

SEPTEMBER 2026- Resident Rewind

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 FELLOWSHIP SQUARE PHOENIX	LOCATION Activity Room (AR) Centerview 2nd FL Lounge (C2FL) Dining Room (DR) Fitness Center (FC) Garden Cafe (GC) Library (L) Lobby (L) Manor 1 3rd Floor Activity Room (M13FAR) Manor 1 Activity Room (M1AR) Manor 3 3rd Floor Activity Room (M33FAR) Neighborhood Nook (NN) Northridge 2nd FL lounge (N2FL) Northridge 3rd Floor Lounge (N3FL) Oasis Dining Room (ODR) Oasis Parking lot (OPL) Pool (P) Prayer Garden (PG) Private Dining Room (PDR) Southgate 2nd FL Lounge (S2FL)	7:30am Open Gym (FC) 1 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 11:00am Trivia Club (AR) 12:00pm Wii Bowling (AR) 1:30pm Adventure Club (NN) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm Open Gym (FC) 2:30pm Craft Club* (GC) 3:00pm Hope Looks Up (AR) 5:30pm Hand & Foot (AR)	7:30am Open Gym (FC) 2 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 10% Off 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:30am Bank Run 11:30am Shopping: Fry's 10% Off 12:00pm Pen Pal Meeting (AR) 1:00pm Pinochle (C2FL) 1:30pm Winning Wednesday: Concentration (AR) 2:00pm AA Meeting (PDR) 2:00pm Open Gym (FC) 3:00pm Sip & Scribble* (AR) 6:00pm Bunco (AR)	7:30am Open Gym (FC) 3 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Bridge (C2FL) 10:00am Cardio Craze (FC) 10:00am Music & Melodies (L) 10:00am Chef Chat (AR) 11:00am FSU- Balance & Beyond (AR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Words in Words (AR) 1:00pm Wellness Wisdom (L) 1:30pm Bible Study - Manor 3 (M33FAR) 1:30pm Happy Birthday Party!! (Invite Only) (AR) 2:00pm Open Gym (FC) 3:00pm Bible Study - Manor 1 (M1AR) 4:30pm Mic Drop Moments (AR)	7:30am Open Gym (FC) 4 8:00am Morning Strolls (PG) 8:45am Outing: Brass Armadillo 9:00am Senior Fit (AR) 9:00am Post Office 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Rally Club* (AR) 11:30am Bridge (C2FL) 11:30am Open Gym (FC) 12:30pm LCR (NN) 1:30pm Friday Flights: 50s (AR) 2:00pm Choir Practice (ODR) 6:00pm Bridge (AR)	9:00am Bullseye Buddies (AR) 5 10:30am Bingo (AR) 12:00pm Mahjong (S2FL) 12:00pm Rummikub (AR) 1:30pm Entertainment: NVSO Trio (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)
11:30am Church Service (M13FAR) 6 3:00pm Worship Service - Norman Maas (AR)	7:30am Open Gym (FC) 7 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 11:30am Chair Yoga with Kelley (AR) 11:30am Shopping: Fry's 11:30am Shopping: Home Depot 12:00pm Mahjong (S2FL) 1:00pm FSU - Mindful Living (L) 1:00pm Farkle (C2FL) 2:00pm Open Gym (FC) 2:00pm Catholic Mass (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	7:30am Open Gym (FC) 8 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 9:30am Start Here! (Invite Only) (AR) 10:00am Mary Kay Cosmetics (GC) 11:00am Trivia Club (AR) 12:00pm Wii Bowling (AR) 1:30pm Adventure Club (NN) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm Open Gym (FC) 2:30pm Craft Club* (GC) 3:00pm Hope Looks Up (AR) 5:30pm Hand & Foot (AR)	7:30am Men's Breakfast (DR) 9 7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Flu Shots (L) 10:00am Bible Study (AR) 10:00am Blood Pressure Clinic (C2FL) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:30am Bank Run 11:30am Shopping: Super Walmart 1:00pm Pinochle (C2FL) 2:00pm Timeless Talent* (AR) 2:00pm AA Meeting (PDR) 2:00pm Open