# Memory Care Checklist

Name of Community & Date of Visit: _____

## Location

- [ ] Community is conveniently located for family and friends to visit
- [ ] Medical facilities and personal physician are nearby

## Community Safety & Comfort

- [ ] Doors are locked and a system is in place to alert staff if a resident wanders out
- [ ] There is a secure outdoor area for residents
- [ ] The memory care program offers a peaceful, calm setting
- [ ] There is a dedicated memory care dining room with its own dedicated staff
- [ ] The community is clean, free from odors and well maintained
- [ ] Smoke detectors and a sprinkler system are in place
- [ ] Bathrooms are visible and easily accessible
- [ ] Each resident room has a window
- [ ] There are handrails in all hallways and grab bars in the bathrooms
- [ ] A 24-hour emergency response system is in place

## Life Enrichment Programming

- [ ] Staff is specially trained in Alzheimer's or other forms of dementia
- [ ] The life enrichment activities calendar shows a consistent daily schedule
- [ ] Staff members assist with and participate in activities
- [ ] Memory care activities help residents feel productive
- [ ] Individualized plans for care are in place for each resident, 24/7

## Dining Services Program

- [ ] Residents are assessed and meal services are adapted to their particular needs
- [ ] Finger foods are served for residents who have difficulty using utensils
- [ ] Resident nutrition is tracked and weight monitored
- [ ] The dining room is peaceful and free from loud music and excessive activity
- [ ] Dining room is smaller in size to help cut down on distractions during mealtimes
- [ ] Staff members assist at mealtimes

## Staff Practices, Training & Development

- [ ] Background checks are completed prior to hire
- [ ] Staff is screened and evaluated for ability to support seniors living with dementia
- [ ] Caregivers interact with residents in positive, calm and respectful ways
- [ ] A nurse is on site or on call 24/7
- [ ] Community has its most recent survey results displayed for families to review

Entrusting another with the care of your loved one is difficult.
Consider bringing an observant family member or friend to
complete this checklist when you visit the memory care community.

REFLECTIONS
AT FELLOWSHIP SQUARE

Scan to view our
communities online: