

HAPPENINGS AT THE SQUARE

May 2026



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Viva Las Vegas

Step into the glitz and glamour of Viva Las Vegas this May—a theme all about fun, entertainment, and just a little bit of luck! Inspired by the excitement of the Strip, this month is filled with lively games, social events, and chances to feel like a high roller right here at home.

Sip and socialize at Thirsty Thursday with the High Roller, then take a trip each week with Friday Flights as we “travel” to different themed destinations. Test your luck and guessing skills with The Price is Right: Vegas Edition, and sing along to the classics during Name That Tune: Elvis Edition. It’s all about fun, laughter, and a little bit of friendly competition throughout the week!

Enjoy special trips to Turf Paradise for live horse racing and to Talking Stick Casino for even more excitement. Prefer to stay close to home? We’ll bring the fun to you with horse racing right here on campus and wrap up the month with our very own Casino Night.

With plenty of opportunities to connect, play, and win big, it’s a month you won’t want to miss!



Staff Directory

<p><u>Activity & Event Coordinator</u> Sarah Garcia Sarah.Garcia@christiancare.org 602-443-5421</p>	<p><u>Covenant Home Health</u> Lori Martin Lori.Martin@christiancare.org 602-443-5441</p>
<p><u>Activities Assistant</u> Katy Freitas Katlynn.Freitas@christiancare.org 602-424-9426</p>	<p><u>Dining Room Meals</u> Take Out Orders 602-443-5424</p>
<p><u>Beauty Barber Shop</u> Sue Widdison Gaye Wineland 602-443-5422</p>	<p><u>Dining Room Supervisor</u> Melissa Celaya Melissa.Celaya@christiancare.org 602-443-5468</p>
<p><u>Chaplain</u> Joey Sampaga Joey.Sampaga@christiancare.org 602-443-5486</p>	<p><u>Director of Resident Experience</u> Amy Borders Amy.Borders@christiancare.org 602-443-5419</p>
<p><u>Community Advancement Officer</u> Gene Sanders Eugene.Sanders@christiancare.org 602-682-2986</p>	<p><u>Director of Sales</u> Lyn Soare Lyn.Soare@christiancare.org 602-385-1590</p>
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Staff Directory

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941-408-5867

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Home Instead

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homeinstead.com/837

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602-443-5420

Vice President of Operations

602-443-5439

Maintenance

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Wellness/Fitness Center

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Ben.Evans@christiancare.org
602-443-5484

Resident Navigator

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602-443-9450

Work Orders

Maintenance Work Orders
phxworkorder@christiancare.org
602-424-9432

Security

Customer Service
602-443-5400

You are invited to a

CASINO NIGHT!

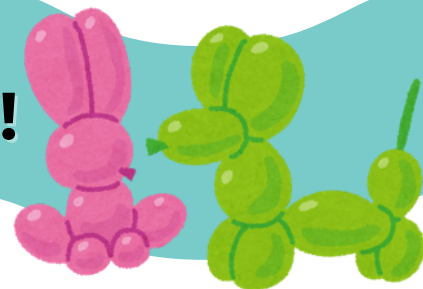


Friday, May 29th
At 5pm in the Activity Room

- 100% **FREE** event
- Dress in your Vegas best
- Various casino games
- Chance to win **PRIZES**

Sign up at the concierge desk!

This is Where the **FUN** Happens!



TRIVIA CLUB

Tuesdays in May

11:00AM in the Neighborhood Nook

- Test your knowledge in a wide variety of Trivia!
- Play as a team or on your own

FRIDAY FLIGHTS

Fridays in May

10:30AM in the Activity Room

- Travel the word from the comfort of home!
- Learn about interesting topics

GOLD STAR TEACHERS

Wednesday, May 6th

3:00PM in the Activity Room

- It's Teacher Appreciation Week!
- Come share stories of your time teaching as we celebrate YOU!

****Sign Up in the Activity Book****

JUMPIN' WITH THE FROGS

Wednesday, May 13th

3:00PM in the Activity Room

- National Frog Jumping Day
- Frog Races & Prizes

****Sign Up in the Activity Book****

THE PRICE IS RIGHT

Friday, May 15th

12:30PM in the Activity Room

- This round is Vegas Edition!
- See if you can guess these Vegas Prices!

