



THE Bright Side NEWSLETTER

July 2026



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Dear Residents,

As we welcome the new month of July, I want to take a moment to reflect on the fantastic month we had in June. It was truly a joy to see everyone enjoying our lemon-themed activities and participating in all the fun events we organized. Your enthusiasm and engagement made it a memorable experience for all!

Now, as we cruise into July, get ready to board the red and white cruise ship at Fellowship Square! We have an exciting lineup of activities planned, and I can't wait to share them with you. This month is all about embracing the summer spirit and creating wonderful memories together.

I hope everyone is making the most of this beautiful season and living their best lives. Remember, we're here to support each other, and I'm thrilled to embark on this cruise with all of you as we travel to some delightful destinations.

Thank you for being such amazing residents. Let's make July a month filled with joy, laughter, and adventure!

Always, Jenni



Hebrews 13:5

“I will never leave you
nor forsake you”.

Dan Brookey, Chaplain

Red, White, and Blue. This motto identifies us as an American and develops us into a nation. This nation gives credence to, what I believe, is “One Nation Under God.” This July is a special time for celebrating the 250th anniversary of America. We have come a long way since the signing of the Declaration of Independence. We are a strong people with a defined sense to “Love Your Neighbor as Yourself.” That is, as we know, the motto of the Christian Church and a command instituted by God himself. There are few things which are imparted to us that have such a profound effect on our wellbeing. Roughly eight to ten generations have passed since we became a nation in 1776. From independence under British rule to placing men on the moon and contemplating a trip to Mars, the United States has excelled in government systems, industry, finances, and many other systematic and societal aspects of human life. Unfortunately, we will never attain perfection, but we can strive to be the best in all areas of life.

Our theme for this month is Red, White, and Cruise. This sounds somewhat counterintuitive to Red, White, and Blue but the thing that coincides, in my mind, is the result of having lived as a United States. We continue to prosper and excel as though we are continuing to live, not toward a goal, but for the journey. Melanie and I have been fortunate to have been on several cruises that have taken us to many desired locations throughout the world. The destination has not been the result of each of the trips. No, it is the journey that keeps us moving forward. On one trip we took overseas, I remember coming home through customs. I dread going through customs but this one time we heard those words “Welcome Home” which reminded us of how awesome it is to live in the free country. As a believer in Jesus, I know where I am ultimately going at the end of this journey called life. I am headed to everlasting life – praise God! Scripture says; “This is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent.” John 17:3

Keep cruising, enjoy the journey, live each day to the full and pray for our great United States of America – HAPPY 250th BIRTHDAY AMERICA! God Bless,
Chaplain Dan



Health & Wellness Newsletter BONNIE BRISCOE / RETIRED NURSE

Dear Family and Friends,

We do indeed have a God who provides for all our needs, beyond our knowledge or desires. This month, I want to visit with you about the relationship between Faith and Health.

Our faith strongly influences our experiences of health and illness, birth and death. The Bible shares this promise, "Good News gives health to our bones." (Pr. 15:30). Life is therefore a gift from God.

A study of 4,000 older adults discovered that those who attended weekly religious services and those who prayed or did devotions daily were 40% less likely to suffer from high blood pressure.

Author of all life is our own dear God. What a privilege we have to care for the life He has so lovingly blessed us with.

Some basic ways we can care for this awesome gift.

Include prayer and devotions into your life every day.

Do all things out of gratitude to our great God.

Exercise and play every day.

Smile and laugh every day.

Eat a diet rich in whole grains and fruits and vegetables.

Drink 6-8 glasses of water each day.

Share time, thoughts and feelings with others.

See your doctor and dentist every year.

Always wear your safety belt.

Don't smoke or use tobacco products.

May you be comforted by this promise, "You will keep in perfect peace him whose mind is steadfast, because He trusts in You." (Is. 6:3).

HEALTH AND WELLNESS TO YOU

Faith & Fellowship



Hebrew 10:24-25

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together... but encouraging one another”.

