

August 2026

Rolling Through The Decades

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Dear Residents,

As we bid farewell to July and embrace the warmth of August, I want to take a moment to reflect on our fantastic Greece OPA event! It was an event filled with laughter, joy, and a delightful taste of Greek culture. I received so many wonderful compliments, and I want to extend a heartfelt thank you to everyone who attended. Your enthusiasm made the event a resounding success!

Get ready for an exciting August as we roll through the decades! We have a lineup of activities that will take us on a nostalgic journey, celebrating the music, fashion, and fun of each decade. From the fabulous 1950s to the groovy '70s, there's something for everyone to enjoy. If you have any ideas or themes you'd like to see in the upcoming months, please don't hesitate to reach out—I love hearing from you!

I am also thrilled to announce that we will be welcoming Cortney, our new Social Service Coordinator, starting in August. With Cortney on board, I am confident my team will provide even more support and creativity in our community. Please join me in giving Cortney a warm welcome!

Additionally, I'd like to remind everyone about our new Friendship Table for dinner on Tuesday and Thursday evenings. This is a wonderful opportunity to connect with your neighbors and make new friends over a shared meal. If you'd like to join, please call reservations and let them know you'd like to RSVP for the Friendship Table. Excited to hear about all the amazing connections made.

Wishing you all a fabulous August filled with fun, friendship, and fantastic memories.

Always, Jenni

Dan Brookey Chaplain

Hebrews 13:5

“I will never leave you nor forsake you”.



As we leave the incredible 250-year anniversary of becoming and being a nation we are left with a few thoughts. One of those is from the Declaration of Independence: “We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.” Many generations have passed since the signing of the Declaration of Independence. Within each of those generations, I believe, we aspire for and inspire the next generation to prosper more than the last. At least that is what I hear from parents or those who were an integral part of the raising of the children who become their successors. But, when I think about life over the decades, I wonder if we have come too far. One word I associate with previous generations, and you might agree, is “proper”. When we live among standards that are cultural, we reminisce fondly of our past. Today, we live in a counterculture that affords people to do and say things far beyond what we might think proper. The Apostle Paul said in 1 Corinthians 10:23-24 “I have the right to do anything,” you say—but not everything is beneficial. “I have the right to do anything”—but not everything is constructive. No one should seek their own good, but the good of others. The good of mankind should be the pinnacle of who we are and what we are about. Our beliefs should be that of developing this country further and proclaiming Go in the process. In 1962 prayer was taken out of the schools sighting the separation of church and state. While this was a watershed event, many positive things have transpired over the last 100 years that define the USA as a wonderful, progressive nation. Let’s continue to foster “One nation under God” as we look back to personal, professional and relational aspects of our lives, rolling through the years with fond memories and hallowed expectations. The Apostle Paul also said we should look forward as well when he said “I press on toward the goal to win the prize for which God has called me.” God bless America and God bless you with insurmountable blessings – Amen, Chaplain D



Health & Wellness Newsletter

Dear Family and Friends,

This month I want to visit with you about Self-Image: Improving our Vision. Self-Esteem can affect both our life and our wholistic health. Also, in so much of our life, we suffer from not having God's vision or perspective. But thanks be to God, there is a way to improve our vision...by being grounded in His Word! (Is. 55:8).

Self- image refers to a perception of our worth and value, as well as estimation of our strengths and areas for needed growth. As Christians, we are grateful that our worth is not based on what we have done, but rather on He who has already done it all for us!

To improve our self-image perception try doing these things:

Refocus your vision with God at the center and everything else in increasing distance from Him...Draw this as a map & plot your stressors.

Stay grounded in God's Word and in prayer every day: It will improve your vision!

Guard against self-talk, and when you do, restate it in words God could agree to.

Build friendships with others.

Invest yourself in the work that matters, be involved in serving others.

Periodically look in the mirror and see what God sees: A precious redeemed child!

Speak a word of positive affirmation to others.

HEALTH AND WELLNESS TO YOU AND YOURS,
BONNIE BRISCOE / RETIRED NURSE

Faith & Fellowship



Hebrew 10:24-25

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together... but encouraging one another”.

