

# Grand Grab and Go Menu

Monday April 6<sup>th</sup> – Sunday April 12<sup>th</sup>

## Salads & Sandwiches

**Roast Beef & Barely Buzzed Cheddar** – Italian hoagie roll topped with roast beef, barley buzzed cheddar cheese (From Utah), lettuce, tomato, and Gulden's mustard

**Croissant Club Sandwich** – Lettuce, tomato, ham, turkey, bacon, Swiss and mayo

**Smoked Brisket Sandwich** – Italian steak roll, smoked brisket, pickled red onions, roasted garlic mayo, Hatch chili gouda

**Chicken Salad Croissant** – Homemade chicken salad on a croissant with lettuce and tomato

**Chopped Salad** – Mixed green topped with chicken, tomato, avocado, corn, bacon and bleu cheese

## Heat & Serve Entrees

**Chicken Parmesan**– Pasta, tomato sauce, breaded chicken topped with tomato sauce and cheese served with zucchini

**Chicken Cordon Bleu** – Served with vegetables, mashed potatoes and gravy

## Heat & Serve Entrees

### Tuesday Special

## Build Your Own Salad Bowl

### Salads & Toppings

Bibb Lettuce · Field Organic Greens · Romaine Hearts

Roasted Beets · Radish · Cucumber · Tomato · Olives · Avocado · Red Onion · Carrots

Bacon · Egg · Pistachios · Pepitas · Cranberries

Blue Cheese · Goat Cheese · Feta

Raspberry Vinaigrette · Buttermilk Dressing · Herb Vinaigrette

### Proteins

Grilled Herb and Garlic Shrimp

Citrus Grilled Chicken Breast

Churrasco Flank Steak

## **Monday April 13<sup>th</sup> thru Sunday April 19<sup>th</sup>**

### **Salads & Sandwiches**

**Pastrami Sandwich** – Marble rye topped with lettuce, tomato, horseradish & chive havarti cheese and pastrami

**Provolone Ham Sandwich** – Whole wheat, ham, provolone, peppadew pepper mayo

**Cashew Chicken Wrap** – Cashews, chicken salad, lettuce, tomato, in a tortilla wrap

**Turkey Vegetable Wrap** – Tortilla wrap filled with mayo, spinach, cucumber, red onion and tomato

**Cobb Salad** – A bed of lettuce topped with bacon, bleu cheese, chicken, tomato, and Swiss

### **Heat & Serve Entrees**

**Lemon Herb Tea Poached Salmon** – Salmon delicately poached in lemon herb tea served on a bed of cauliflower rice with vegetables

**Honey Sriracha BBQ Chicken** – Chicken topped with honey sriracha BBQ sauce, pineapple salsa, and served with roasted potatoes and vegetable

### **Tuesday Special**

#### **Farmhouse Buffet**

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Mixed greens with tomatoes, cucumbers, shaved carrots and croutons with choice of dressings

##### **Fruit platter**

With cantaloupe, honeydew, pineapple and seasonal berries

Homemade Meatloaf with honey -ketchup glaze

Grilled Chicken with mustard cream sauce and chives

Roasted garlic mashed potato

Roasted vegetable medley

**Monday April 20<sup>th</sup> thru April 26<sup>th</sup>**  
**Salads & Sandwiches**

**Chipotle Turkey & Avocado Sandwich** – Hoagie roll topped with turkey, bacon, avocado spread, chipotle mayo, lettuce, and tomato

**Steak & Bacon Sandwich** – Ciabatta Roll, carved flank steak, applewood smoked bacon, roasted red peppers, caramelized onion jam, lettuce, and herb mayo

**Chicken & Prosciutto Sandwich** – Focaccia bread topped with chicken, prosciutto, fontina cheese, and fig spread

**Thai Steak Sandwich** – Steak roll topped with marinated steak and mango basil salad

**Chef Salad** – A bed of lettuce topped with ham, turkey, cheddar, Swiss, hard-boiled egg and tomato

**Heat & Serve Entrees**

**Chicken & Broccoli Alfredo** – Pasta tossed with alfredo sauce, broccoli, and chicken

**Grilled Shrimp Skewers** – Topped with a zesty peach glaze served on a bed of rice pilaf and vegetables

**Tuesday Special**

**Taco Tuesday Buffet**

Chicken or Steak Tacos

Charro Beans, Spanish Rice

Red Salsa, Green Salsa, Sour Cream, Guacamole, Cheese, Lettuce, Diced Tomatoes

## **Monday April 27<sup>th</sup> thru May 3<sup>rd</sup>**

### **Salads & Sandwiches**

**The Big Beef Sandwich** - 1000 Island, lettuce, tomato, provolone, marbled rye and roast beef

**Strawberry Turkey Wrap** – Sliced strawberries, lettuce, tomatoes, turkey, and mayo in a tortilla wrap

**Tuna Salad Sandwich** – Whole wheat bread, tuna salad, lettuce and tomato

**Grilled Chicken Sandwich**, roasted red peppers, spinach, pesto mayo, Ciabatta

**Mandarin Salad** – Shrimp, carrots, bell peppers, mandarin oranges, sesame chicken

### **Heat & Serve Entrees**

**Pineapple Mango Glazed Ham** – Served with scalloped potatoes and vegetables

**Chicken Caprese** – Chicken topped with heirloom tomatoes, basil, mozzarella cheese, and fig balsamic glaze served with cauliflower rice and vegetables

### **Tuesday Special**

#### **Baked Potato Bar**

Your choice of Baked Potato or Baked Yam

Your choice of toppings

Broccoli, Bacon, Italian Sausage, Tomatoes, Green Onions, Salsa, Chili, Bell Peppers,

Sour Cream, Butter, Cheddar Cheese, Mushrooms, Queso Fresco, Avocado