

FELLOWSHIP SQUARE MONTH-AT-A-GLANCE MENU - JULY 2026

HAPPY 250TH ANNIVERSARY AMERICA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DINING ROOM HOURS: Sunday: 11am to 3pm Monday – Saturday Lunch: 11:30am – 2 pm Dinner – 4pm – 7pm BISTRO HOURS: Sunday: 7am – 12pm Brunch – 10am – 12pm Monday – Saturday Breakfast: 7am – 11am Lunch/Dinner: 11am – 7pm	MENU ITEMS AVAILABLE EVERY DAY: SOUP: Vegetable SALADS: Gelatin Salad, Tossed Salad with Dressing Cottage Cheese, Mashed Potatoes, Potato du Jour ENTREES: Veggie Burger, Grilled Chicken Breast, Grilled Cheese Sandwich, Cheese Omelet or Scrambled Eggs w/Toast, Home Fries, Bacon or Sausage Patties. GLUTEN FREE: Gluten Free Bread FLAVOR OF THE MONTH: <i>Happy Tracks</i> DESSERT: Fresh fruit in place of dessert upon request.		1 Chickpea Soup w/Pancetta	2 Cream of Broccoli	3 New England Clam Chowder	4 French Onion Soup
			Chef's Choice Chicken Piccata Catch of the Day Greek Veggie Pita Lemon Potatoes with Oregano Cauliflower with Butter & Dill Swiss Vegetable Medley Strawberry Fluff	Roast Pork with Applesauce Shrimp Scampi Chicken Paillard Malibu Burger w/Grilled Onions Baked Potato Zucchini Medley Sautéed Spinach Chocolate Cake	Chef's Choice Liver and Onions Veggie Pesto Sandwich Salad Bar – Dine In Only Macaroni & Cheese Italian Seasoned Green Beans Parmesan Acorn Squash Cookies & Ice Cream	BBQ Chicken Cheeseburger Hot Dog BBQ Cheddar Black Bean Burger Baked Beans Sweet Corn Buttered Broccoli Apple Pie
5 Strawberry Soup	6 Chicken Noodle Soup	7 Beef Pozole	8 Lentil & Sausage Soup	9 Split Pea & Ham Soup	10 Shrimp Bisque Soup	11 Tomato Basil Soup
Roast Beef Au Jus Catfish St. James Chicken Cordon Blue Quinoa Salad Saffron Rice Glazed Acorn Squash Sautéed Spinach Lemon Meringue	Chef's Choice Homestyle Meatloaf Chicken Fajitas Ravioli Garlic Mashed Potatoes Brussel Sprouts and Bacon String Beans Assorted Desserts	White Fish Supreme Beef Taco Salad Bowl BBQ Chicken Avocado Cheddar Melt Spanish Rice Sweet Corn Broccoli with Butter Buttermilk Lemon Cake	Chef's Choice Shepherd's Pie Baked Cod w/ Lemon Dill Caper Sauce Falafel w/ Yogurt & Dill Lemon Potatoes with Italian Herbs Roasted Peppers & Feta Asparagus Boston Cream Pie	Italian Sausage w/Peppers & Onions Honey Dijon Chicken Salisbury Steak Veggie Stacker Roasted Herb Parmesan Potatoes Oven Roasted Beets with Feta Cauliflower Mash Peach Cobbler	Chef's Choice Beef Lasagna Apricot Chicken Salad Sandwich Salad Bar – Dine In Only Basil Parmesan Orzo Spaghetti Squash Mixed Vegetable Strawberry Cake	Chicken Fricassee Chef Salad Stuffed Peppers Three Cheese Quiche with Fruit Garnish Lyonnaise Potatoes Sautéed Spinach & Onions Glazed Carrots Apple Crisp
12 Cream of Asparagus	13 Chili Soup	14 Bean and Bacon Soup	15 Cream of Sweet Potato Soup	16 Navy Bean Soup	17 Tuscan Chowder	18 Chicken Rice Soup
