



1 8am Water Fit (V2 W. Pool) 8am - 4pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Stretch & Flex (V2GR) 10am Bible Study (V4CR) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)	2 8am Water Volleyball (V2 W. Pool) 8-12pm Voter Registration (V2MPR) 8:45am Sit & Be Fit(V2GR) 8am-12pm Loop 1 8am-12pm Loop 2	3 9am to 11:00am Reid Park Zoo
7 8 8am Water Fit (V2 W. Pool) 8am-4pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Stretch & Flex (V2GR) 10am Bible Study (V4CR) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)	9 8am Water Volleyball (V2 W. Pool) 8:45am Sit & Be Fit(V2GR) 8am-12pm Loop 1 8am-12pm Loop 2 1pm Veterans Round Table Talk (V2MPR) 3pm Pre Shabbat Service with the Rabbi Ceitlin (V3CH) 6pm Bouncing Czechs (Main dining room)	10 11am Saturday at the Opera (V2GR) 4:00pm Relay for Life Cancer Walk  4:00pm Villa Voices Fall Concert (V2GR)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 3pm Church Services (V2GR) 5-6pm Corn Hole with Logan (V2 East Ramada)	12 8am Water Fit (V2 W. Pool) 9am Cardio Drum (V2GR) 8am-4pm Doc / Dentist Appointments 8am Fry's 9am Fry's /Goodwill 10am Fry's / Hobby Lobby 11am Target / Safeway 1pm Walmart 1pm Tai Chi Standing (V2GR) 1pm Bible Study (V1CH) 1:35pm Tai Chi Sitting (V2GR) 2:30PM Movie at the Square (V2GR)	13 8am Walking Club (V2Gym) 8am - 4pm Doc / Dentist Appointments 9:15am Balance 1 (Gym) 10:30am Catholic Mass (V2GR) 12:30pm Watercolor (V2MPR) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)	14 8am Fry's 8am - 4pm Doc / Dentist Appointments 8:45am Sit & Be Fit(V2GR) 9am & 10am Fry's/ CVS 9:30am Balance Level 2 (Gym) 10am Bible Study (V2GR) 11am Banks / Injoy 1pm Walmart Market / Safeway 4PM UKE Fall Concert (V2GR) 5pm - Dinner at Olive Garden	15 8am Water Fit (V2 W. Pool) 8am-4pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Stretch & Flex (V2GR) 10am Bible Study (V4CR) 11am to 4pm Flu Shots (MPR) (Stop by Activities for your Paperwork) 11:15am Bookmobile (Between V2 & V4 Parking Lot) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)	16 8am Water Volleyball (V2 W. Pool) 8:45am Sit & Be Fit(V2GR) 8am-12pm Loop 1 8am-12pm Loop 2 6pm-8pm Dancing at the Square (V2GR)	17 1:00pm Movie at the Square
18 3pm Church Services (V2GR)	19 8am Water Fit (V2 W. Pool) 8am-4pm Doc / Dentist Appointments 9am Cardio Drum (V2GR) 9:30am - Breakfast at Bisbee Breakfast Club 8am Fry's 9am Fry's /Goodwill 10am Fry's / Hobby Lobby 11am Target / Safeway 10:30am Arizona Tales (V2GR) 1pm Walmart 1pm Tai Chi Standing (V2GR) 1pm Bible Study (V1CH) 1:35pm Tai Chi Sitting (V2GR) 2:30pm Resident B-day Party (V2GR)	20 8am Walking Club (V2Gym) 8am - 4pm Doc / Dentist Appointments 9:15am Balance 1 (Gym) 10-1pm Susan Tek Hearing Screening V2 Lobby 10:30am Catholic Mass (V2GR) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)	21 8am Fry's 8am - 4pm Doc / Dentist Appointments 8:45am Sit & Be Fit(V2GR) 9am & 10am Fry's/ CVS 9:30am Balance Level 2 (Gym) 10am Bible Study (V2GR) 11am Banks / Injoy 1pm Walmart Market / Safeway 1:30pm Line Dancing (V2GR) 2pm Trivia (V2MPR)	22 8am Water Fit (V2 W. Pool) 8am-4pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Bible Study (V4CR) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)	23 8am Water Volleyball (V2 W. Pool) 8:45am Sit & Be Fit(V2GR) 8am-12pm Loop 1 8am-12pm Loop 2	24 11am Saturday at the Opera (V2GR)
25 3pm Church Services (V2GR)	26 8am Water Volleyball (V2 W. Pool) 8am-4pm Doc / Dentist Appointments 9am Cardio Drum (V2GR) 8am Fry's 9am Fry's /Goodwill 10am Fry's / Hobby Lobby 11am Target / Safeway 1pm Walmart 1pm Tai Chi Standing (V2GR) 1pm Bible Study (V1CH) 1:35pm Tai Chi Sitting (V2GR)	27 8am Walking Club (V2Gym) 8am - 4pm Doc / Dentist Appointments 9:15am Balance 1 (Gym) 10:30am Catholic Mass (V2GR) 12:30pm Watercolor (V2MPR) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR)	28 8am Fry's 8am - 4pm Doc / Dentist Appointments 8:45am Sit & Be Fit(V2GR) 9am & 10am Fry's/ CVS 9:30am Balance Level 2 (Gym) 10am Bible Study (V2GR) 11am Banks / Injoy 1pm Walmart Market / Safeway 1pm Presentation by Bayada (V2GR) 4pm - 6pm Trick & Treat at the Square (V2 Court Yard)	29 8am Water Fit (V2 W. Pool) 8am-4pm Doc / Dentist Appointments 9:30am Balance Level 3 (V2GR) 10am Bible Study (V4CR) 1pm Balance & Strength Yoga (V2GR) 2:15pm Chair Yoga (V2GR) 3PM Science for Seniors (V2 M.P.R)	30 8am Water Volleyball (V2 W. Pool) 8:45am Sit & Be Fit(V2GR) 8am-12pm Loop 1 8am-12pm Loop 2	31