Gym (FC) 6:00pm Bunco (AR)	7:30am Open Gym (FC) 10 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Bridge (C2FL) 10:00am Cardio Craze (FC) 10:00am Music & Melodies (L) 10:00am Music & Movement* (AR) 11:00am FSU- Balance & Beyond (AR) 12:30pm Thinkin' Thursday: Jeopardy (AR) 1:00pm Wellness Wisdom (L) 1:30pm Bible Study - Manor 3 (M33FAR) 1:30pm The Cholla Librarian is In! (GC) 2:00pm Open Gym (FC) 3:00pm Bible Study - Manor 1 (M1AR) 3:00pm Poetry Club (L) 3:00pm Thirsty Thursday: (Dirty) Shirley Temple* (AR) 4:30pm Mic Drop Moments (AR)	7:30am Open Gym (FC) 11 8:00am 9/11 Memorial Step Challenge (PG) 10:00am United We Remember Service* (AR) 10:00am Shopping: Safeway, Walgreens or CVS 11:30am Bridge (C2FL) 11:30am Open Gym (FC) 12:30pm LCR (NN) 2:00pm United We Remember Service* (AR) 2:00pm Choir Practice (ODR) 3:00pm FRY-day!* (GC) 6:00pm Bridge (AR)	9:00am Bullseye Buddies (AR) 12 10:30am Bingo (AR) 12:00pm Mahjong (S2FL) 12:00pm Rummikub (AR) 1:30pm Cinema: Peggy Sue Got Married (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:30am Church Service (M13FAR) 3:00pm Worship Service - Ptr. Bud Downs (AR) 13	7:30am Open Gym (FC) 8:00am Meal Out: Diner 50 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 11:30am Chair Yoga with Kelley (AR) 11:30am Shopping: Fry's 12:00pm Mahjong (S2FL) 1:00pm FSU - Mindful Living (L) 1:00pm Farkle (C2FL) 2:00pm Open Gym (FC) 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR) 14	7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 11:00am Trivia Club (AR) 11:00am Avon (GC) 12:00pm Wii Bowling (AR) 1:30pm Adventure Club (NN) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm Open Gym (FC) 2:30pm Craft Club* (GC) 3:00pm Hope Looks Up (AR) 5:30pm Hand & Foot (AR) 15	7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:00am Outing: Cholla Library 11:30am Bank Run 1:00pm Pinochle (C2FL) 1:00pm Low Vision Group (N3FL) 1:00pm Mending & Sewing Repair (AR) 1:30pm Winning Wednesday: Guess Who (AR) 2:00pm AA Meeting (PDR) 2:00pm Open Gym (FC) 3:00pm Winedown* (AR) 6:00pm Bunco (AR) 16	7:30am Open Gym (FC) 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Bridge (C2FL) 10:00am Cardio Craze (FC) 10:00am Music & Melodies (L) 10:00am Vet to Vet (AR) 11:00am FSU- Balance & Beyond (AR) 11:00am Walker and Scooter Repair* 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Crossword Connections (AR) 1:00pm Wellness Wisdom (L) 1:30pm Bible Study - Manor 3 (M33FAR) 1:30pm Town Hall Meeting (AR) 2:00pm Open Gym (FC) 3:00pm Bible Study - Manor 1 (M1AR) 4:30pm Mic Drop Moments (AR) 17	7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Outing: Arizona Capitol Museum 9:00am Senior Fit (AR) 9:00am Post Office 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:30am Rally Club* (AR) 11:30am Bridge (C2FL) 11:30am Open Gym (FC) 12:30pm Happenings & Highlights (AR) 12:30pm LCR (NN) 1:30pm Friday Flights: 60's (AR) 2:00pm Choir Practice (ODR) 6:00pm Bridge (AR) 18	9:00am Bullseye Buddies (AR) 10:30am Bingo (AR) 12:00pm Mahjong (S2FL) 12:00pm Rummikub (AR) 1:30pm Entertainment: TLC (AR) 3:00pm Cornhole (FC) 4:00pm Burroughs' Anniversary Celebration (AR) 6:00pm Game Night (GC) 19