****Sign Up in the Activity Book****

NAME THAT TUNE

Friday, May 22nd

12:30PM in the Activity Room

- See how many Elvis tunes you can name just by hearing a snippet!

****Sign Up in the Activity Book****

HAPPENINGS & HIGHLIGHTS

Friday, May 22nd

1:30PM in the Activity Room

- Hear firsthand all the fun in store for next month
- Be the first to sign up for outings & activities

JUNE JUMPSTART

Wednesday, May 27th

1:30PM in the Activity Room

- Come learn about our new month-long program!
- Get a sneak peek at some June fun!

****Sign Up in the Activity Book****

Campus Outings

Adventure is Out There!



TURF PARADISE

*Friday, May 1st
12:30PM-3:30PM*

- Admission is FREE
- Indoor seating with A/C
- Bring money for placing bets

****Sign Up with Sarah or Katy****

TEXAS ROADHOUSE

*Monday, May 11th
3:00PM*

- \$20-\$30
- Make new friends over a meal!

****Sign Up in the Transportation Book****

TALKING STICK CASINO

*Friday, May 15th
9:00AM-1:00PM*

- Enjoy different games
- Eat lunch out

****Sign Up in the Transportation Book****

CHOLLA LIBRARY

*Wednesday, May 20th
11:00AM*

- Check Out Books
- Return Books

****Sign Up in the Transportation Book****

PETER PIPER PIZZA

*Monday, May 25th
11:30AM*

- \$10 buffet
- Make new friends over a meal!

****Sign Up in the Transportation Book****

DO YOU HAVE ANY SUGGESTIONS??

*Any Day
Any Time*

- Stop by Sarah's office
- Leave a note on Sarah's door

****Minimum of 5 needed to go on trips****

Return times are approximate.

Your Weekly Ride Guide

Driven to Serve!



Monday

9:00 am Fry's

1:30 pm Fry's

11:30 am Home Depot (5/4)

11:30 am Petsmart, DD's Discount, or Ross (5/18)

Wednesday

11:30 am Fry's 10% Off (5/6)

1:30 pm Fry's 10% Off (5/6)

1:30 pm Bank Run

1:30 pm Walmart (5/13, & 5/27)

Friday

9:00 am Post Office (5/1 & 5/15)

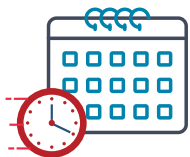
10:00 am Safeway, Walgreens or CVS

11:30 am Trader Joe's or Whole Foods (5/8)

Tuesday & Thursday

Medical Run

8:00 am to 2:00 pm | Doctor & Dentist Appointments

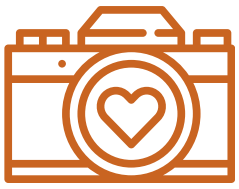


Got an appointment coming up?

Be sure to let Transportation know **at least 48 hours** in advance if you need a ride.

Fill out an appointment slip and leave it on the Transportation door.

- ✓ Your pick-up time will depend on your appointment time. You will get a **Blue Slip** in your box to let you know when to be outside for pick-up!



April Snapshots!



Fun Times with Friends



Chaplain's Happenings



Viva Las Vegas

This month at Fellowship Square our theme is “Viva Las Vegas.” When most people think of Las Vegas, they think of bright lights, entertainment, Elvis, and a little bit of chance. It’s a place where people often say, “Let’s see what happens.” The city is known for excitement and unpredictability, where people never quite know what the next moment might bring.

Sometimes life can feel that way too. We don’t always know what tomorrow will bring. Life takes unexpected turns, and we sometimes find ourselves entering seasons we never planned for.

But the good news of our faith is that our lives are not left to chance. Our lives are in the hands of a faithful God. Even when things feel uncertain to us, nothing is uncertain to Him.

The Bible reminds us:

“The heart of man plans his way, but the Lord establishes his steps.”
— Proverbs 16:9

I would also like to give a warm welcome to the many new residents who have recently moved here to Fellowship Square. Moving into a new community can be a big transition. For many, it means leaving a home filled with years of memories and familiar routines. That kind of change can be difficult, and it’s completely understandable to feel that way.

Please know that you are not alone. Many of the residents here have walked through that same transition and understand what it feels like to begin a new chapter. Sometimes the hardest part of a new chapter is simply taking the first step, but many wonderful friendships and memories are waiting just around the corner. We hope that Fellowship Square will soon feel not just like a new place to live, but a place to belong.