Worship Services

CCV Live Stream

- Sundays at 8:30 am | FAM2

Church Service

- Sundays at 3:00 pm | GCR
-

Prayer & Bible Studies

Prayer Meeting with Chaplain Dan

- Mondays at 2:00 pm | GMR

Bible Study with Chaplain Dan

- Wednesdays at 10:00 am | GMR

Communion, Rosary & Prayer

- Wednesdays at 11:00 am | CR

Men's Bible Study

- Fridays at 8:45 am | CR
-

Special Services



**New Bible Study
The Jesus Way
Monday 27th @ 6:30**

*Please see calendar
for location details.*

Health and Wellness

July Highlights

*Make exercise and mindful nutrition a regular part of your week! -
Diane Lee, Wellness Coach*

Wellness Clinics



July 7th

Bites of Wellness Nutrition
Demo

July 28rd

Wellness Bits Presentation

*"A joyful heart is good medicine."
Proverbs 17:22*

Classes

Mondays

Stronger You Fitness
Core Builders

Tuesdays

FUNctional Balance & Fitness

Wednesdays

Pool Exercise Class
Purely Balance
Music & Movement with Shannon

Thursdays

Tai Chi
FUNctional Balance & Fitness

Fridays

Stronger You Fitness

Saturdays

Water Aerobics
Tai Chi

"Exercise makes me feel better. I know it's healthier. Just sign-up and start the gym and classes. You will soon find that going is fun." -Carroll Key



Turn your retirement account into a steady stream of income for your loved ones after you are gone with a Testamentary Charitable Remainder Trust. Instead of receiving everything at once and facing a heavy tax burden, they receive payments over time, often with less tax impact. What might have been lost to taxes becomes lasting support for your family, while the remainder ultimately advances a cause like Fellowship Square.

For questions please contact, Ashley Lunsford at (623) 300-9429 or e-mail Ashley.Lunsford@christiancare.org



WELLNESS PROGRAM

WEDNESDAYS 8AM

THRU JULY

POOL *Summer* **EXERCISE CLASS**

BALANCE , CORE AND RESISTANCE EXERCISES

WITH DIANE

FREE ENTRY | FREE FUN | FREE CRUISE VIBES

FELLOWSHIP SQUARE POOL

Questions: 623-300-9498

250th Birthday BASH!

MUSIC PUT ON BY

**NORTHWEST VALLEY
★ UKULELE CLUB ★**

★ **JULY 4TH** ★

10:00 AM – 11:30 AM



GOODIES
PROVIDED BY

*Pat and Carol's
Sweet Treats*



COMMEMORATIVE
GIFT TO THE FIRST

50

ATTENDEES!



WEAR
RED
WHITE
AND **BLUE!**

★ ★ ★ *Sing-a-long* ★ ★ ★
ON ALL THE GREAT PATRIOTIC SONGS!

Events & Activities

Mondays

- Ping Pong
- Ponytail Cards
- Mexican Train Dominoes
- Cornhole
- Penny Black Jack/Poker
- Veterans Connect
- 20th Reminiscing Today About Back in the Day

Tuesdays

- Wii Bowling
- Mahjong
- Cribbage
- Hand & Foot
- Sequence
- Bingo

Wednesdays

- Bridge
- Ponytail Cards
- 8th & 29th Stitches of Kindness

Thursdays

- Morning Brew & Brain Teasers
- Mahjong
- Wii Bowling
- Ping Pong
- Hand & Foot
- Rummikub
- Mini Golf
- 16th Kingston Horse Races
- 16th & 30th Walk & Seek
- 2nd & 23rd Brain Teasers

Fridays

- Wii Bowling
- Cribbage
- Ponytail Card
- Billiards
- Rummikub
- Bean Bag Baseball
- 3rd & 24th Line Dancing

Saturdays

- Wii Bowling
- Ponytail Cards
- Bingo
- Matinees:
- 4th "Patriot" (GCR)
- 11th "Out to Sea"
- 18th "An Affair to Remember"
- 25th "The Lady Eve"



OPA!

AN EVENING IN GREECE

Wednesday,
July 22nd

Step into the elegance of the Greek Isles for a formal dining experience featuring delicious Mediterranean cuisine, beautiful decor, and wonderful Fellowship.

Dress to impress and join us for an unforgettable evening of fine food, conversation, and Greek-inspired Hospitality. Opa!

