

**Location Key** 

Off Site Transportation  
 Off Site Activity  
 Onsite Activity  
 Onsite Events  
 \*New to Square



# July

			<p>1                  8:45am Sit &amp; Be Fit(V2GR)                  9am - 2pm Doc / Dentist                  Appointments                  9am &amp; 10am Fry's / CVS                  9:30am Balance Level 2 (Gym)                  10am Bible Study (V2GR)                  11am Banks / Injoy                  1pm Walmart Market / Safeway</p>	<p>2                  8am Water Fit (V2 W. Pool)                  9am - 2pm Doc / Dentist                  Appointments                  9:30am Balance Level 3 (V2GR)                  10am Stretch &amp; Flex (V2GR)                  10am Bible Study (V4CR)                  1pm Balance &amp; Strength Yoga                  (V2GR)                  2:15pm Chair Yoga (V2GR)  <b>6:30pm 3<sup>rd</sup> Annual 4<sup>th</sup> of July                  Celebration</b>                  (V4 East side grass area)</p>	<p>3                  8am Water                  Volleyball (V2 W.                  Pool)                  8:45am Sit &amp; Be                  Fit(V2GR)                  9am-12pm Loop 1                  9am-12pm Loop 2</p>	<p>4    <b>Happy                  Birthday                  America</b>  </p>
--	--	--	---	--	---	--

<p>5                  3pm Church                  Services                  (V2GR)</p>	<p>6                  8am Water Fit (V2 W. Pool)                  9am Cardio Drum (V2GR)                  9am Fry's / Goodwill                  10am Fry's / Hobby Lobby                  11am Target / Safeway  <b>10:30am Adventures in Art                  (V2GR)</b>                  1pm Tai Chi Standing (V2GR)                  1pm Bible Study (V1CH)                  1pm Walmart                  1:35pm Tai Chi Sitting (V2GR)  <b>2:30pm Movie at The Square                  (V2GR)</b>                  3pm Wheelchair Repair (V4)</p>	<p>7                  8am Walking Club (V2Gym)                  9am - 2pm Doc / Dentist                  Appointments                  9:15am Balance 1 (Gym)                  10:30am Catholic Mass (V2GR)                  1pm Balance &amp; Strength Yoga                  (V2GR)                  2:15pm Chair Yoga (V2GR)</p>	<p>8                  8:45am Sit &amp; Be Fit(V2GR)                  9am - 2pm Doc / Dentist                  Appointments                  9am &amp; 10am Fry's / CVS                  9:30am Balance Level 2 (Gym)                  10am Bible Study (V2GR)                  11am Banks / Injoy                  1pm Walmart Market / Safeway  <b>8:00pm Night Under the Stars                  (V2 E. Ramada Lawn)                  sign up with Activities to                  attend.</b></p>	<p>9                  8am Water Fit (V2 W. Pool)                  9am - 2pm Doc / Dentist                  Appointments                  9:30am Balance Level 3 (V2GR)                  10am Stretch &amp; Flex (V2GR)                  10am Bible Study (V4CR)                  1pm Balance &amp; Strength Yoga                  (V2GR)                  2:15pm Chair Yoga (V2GR)</p>	<p>10                  8am Water                  Volleyball (V2 W.                  Pool)                  8:45am Sit &amp; Be                  Fit(V2GR)                  9am-12pm Loop 1                  9am-12pm Loop 2                  1pm Veterans                  Round Table Talk                  (V2MPR)                  4pm Pre Shabbat                  Service with the                  Rabbi Ceitlin                  (V3CH)                  6pm-8pm                  Dancing at the                  Square (V2GR)</p>	<p>11  <b>8am Ostrich                  Farm</b>                  11am Saturday                  at the Opera                  (V2GR)</p>
--	---	--	--	--	---	--