Our staff, Chaplain Services, and the entire Fellowship Square community truly care about you. It is a privilege for us to walk alongside you. If you would ever like prayer, someone to talk with, or simply a friendly visit, please do not hesitate to reach out.

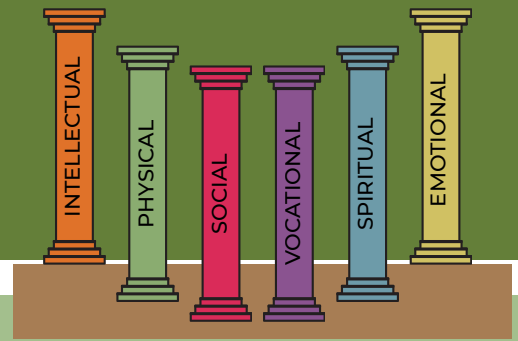
May this month be filled with encouragement, new friendships, and the reminder that God is faithfully guiding each step of our journey.

Take Care & God Bless, Chaplain Joey

Prayer Groups

Group	Day of The Week	Time	Location
Northridge 1 st Floor	Tuesdays	3:00PM	Northridge 1 st Floor Lounge
Northridge 2 nd Floor	Wednesdays	1:00PM	Northridge 2 nd Floor Lounge
Northridge 3 rd Floor	Tuesdays	10:00AM	Northridge 3 rd Floor Lounge
Centerview 1 st Floor & Garden Homes	Mondays	2:45PM	Private Dining Room
Centerview 2 nd Floor	Mondays	10:30AM	Centerview 2 nd Floor Lounge
Centerview 3 rd Floor	Mondays	10:00AM	Centerview 3 rd Floor Lounge
Southgate 1 st Floor	Mondays	10:30AM	Southgate 1 st Floor Lounge
Southgate 2 nd Floor	Thursdays	2:00PM	Southgate 2 nd Floor Lounge
Southgate 3 rd Floor	Thursdays	2:00PM	Southgate 3 rd Floor Lounge

Health & Wealth



Progress in our wellness programs is not about perfection. It is about steady, meaningful improvement that supports independence, confidence, and overall quality of life. Each week, we take time to observe how residents are moving, feeling, and engaging in daily activities. These check ins help us understand what is working well and where we can provide additional support.

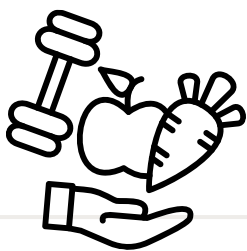
Progress can show up in many different ways. It might be improved balance, increased strength, or better mobility. It can also be something as simple and powerful as standing up with more ease, walking a little farther without fatigue, or feeling confident enough to participate in a class or social activity. These moments may seem small, but they are the building blocks of long term success.

We track these changes consistently so that no improvement goes unnoticed. This allows us to celebrate each win, no matter the size, and to adjust programs to better fit each resident's needs and abilities. Our goal is to meet every individual where they are and help them move forward safely and effectively.

By focusing on personal progress rather than comparison, we create a supportive and encouraging environment. Residents are empowered to stay active, remain engaged, and take pride in what they are accomplishing. Over time, these small steps forward add up to meaningful changes that enhance daily life and overall well being.



By- Ben Evans



Water Aerobics

Tuesdays & Thursdays

9:00AM

Pool

WELLNESS highlights

Flow & Flexibility

Thursdays

10:30AM

Fitness Center



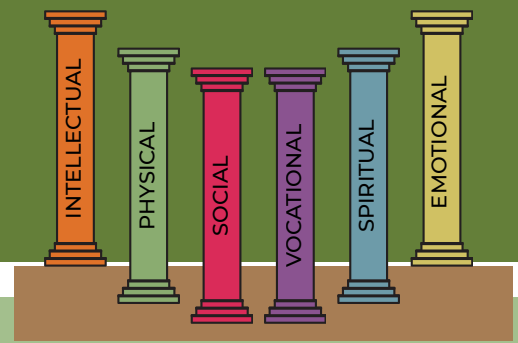
Indoor Games

Tuesdays & Thursdays

10:00AM

Fitness Center

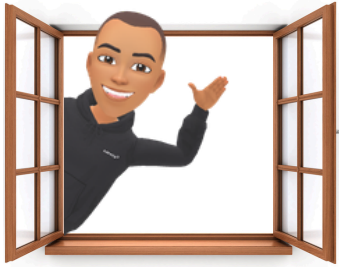
Health & Wealth



A Word From... The Man in the Window

Plant Today. Harvest Forever.