BEGINNING IN THE LOBBY
2:00 PM

Events & Activities

Sundays • Rummikub • Billiards • Ladder ball • Bingo Night • 12th & 26th Science in Action • Community Outreach	Community Outreach • Sundays Sleeping Mats • Tuesdays Baby Cakes • Stitches of Kindness Wed. 8th & 29th
Social Events & Block Partys • Wed. 1st Red White & Blue Bon Voyage Bash • Wed. 8th Birthday Celebration • Thur. 9th 1st Floor Block Party • Thurs. 9th Veterans Breakfast • Wed. 15th Sips in Paradise • 16th 2nd Floor Block Party • 22nd Opa! An Evening in Greece • 3rd Floor Block Party • 31st Bier Und Bingo/ Karaoke Nacht (GCR)	Crafting & More • Wed. 15th Tie Dye Silk Scarves • Thur. 16th Island Dream Cheese Cake • Tuesday 15th German Chocolate Pie • Thurs. 30th Wooden Shelf Sitters • Saturdays: • 11th Decorative Hot Plates • 18th Sip, Paint & Smile • 25th Mosaic Tile Coasters
Special Guest • Tue. 2nd SW Mobility • Wed. 8th Mary Kay • Thur. 9th Fellowship Square Apparel • Fri.. 10th Resident Craft Sale • Tue. 14th Earrings for You • Tue. 15th Avon • Fri. 24th Blood Pressure Clinic	Entertainment • Tuesdays: Sing for Joy • Wed. 1st Singing Back The Memories • Wed. 8th Lauren E/Flute • Wed. 15th Just Friends • Wed. 22nd Dan Reed • Wed. 29th Ronny Lee



Campus Outings

Adventures on the Agenda!

AMERICAN'S SWEATHEARTS

Friday 3rd @ 6:30

LUNCH OUT SPARROWS

Wednesday 8th @ 10:15

MUSICAL INSTRUMENT MUSEUM

Friday 10th @ 10:00

BRUNCH MAPLE & RYE

Monday 13th @ 11:00

Shopping

Monday's	Wednesday's	Friday's
• Dollar Tree • 20th Bealls • 27th Trader Joe's	• 1st Fry's • 15th Winco/Safeway • 22nd Fry's	, Every Friday: Bank, Post Office & Library 3rd Walmart 24th Walmart



Campus Outings

Adventures on the Agenda!

DESERT DIAMOND CASINO

Friday 17th @10:00

THE PITA KITCHEN

Wednesday 22nd @ 11:00

LUNCH COPPER & RYE

Wednesday 29th @ 11:00

LUNCH COOPER'S HAWK

Friday 31st @ 10:30

OUTINGS SIGN-UP

Restaurant & Store Outings	Musicals, Theatre & Plays	** Asterix Means
Please sign up with conierge at front desk	Please sign up with activity Team (Tickets non-refundable)	Sign up in activities book. Please be sure and cross name off list if your plans change.

Management Team Contact Information

Vice President of Operations	Wendy Souders	623-300-9401
Director of Resident Experience	Jennifer Esquivel	623-300-9427
Director of Facility Operations	Lawrence Tennant	623-300-9421
Chaplain	Dan Brookey	623-300-9451
Activities Director	Rebecca Rahn	623-300-9455
Director of Sales	Jennifer Tyler	623-300-9480
Director of Advancement	Ashley Lunsford	623-300-9429
Executive Chef	John Halepis	623-300-9440
Dining Room Manager	Lidia Berjaran	623-300-9443
	Jen Eldredge	632-300-9450
Assisted Living Director	Alicia Juarez	623-300-9406
Housekeeping	Cortney Brunson	623-300-9426
Wellness Coach	Diane Lee	623-300-9498



Campus Phone Numbers

Concierge - Building A	623-300-9400
To-Go Dining Meals	623-300-9441
Maintenance Requests	623-300-9400
Transportation Requests	623-300-9400
Oasis - Building B	623-300-9460
Beauty Shop - Stargazers Salon	623-300-9458

Thank You!

Thank you for being such a vital part
of our Fellowship family.

Your prayers and steadfast faith are the
foundation that helps our community grow in Christ.