Worship Services

CCV Live Stream

- Sundays at 8:30 am | FAM2

Church Service

- Sundays at 3:00 pm | GCR
-

Prayer & Bible Studies

Prayer Meeting with Chaplain Dan

- Mondays at 2:00 pm | GMR

Bible Study with Chaplain Dan

- 5th & 12th Wednesdays at
- 10:00 am | GMR

Communion, Rosary & Prayer

- Wednesdays at 11:00 am | CR

Men's Bible Study

- Fridays at 8:45 am | CR

Ladies Bible Study

- Fridays at 9:30 am |
-

Special Services



Bible Study The Jesus Way Monday's @ 6:00

*Please see calendar
for location details.*

Health and Wellness



August Highlights



*Make exercise and mindful nutrition a regular part of your week! -
Diane Lee, Wellness Coach*

Wellness Clinics



August 17th

Ascent Audiology

August 25th

Wellness Bits Presentation

*"A joyful heart is good medicine."
Proverbs 17:22*

Classes

Mondays

Stronger You Fitness
Core Builders

Tuesdays

FUNctional Balance & Fitness

Wednesdays

Pool Exercise Class
Purely Balance
Music & Movement with Shannon

Thursdays

Tai Chi
FUNctional Balance & Fitness

Fridays

Stronger You Fitness

Saturdays

Water Aerobics
Tai Chi

"Exercise makes me feel better. I know it's healthier. Just sign-up and start the gym and classes. You will soon find that going is fun." -Carroll Key



One simple decision can spare your loved ones from confusion and conflict. August is Make a Will Month. A clear estate plan keeps your family united, protects the people you care about, and ensures your charitable values live on. Without a will or trust, the state makes those decisions for you. Use our complimentary Will Creator to put your wishes in writing. It may be one of the kindest gifts you ever leave behind.

For questions please contact, Ashley Lunsford at (623) 300-9429 or e-mail
Ashley.Lunsford@christiancare.org

Cruising
— TO THE —

SOCK HOP!

Throw on your
Poodle Shirts
— AND DANCE! —



JOIN US!

August
12

AT 2:30 PM



FOOD

BEVERAGES

FUN!

GOOD FRIENDS
GREAT MUSIC
LOTS OF LAUGHS

Great
Memories!

Let's keep the 50's alive!



Campus Outings

Adventures on the Agenda!

GRUMPY OLD MEN

Arizona Broadway Theatre
Saturday 8th @ 11:00

MEN'S LUNCH/RICHI'S DINER

Monday 10th @ 11:00

CHEESE CAKE FACTORY

Friday, 14th @ 10:30

MURDER MYSTERY THEATRE TROUBLE AT THE TROPICABANA

Saturday, 15th @ 1:00

Shopping

Monday's	Wednesday's	Friday's
• 3rd Dollar Tree • 17th Sher's • 24th Trader Joe's 31st Arrowhead Mall	• 5th Fry's • 12th Winco/Safeway • 19th Fry's	, Every Friday: Bank, Post Office 7th Walmart 28 th Walmart



Campus Outings

Adventures on the Agenda!

**LOU'S TIVOLI
GARDEN**

Wednesday 20th @ 12:00

**SIGLER MUSEUM
WICKENBURG**

Friday, 21st @ 10:00

THE VIC AT THE PARK

Wednesday, 26th @ 12:00

**MATILDA THE
MUSICAL**

Sunday, 30TH @ 11:30

Outings Sign-Up

Restaurant & Store Outings	Musicals, Theatre & Plays	** Asterix Means
Please sign up with concierge at front desk	Please sign up with activity Team (Tickets non- refundable)	Sign up in activities book. <i>Please be sure and cross name off list if your plans change.</i>

Events & Activities

Sundays

- Rummikub
- Billiards
- Ladder ball
- Bingo Night
- 9th & 23rd Science in Action

Community Outreach

- Sunday 2nd Sleeping Mats
- Tuesday 11th & 25th Baby Cakes
- Stitches of Kindness
Wed. 12th & 26th

Social Events & Block Partys

- Wed. 5th Birthday Celebration
- Thur. 6th 1st Floor Block Party
- Wed.m 12th Cruisin to the Sock Hop
- Thurs 13th 2nd Floor Block Party
- Thurs. 19th 3rd Floor Block Party

Crafting & More

- Tue. 4th Oak Street Health/ Craft
- Thur. 6th Chocalate Icebox Cake
- Thurs. 20th Pinapple Cheese Ball
- Wednesday 26th Ambrosia Salad
- Saturdays:
- 1st Mosaic Butterfly
- 8th Sip, Paint & Smile
- 15th Paint by Numbers
- 22nd Daisy Wreaths
- 29th Painted Peace Rocks

Special Guest

- Thur. 13th Fellowship Square Apparel
- Fri.. 14th Resident Craft Sale
- Monday 17th Ascent Audiology