A Charitable Gift Annuity is like planting an orchard on your own land. Each season, you enjoy a reliable harvest while future generations benefit from its shade and nourishment. Your investment provides two benefits: a steady income for today and lasting hope for tomorrow. One thoughtful planting creates a lifetime of return and a legacy that keeps giving.



For questions please contact, Gene Sanders at 602-682-2986 or e-mail Eugene.Sanders@christiancare.org

Mental Health Awareness Month

Caring for Your Mind Is Part of Caring for Your Health: As we age, it's normal to experience changes in mood, sleep, memory, or stress levels. Life transitions, health concerns, loss, or feeling isolated can all affect how we feel emotionally.

IN SUPPORT OF MENTAL HEALTH, CURANA HEALTH PROVIDES:

- Compassionate providers who listen and understand how you're feeling.
- Medication review and management as related to mood, sleep, or anxiety.
- Behavioral health support, when appropriate, through coordinated care.
- Support for stress, sleep, and emotional changes from chronic conditions..
- Care coordination with specialists if additional support is needed.

Interested in scheduling an appointment or learning more?
Call 602-613-5917 or visit CuranaHealth.com



Fellowship Friends

Welcome Home!



Ed J.



Richard F.



Barbara D.



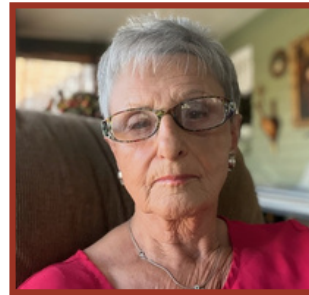
Ginger D.



Steve D.



Phil N.



Ingrid N.



Pat K.



Marilyn S.



Cheryl C.



Carol W.



Delores G.

START HERE!

*Tuesday, May 12th
9:30AM in the Activity Room*

- Let's get you settled in right!
- Get questions answered and find activities you enjoy!

NEIGHBORS & NEW BEGINNINGS

*Wednesday, May 27th
3:00PM in the Activity Room*

- Meet fellow new residents and seasoned ones too!

May Birthdays

Sandy Peterson	5/3	1212
Harold Williams	5/4	3211
Ken Pfister	5/5	2112
Marjorie Wills	5/5	3100
Robert Chung	5/13	3109
Suzanne Cash	5/13	3114
Sandra Thompson	5/14	3104
Joan Hockamier	5/14	1209
Wilma Chambers	5/16	1208
Sherry Jancovich	5/18	2200

Bill Kelleher	5/19	GH-13
Paul May	5/20	3202
Toni Forcine	5/21	3103
Doris Blackaby	5/22	1315
Lavon Johnson	5/26	3315
Judy Pavlick	5/27	GH-9
Dorcas Fisher	5/28	2115
Lexie Nelson	5/30	3310
Dolores Gasbarra	5/31	1101

Resident-Led Activity Groups

Group Name	Day of The Week	Time	Location
Mahjong	Mondays	12:00PM	Southgate 2 nd Floor Lounge
Farkle	Mondays	1:00PM	Centerview 2 nd Floor Louge
Book Club	Every 3 rd Monday	3:00PM	Library
Bingo	Mondays	6:00PM	Activity Room
Lap Quilts	Tuesdays	9:30AM	Activity Room
Hand & Foot	Tuesdays	5:30PM	Activity Room
Pinochle	Wednesdays	12:30PM	Centerview 2 nd Floor Lounge
Karaoke	Wednesdays	5:00PM	Neighborhood Nook
Bunco	Wednesdays	6:00PM	Activity Room
Cornhole	Thursdays Saturdays	8:00AM 3:00PM	Activity Room Fitness Center
Music & Melodies	Thursdays	10:00AM	Library
Bridge	Fridays	11:30AM 6:00PM	Centerview 2 nd Floor Lounge Activity Room
LCR	Fridays	12:30PM	Neighborhood Nook
Rummikub	Saturdays	12:00PM	Activity Room
Game Night	Saturdays	6:00PM	Garden Cafe