



June 15<sup>th</sup> Thru June 21<sup>st</sup> 2026

**SALADS**

**Kick - In Kimchi Salad (V)**

A bed of spinach topped with mandarian oranges, kimchi, feta, sesame seeds, cilantro, and sesame ginger dressing Add: Chicken or Shrimp

**Apple Summer Salad (V)**

A bed of mixed greens topped with roasted Fuji apples, pecans, and goat cheese Add: chicken or shrimp

**Chicken Caesar Salad**

Romaine lettuce tossed with Caesar dressing and topped with grilled chicken

**Fruit & Cottage Cheese Plate (V)**

A combination of fresh seasonal fruit and cottage cheese served with a bran muffin

**MAIN COURSE**

**Grilled Swordfish\***

Topped with pinon dill sauce

**Honey Lime Glazed Chicken Breast**

Topped with black bean salsa (American Diabetes Association)

**BBQ Ribs**

Served with your choice of sides

**Spaghetti & Meatballs**

Served with garlic bread

**Grilled Shrimp**

Served with mango mint salsa (Diabetes & Heart Healthy Meal for Two:AHA)

**Vegetable & Quinoa Bowl (V)**

A bed of quinoa topped with spinach, zucchini, mushrooms, carrots and roasted peppers

**The Big "V" Burrito (V)**

Tortilla filled with potatoes, black beans, red onion, tofu and Pico De Gallo

**Grilled Chicken Breast**

Served with your choice of sides

**SANDWICHES & BURGERS**

**Gold Canyon Burger \***

Your choice of cheddar, Swiss, or American cheese

**Impossible Burger (V)**

Gluten Free vegan patty topped with your choice of cheese

**All Beef Hot Dog**

1/4 pound hot dog on a bun with your choice of sides

**Croissant Club Sandwich**

A flaky croissant topped with ham, turkey, bacon, Swiss, lettuce, tomato and mayo

**Chicken Quesadilla**

Flour tortilla topped with cheese, chicken, peppers, and onions

**Mushroom Black Bean Burger(V)**

Brioche bun topped with black bean patty, mushrooms, onions, lettuce and tomato

**SIDES**

**Ala Carte Sides \$1.50**

French Fries

Sweet Potato Fries

Tomato Cucumber Salad (V)

Potato Chips

Fruit Salad

Cottage Cheese

Applesauce

Soup of the Day

Dessert of the Day

Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk for foodborne illness. \* These items can be cooked to order.