa, cheddar, and sour cream

**Liver & Onions**

Topped with caramelized onions

**Meat Lasagna**

Served with garlic bread

**Roasted Vegetable & Quinoa Bowl (V)**

A bed of quinoa topped with spinach, zucchini, mushrooms, carrots and roasted peppers

**The Big “V” Burrito (V)**

Tortilla filled with potatoes, black beans, spinach, red onion, tofu, and Pico De Gallo

**Grilled Chicken Breast**

Served with your choice of sides

**SANDWICHES & BURGERS**

**Gold Canyon Burger \***

Your choice of cheddar, Swiss, or American cheese

**Impossible Burger (V)**

Gluten Free vegan patty topped with your choice of cheese

**All Beef Hot Dog**

1/4 pound hot dog on a bun with your choice of sides

**Chicken, Fig, and Apple Grilled Cheese**

Whole wheat bread, cheddar cheese, and fig spread

**Chicken Quesadilla**

Flour tortilla topped with cheese, chicken, peppers, and onions

**Avocado Black Bean Burger (V)**

Brioche bun topped with black bean patty, cheese, lettuce and tomato

**SIDES**

**Ala Carte Sides \$1.50**

French Fries

Sweet Potato Fries

Potato Salad (V)

Potato Chips

Fruit Salad

Cottage Cheese

Applesauce

Soup of the Day

Dessert of the Day

Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk for foodborne illness.