

FELLOWSHIP SQUARE MONTH-AT-A-GLANCE MENU – OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
<u>DINING ROOM HOURS:</u> Sunday: 11am to 3pm Monday – Saturday Lunch: 11:30am – 2 pm Dinner – 4pm – 7pm <u>BISTRO HOURS:</u> Sunday: 7am – 12pm Brunch – 10am – 12pm Monday – Saturday Breakfast: 7am – 11am Lunch/Dinner: 11am – 7pm	<u>DELIVERY TIMES:</u> Monday – Saturday: Lunch: 12:00pm, 1:00pm Dinner: 4:00pm, 5:00pm, 6:00pm Sunday: 12:00pm,1:00pm, 2:00pm Times are subject to change depending on the number of meals placed for delivery. <u>CONTACT NUMBER FOR</u> <u>DELIVERY:</u> 520-731-6680	<u>MENU ITEMS AVAILABLE EVERY DAY:</u> SOUP: Vegetable SALADS: Gelatin Salad, Tossed Salad with Dressing, Cottage Cheese, Mashed Potatoes, Potato du Jour ENTREES: Veggie Burger, Grilled Chicken Breast, Grilled Cheese Sandwich, Cheese omelet or Scrambled Eggs w/Toast, Home Fries, Bacon or Sausage Patties. GLUTEN FREE: Gluten Free Bread FLAVOR OF THE MONTH: ORANGE SWIRL DESSERT: Fresh fruit in place of dessert upon request.		1 Cream of Broccoli Soup	2 New England Clam Chowder	3 French Onion Soup
				Chicken Tender with Dip Sauce Sloppy Joe Baked Whitefish Veggie White Chili Potato Salad Green Beans with Bacon Mixed Vegetables Strawberry Rhubarb Crisp	Chef's Choice Fish n Chips Roast Chicken Thighs Egg Salad Croissant Steak Fries Buttered Peas Roasted Carrots Chocolate Cake w/ Peanut Butter Frosting	Braised Cube Steak w/ Mushrooms Herb Crusted Whitefish Hot Ham n Cheese Sandwich Black Bean Burger Melt Au Gratin Potatoes Buttered Cauliflower Peas & Carrots Congo Bars
4 Cheddar Broccoli Soup	5 Chicken Noodle Soup	6 Beef Posole Soup	7 Beef Barley Soup	8 Split Peas n Ham Soup	9 Shrimp Bisque Soup	10 Tomato Basil Soup
Roast Beef Au Jus Glazed Baked Salmon Ham Steak Spinach Feta Quiché Baked Potato Asparagus Corn on the Cob Blueberry Pie	Chef's Choice Ranch Chicken Sandwich Baked Whitefish Ravioli Garlic Parmesan Tater Tots Green Beans & Bacon Buttered Carrots Assorted Desserts	Beef Tostadas Shredded Pork Burrito Baked Whitefish with Pico Bean and Cheese Burrito Spanish Rice Sweet Corn Roast Zucchini Churro	Chef's Choice Chicken Pot Pie Turkey & Swiss Sandwich Penne ala Vodka Garlic Thyme Mash Butter Broccoli Buttered Carrots Ice Cream Sandwich	French Dip Sandwich Tilapia Scampi Roast Chicken Thighs Three Cheese Quiche Steak Fries Buttered Broccoli Peas n Carrots Sock It To Me Cake	Chef's Choice Crabcakes with Hollandaise Chicken Fried Steak Tomato Avocado Melt Butter ,Cream & Chives Mashed Potatoes Green Beans & Bacon Buttered Carrots Assorted Desserts	Fried Chicken Whitefish Supreme Kielbasa & Kraut Egg Salad Sandwich Mashed Potatoes Mixed Vegetable Brussel Sprouts Cookies & Cream Ice Cream
11 Cream of Asparagus	12 Chili Mac Soup	13 Chicken Noodle Soup	14 Lentil & Sausage Soup	15 Navy Bean Soup	16 New England Clam Chowder	17 Chicken Rice Soup