# JULY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12</p> <p>3pm Church Services (V2GR)</p>	<p>13</p> <p>8am Water Fit (V2 W. Pool) 9am Cardio Drum (V2GR) 9am Fry's / Goodwill 10am Fry's / Hobby Lobby 11am Target / Safeway 1pm Walmart 1pm Tai Chi Standing (V2GR) 1pm Bible Study (V1CH) 1:35pm Tai Chi Sitting (V2GR)</p>	<p>14</p> <p>8am Walking Club (V2Gym) 9am-2pm Doc / Dentist Appointments 9:15am Balance 1 (Gym) 10:30am Catholic Mass (V2GR) <b>12:30pm Watercolor (V2MPR)</b> 1pm Balance &amp; Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)</p>	<p>15</p> <p>8:45am Sit &amp; Be Fit(V2GR) 9am - 2pm Doc / Dentist Appointments 9am &amp; 10am Fry's/ CVS 9:30am Balance Level 2 (Gym) 10am Bible Study (V2GR) 11am Banks / Injoy 1pm Walmart Market / Safeway <b>1:30pm Line Dancing (V2GR)</b> <b>2pm Trivia (V2MPR)</b> <b>5pm - Dinner at P.F. Chang's</b></p>	<p>16</p> <p>8am Water Fit (V2 W. Pool) 9am-2pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Stretch &amp; Flex (V2GR) 10am Bible Study (V4CR) <b>11:15am Bookmobile</b> 1pm Balance &amp; Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)</p>	<p>17</p> <p>8am Water Volleyball (V2 W. Pool) 8:45am Sit &amp; Be Fit(V2GR) 9am-12pm Loop 1 9am-12pm Loop 2</p>	<p>18</p> <p><b>1pm Movie at the square (V2GR)</b></p>
<p>19</p> <p>3pm Church Services (V2GR)</p>	<p>20</p> <p>8am Water Fit (V2 W. Pool) <b>9:00am - Breakfast at Biscuits Country Cafe</b> 9am Cardio Drum (V2GR) <b>10:30am Arizona Tales (V2GR)</b> 9am Fry's / Goodwill 10am Fry's / Hobby Lobby 11am Target / Safeway 1pm Tai Chi Standing (V2GR) 1pm Walmart 1pm Bible Study (V1CH) 1:35pm Tai Chi Sitting (V2GR) <b>2:30pm Resident Birthday Party (V2GR)</b></p>	<p>21</p> <p>8am Walking Club (V2Gym) 9am - 2pm Doc / Dentist Appointments 9:15am Balance 1 (Gym) 10:30am Catholic Mass (V2GR) <b>10-1pm Susan Tek Hearing Screening V2 Lobby</b> 1pm Balance &amp; Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)</p>	<p>22</p> <p>8:45am Sit &amp; Be Fit(V2GR) 9am - 2pm Doc / Dentist Appointments 9am &amp; 10am Fry's/ CVS 9:30am Balance Level 2 (Gym) 10am Bible Study (V2GR) 11am Banks / Injoy 1pm Walmart Market / Safeway <b>1pm Stroke Prevention talk with Bayada (V2GR)</b> <b>3pm Crafting with Activities (V2GR)</b></p>	<p>23</p> <p>8am Water Fit (V2 W. Pool) 9am-2pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Stretch &amp; Flex (V2GR) 10am Bible Study (V4CR) 1pm Balance &amp; Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)</p>	<p>24</p> <p>8am Water Volleyball (V2 W. Pool) 8:45am Sit &amp; Be Fit(V2GR) 9am-12pm Loop 1 9am-12pm Loop 2</p>	<p>25</p> <p>11am Saturday at the Opera (V2GR)</p>
<p>26</p> <p>3pm Church Services (V2GR)</p>	<p>27</p> <p>8am Water Fit (V2 W. Pool) 9am Cardio Drum (V2GR) 9am Fry's / Goodwill 10am Fry's / Hobby Lobby 11am Target / Safeway 1pm Walmart 1pm Tai Chi Standing (V2GR) 1pm Bible Study (V1CH) 1:35pm Tai Chi Sitting (V2GR)</p>	<p>28</p> <p>8am Walking Club (V2Gym) 9am - 2pm Doc / Dentist Appointments 9:15am Balance 1 (Gym) 10:30am Catholic Mass (V2GR) <b>12:30pm Watercolor (V2MPR)</b> 1pm Balance &amp; Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)</p>	<p>29</p> <p>8:45am Sit &amp; Be Fit(V2GR) 9am - 2pm Doc / Dentist Appointments 9am &amp; 10am Fry's/ CVS 9:30am Balance Level 2 (Gym) 10am Bible Study (V2GR) 11am Banks / Injoy 1pm Walmart Market / Safeway <b>4pm Cyber Security Presentation Q&amp;A (V2MPR)</b> <b>5pm - Dinner at Golden Corral Buffet &amp; Grill</b></p>	<p>30</p> <p>8am Water Fit (V2 W. Pool) 9am-2pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Stretch &amp; Flex (V2GR) 10am Bible Study (V4CR) 1pm Balance &amp; Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)</p>	<p>31</p> <p>8am Water Volleyball (V2 W. Pool) 8:45am Sit &amp; Be Fit(V2GR) 9am-12pm Loop 1 9am-12pm Loop 2</p>	