Tri Tip Pan Seared Chicken Grilled Ham Steak Spinach & Feta Quiche Whipped Sweet Potatoes Green Bean Almondine Carrots with Butter and Garlic Blueberry Pie	Chef's Choice Turkey Caesar Wrap Whitefish Supreme Black Bean Burger Steak Fries Peas n Carrots Zucchini Parmesan Assorted Desserts	Fish Taco Beef Tostadas Red Chili Chicken Strada Bean & Cheese Burrito Whipped Sweet Potato with Maple Roasted Zucchini with Queso Fresco Ranch Corn Cherry Blueberry Cheese Delight	Chef's Choice Gyro & French Fries Chicken Athenian (Roast Chicken w/Herbs) Roasted Vegetable Medley with Tofu Turmeric Basmati Rice Sautéed Spinach & Onions with Herbs Gingered Carrots Lemon Meringue	Baked Whitefish Turkey Cheese Melt Smothered Pork Chop Tomato Cheese Quiche Roasted Herb Potatoes Fried Okra Broccoli with Cheese Strawberry Shortcake	Chef's Choice Ball Park Hot Dog Tuna Melt Salad Bar – Dine In Only Baked Beans Coleslaw Country Green Beans Cherry Cobbler	Ravioli Beef Stroganoff Over Noodles Roasted Herb Chicken Veggie Grinder / with or without Sweet Potato Fries Mashed Potatoes Steamed Broccoli Peas & Mushrooms Ice Cream Sandwich
19 Cream of Chicken	20 Minestrone Soup	21 Taco Chowder	22 Egg of Lemon Soup	23 Three Bean & Ham Soup	24 Shrimp & Andouille Chowder	25 Italian Wedding Soup
Salmon Chicken Marsala Roast Beef Au Jus Stuffed Acorn Squash Baked Sweet Potato Italian Blend Parmesan Tomato Peach Pie	Chef's Choice Homestyle Meatloaf Baked Whitefish Dijonnaise Malibu Burger w/ Grilled Onions Tator Tots Green Pea Mash Chuckwagon Corn Assorted Desserts	Beef Nachos Tex Mex White Fish Pepperjack Chicken Sandwich Black Bean Chili Pinto Beans, Bacon & Green Chili Spanish Rice Broccoli Cauliflower Churro	Chef's Choice Baked Fish of the Day with Sicilian Relish Roast Chicken Grilled Zucchini, Hummus Wrap Roasted Pepper & Feta Cheese Sautéed Yellow Squash Sautéed String Bean & Onions Sweet Potato Pound Cake	Roast Beef Braised Pork Chop Baked Whitefish Italian Grilled Cheese Sandwich Macaroni n Cheese Butter Broccoli Peas n Carrots Chocolate Eclair	Chef's Choice Beef Shepherd's Pie Fish n Chips Salad Bar – Dine In Only Steak Fries Roasted Yellow Squash Roasted Brussel Sprouts Coconut Cream Pie	Cod with Hollandaise Sauce Fried Chicken Liver & Onions Veggie Stacker Mashed Potatoes Creamed Corn Sautéed Hominy Yogurt Parfait
26 Potato Cheese Soup	27 Potato Leek Soup	28 Chicken Tortilla Soup	29 Chicken & Rice Soup	30 Lentil Soup	31 Beef Pazole Soup	DELIVERY TIMES: Monday – Saturday: Lunch: 12:00pm, 1:00pm, Dinner: 4:00pm, 5:00 pm or 6:00 pm Sunday: 12:00pm, 1:00pm or 2:00pm Times are subject to change depending on the number of meals placed for delivery. CONTACT NUMBER FOR DELIVERY: 520-731-6680
Cordon Blue Baked Whitefish Dijonnaise Open Faced Roast Beef Eggplant Parmesan Sandwich Whipped Garlic Red Potatoes Fresh Asparagus Seasoned Wax Beans Cherry Pie	Chef's Choice Reuben Sandwich Cajun Pulled Pork Sandwich Veggie Po Boy Sandwich Scalloped Potatoes Black Eyed Peas Sautéed Cabbage Assorted Desserts	Chili Con Carne Chicken Quesadilla Baked Fish with Pico Veggie Chorizo Chilaquiles Pinto Beans with Cheese & Green Chile Roasted Yellow Squash Sautéed Hominy & Bacon Butter Rum Cake	Pastitsio (Greek Lasagna) Chicken Parmesan Pork Piccata Falafel w/ Fries or Hummus Dip Potatoes Au Gratin String Beans w/ Tomato Sauce & Feta Creamed Corn Carrot Cake	Chef's Choice Chicken Fried Steak Tuna Melt Grilled Spinach Feta Sandwich Cheddar Mashed Potatoes Mixed Vegetables Green Beans w/ Bacon Brownies	Shredded Red Chili- Beef Burrito Baked Fish & Fresh Pico Avocado Egg Salad Sandwich Salad Bar – Dine In Only Spanish Rice Street Corn Elote Green Beans & Bacon Mandarin Orange Cake	