Roast Turkey with Stuffing Fried Catfish Roast Beef Au Jus Cheese Strata Baked Sweet Potato Buttered Broccoli Brown Sugar Glaze Carrots Apple Pie	Chef's Choice Cornish Hen Baked Whitefish Malibu Burger Dijon Roast Potatoes Asparagus Mixed Vegetables Assorted Desserts	Indian Fry Bread Taco Shredded Chicken Burrito Bean and Cheese Burrito Tofu Tacos Spanish Rice Elote Corn Broccoli Cauliflower Peach Pie	Chef's Choice Chipped Beef on a Biscuit Braised Pork Chop Veggie Patty with Cheddar Potato Pancakes Lima Beans with Bacon Sugar Snap Peas Baklava with Ice Cream	Chili Dog Chicken Fried Steak Baked Whitefish Tomato Avocado Melt Baked Potato Buttered Carrots Sugar Snap Peas Peach Cobbler	Chef's Choice Kielbasa n Kraut Stuffed Peppers Cheese Tortellini Roast Potatoes Butter Peas Spinach Au Gratin Assorted Desserts	Sloppy Joe Roast Chicken Quiche Lorraine Black Bean Cheddar Burger Garlic Thyme Mash Buttered Broccoli Mixed Vegetables Chocolate Pudding
18 Cream of Potato	19 Beef & Barley Soup	20 Bean and Bacon Soup	21 Cream of Potato Soup	22 Three Bean and Ham Soup	23 Shrimp & Andouille Chowder	24 Italian Wedding Soup
Roast Pork Loin Baked Orange Roughy Pan Seared Chicken Egg Salad Croissant Baked Potato Asparagus Glazed Carrots Boston Cream Pie	Chef's Choice Meatloaf Chicken Salad Sandwich Malibu Cheddar Burger Cheddar Mashed Potatoes Brussel Sprouts w/ Bacon Buttered Carrots Assorted Desserts	Chicken Quesadilla Chili Con Carne Bean n Cheese Burrito Tofu Tacos Spanish Rice Lima Beans Chuckwagon Carrot Cake	Chef's Choice Frank n Beans BBQ Pulled Pork Sandwich Egg Salad Sandwich Cheddar Mashed Potatoes Green Beans and Bacon Creamed Corn Lemon Fluff	Roast Beef Braised Pork Chop Baked Whitefish Italian Grilled Cheese Sandwich Macaroni n Cheese Buttered Broccoli Peas n Carrots Chocolate Eclair Cake	Chef's Choice Shrimp Scampi Beer Battered Cod Paster Ala Vodka Potato Pancake String Beans Spinach n Onions Assorted Desserts	BBQ Chicken Liver n Onions Whitefish Supreme Egg Salad Sandwich Mashed Potatoes Buttered Cauliflower Sweet Corn Assorted Cookies
25 Split Pea Soup	26 Popeye Potato Soup	27 Taco Chowder Soup	28 Cream of Cauliflower Soup	29 Chicken Noodle Soup	30 Cream of Cauliflower Soup	31 Beef Barley Soup
Chicken Cordon Blue Beef Tri Tip Turkey Salad Croissant Three Cheese Quiché Roasted Red Potatoes Brussel Sprouts & Bacon Asparagus Cherry Pie	Chef's Choice Chicken Fried Steak Tuna Melt Grilled Spinach Feta Sandwich Cheddar Mashed Potatoes Mixed Vegetables Flat Beans Assorted Desserts	BBQ Brisket Beer Battered Fish Tacos Veggie Chorizo Quesadilla Bean n Cheese Burrito Spanish Rice Elote Corn Green Beans and Bacon Pumpkin Tres Leches	Chef's Choice Reuben Sandwich BBQ Chicken Tomato Avocado Melt Garlic Parmesan Tater Tots Mixed Vegetables Spaghetti Squash Chocolate Mocha Cake	Sloppy Joe Cornish Hen Catch of the Day Broccoli & Cheese Quiche Potato Pancakes Mixed Vegetables Spinach & Onions Flan de Queso (Creamy Flan)	Spaghetti and Meatballs Shrimp Basket Pepper & Sausage White Chili Parmesan Tots Island Blend Veggies Roasted Zucchini Assorted Desserts	Chef's Choice Chicken Pot Pie Turkey & Swiss Sandwich Penne ala Vodka Garlic Thyme Mash Butter Broccoli Buttered Carrots Halloween Dessert