11:30am Church Service (M13FAR) 3:00pm Worship Service - Ptr. David Jerome (AR) 20	7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 11:30am Chair Yoga with Kelley (AR) 11:30am Shopping: Fry's 11:30am Shopping: Trader Joe's or Whole Foods 12:00pm Mahjong (S2FL) 1:00pm FSU - Mindful Living (L) 1:00pm Farkle (C2FL) 2:00pm Open Gym (FC) 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 3:00pm Book Club Meeting (L) 6:00pm Bingo (AR) 21	7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 11:00am Trivia Club (AR) 12:00pm Wii Bowling (AR) 1:30pm Adventure Club (NN) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm Open Gym (FC) 2:30pm Craft Club* (GC) 3:00pm Hope Looks Up (AR) 5:30pm Hand & Foot (AR) 22	7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:30am Bank Run 11:30am Shopping: Super Walmart 12:00pm Back in Business: Career Day* (AR) 1:00pm Pinochle (C2FL) 1:30pm Winning Wednesday: Horse Races (AR) 2:00pm AA Meeting (PDR) 2:00pm Open Gym (FC) 3:00pm Neighbors & New Beginnings* (AR) 6:00pm Bunco (AR) 23	7:30am Open Gym (FC) 8:00am Cornhole (AR) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 10:00am Bridge (C2FL) 10:00am Cardio Craze (FC) 10:00am Music & Melodies (L) 10:00am Music & Movement* (AR) 11:00am FSU- Balance & Beyond (AR) 11:30am "Move to the Beat" Chair Exercise with Kelley (AR) 12:30pm Thinkin' Thursday: Brain Teasers (AR) 1:00pm Wellness Wisdom (L) 1:30pm Bible Study - Manor 3 (M33FAR) 2:00pm Open Gym (FC) 3:00pm Bible Study - Manor 1 (M1AR) 3:00pm Renew & Chew (Invite Only) (AR) 4:30pm Mic Drop Moments (AR) 24	7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 9:00am Shred-A-Thon* (OPL) 9:30am Balance & Mobility (AR) 10:00am Shopping: Safeway, Walgreens or CVS 10:00am Blood Pressure Clinic (C2FL) 10:30am Rally Club* (AR) 11:30am Bridge (C2FL) 11:30am Open Gym (FC) 12:30pm LCR (NN) 1:30pm Friday Flights: 70's (AR) 2:00pm Choir Practice (ODR) 3:00pm Fondue Friday!* (AR) 6:00pm Bridge (AR) 25	9:00am Bullseye Buddies (AR) 10:30am Bingo (AR) 12:00pm Mahjong (S2FL) 12:00pm Rummikub (AR) 3:00pm Ruth Ann Allen's 90th Birthday Party (AR) 3:00pm Cornhole (FC) 6:00pm Game Night (GC) 26
11:30am Church Service (M13FAR) 3:00pm Worship Service - Ptr. Gus Vogelsang (AR) 27	Resident Appreciation Week!! 28 7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 8:30am We Love You a Latte! (L) 9:00am Senior Fit (AR) 9:00am Shopping: Fry's 9:30am Stretch & Flex (AR) 11:30am Chair Yoga with Kelley (AR) 11:30am Shopping: Fry's 11:30am Meal Out: MacAlpine's Diner & Soda Fountain 12:00pm Mahjong (S2FL) 1:00pm FSU - Mindful Living (L) 1:00pm Farkle (C2FL) 2:00pm Open Gym (FC) 2:00pm Catholic Communion Service (AR) 2:30pm Rosary (AR) 6:00pm Bingo (AR)	Resident Appreciation Week!! 29 7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Water Aerobics (P) 9:30am Lap Quilts (AR) 11:00am Trivia Club (AR) 12:00pm Poppin' In to Say, "We Love You!" (L) 12:00pm Wii Bowling (AR) 1:30pm Adventure Club (NN) 1:30pm Bingo (AR) 2:00pm GriefShare (PDR) 2:00pm Open Gym (FC) 2:30pm Craft Club* (GC) 3:00pm Hope Looks Up (AR) 5:30pm Hand & Foot (AR)	Resident Appreciation Week!! 30 7:30am Open Gym (FC) 8:00am Morning Strolls (PG) 9:00am Senior Fit (AR) 10:00am Bible Study (AR) 11:00am Billiards (N2FL) 11:00am Breaking Bread (AR) 11:30am Bank Run 1:00pm Pinochle (C2FL) 1:30pm Winning Wednesday: The Price is Right (AR) 2:00pm AA Meeting (PDR) 2:00pm Open Gym (FC) 3:00pm We're Rootin' Tootin' Glad You're Here! (AR) 6:00pm Bunco (AR)		* For Any activity followed by an asterisk(*), please sign up at the concierge desk!	