Entertainment

- Tuesdays: Sing for Joy
- Wed. 5th TA Burrows
- Wed. 12th DJ Sock Hop
- Wed. 19th Danny Hunkin
- Wed. 26th Gal Dimmer
- Fri. 28th Piano with Gina

Events & Activities

Mondays

- Ponytail Cards
- Mexican Train Dominoes
- Cornhole
- Penny Black Jack/Poker
- 31st Veterans Connect
- 17th Reminiscing Today About Back in the Day
- 10th & 24th Judy's Card's & Papers

Tuesdays

- Wii Bowling
- Mahjong
- Cribbage
- Hand & Foot
- Sequence
- Bingo

Wednesdays

- Bridge
- Ponytail Cards
- 8th & 26th Stitches of Kindness

Thursdays

- Mahjong
- Wii Bowling
- Hand & Foot
- Rummikub
- Mini Golf
- 13th Horse Races
- 13th Fellowship Apparel

Fridays

- Wii Bowling
- Cribbage
- Ponytail Card
- Billiards
- Rummikub
- 7th & 21st Bean Bag Baseball
- 14th & 28th Bucket Baseball
- 7th & 21st Line Dancing

Saturdays

- Wii Bowling
- Ponytail Cards
- Bingo
- Matinees:
- 1st "It's a Wonderful Life"
- 15th "Rebel Without a Cause"
- 22nd "Butch Cassidy and the Sundance Kid"
- 29th "Grease"

"Lucy, you got some 'splainin' to do!"

Join Lucy, Ricky, Fred, and Ethel for 'Trouble at the Tropicabana' for Latin music, dancing, and murder at Ricky's club!

When movie mogul heiress Celia B. DeMilo arrives to sign Ricky's big contract, everything goes sideways. Is Celia who she claims to be? Will Lucy and Ethel's latest harebrained scheme to break into show business ruin Ricky's shot at stardom? And what's notorious gangster Mr. Big doing at the club?

Someone's getting whacked, and somebody has some serious 'splainin' to do in this love letter to America's favorite redhead!



✦ **ARIZONA BROADWAY THEATRE** ✦
Saturday, August 15th at 1:30 | Cost: \$71.68

What's Included with Your Ticket:

This interactive murder mystery dinner includes a delicious 3-course meal with soft beverages, bread rolls, salad, chicken entrée, and dessert. Cast members randomly select audience members to participate in the 2-hour experience.

Bar service and cocktails available throughout the show. Most performances are appropriate for all ages.

MENU:

- House salad
- Chicken breast with mango relish, fried rice, and seasonal vegetables, dairy-free/gluten-free
- Mystery Dessert
- *Vegetarian entrée available with prior notice.

To Purchase Tickets:

Online: [AZ Broadway Theater's website](https://www.arizonabroadwaytheatre.com) | By phone at 623.776.8400
In person at the theater. (Ticket prices are the same across all platforms)



REGROUPING OF GAMES

FRIDAY, 14TH AT 1:00 PM

GAME LOVERS WANTED!

Do you enjoy Rummikub, Hand & Foot, Mahjong, or other fun table games?

Let's get together to create new game groups!
We'll decide:

- Which games everyone wants to play
- Convenient locations
- Dates and times that work for the group

Whether you're an experienced player or just want to learn, everyone is welcome!

Come meet new people, make friends, and help build new game groups.

Bring your ideas—and your favorite game!

Management Team Contact Information

Vice President of Operations	Wendy Souders	623-300-9401
Director of Resident Experience	Jennifer Esquivel	623-300-9427
Director of Facility Operations	Lawrence Tennant	623-300-9421
Chaplain	Dan Brookey	623-300-9451
Activities Director	Rebecca Rahn	623-300-9455
Director of Sales	Jennifer Tyler	623-300-9480
Director of Advancement	Ashley Lunsford	623-300-9429
Executive Chef	Shawn Moore	623-300-9440
Dining Room Manager	Lidia Berjaran	623-300-9443
	Jen Eldredge	632-300-9450
Assisted Living Director	Sandra Smith	623-300-9406
Housekeeping	Cortney Brunson	623-300-9426
Wellness Coach	Diane Lee	623-300-9498



Campus Phone Numbers

Concierge - Building A	623-300-9400
To-Go Dining Meals	623-300-9441
Maintenance Requests	623-300-9400
Transportation Requests	623-300-9400
Oasis - Building B	623-300-9460
Beauty Shop - Stargazers Salon	623-300-9458

Thank You!

Thank you for being such a vital part
of our Fellowship family.

Your prayers and steadfast faith are the
foundation that helps our community grow in Christ.