



2002 W Sunnyside Ave | Phoenix, AZ 85029 www.FellowshipSquarePhoenix.org 602-443-5427

Everyone knows that February is the month of love. Here at Fellowship Square, we will celebrate it, Italian style, with 'That's Amore.' We won't stop there though! In addition to FSU classes beginning again and some great outings including a tour of Cerreta's Candy Company and an evening out Painting with a Twist, you will want to check out all of the new activities we have planned for you: Dancing Divas, Saturday Strolls, Green Thumb Gardening, and Coffee and Crosswords, just to name a few. Let's all get together and enjoy dinner and entertainment at our first Black & White Spaghetti Night and the That's Amore Social. Join us for love and fun-filled days...Can you feel the love?

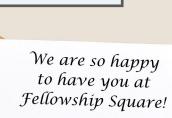
FEBRUARY
2024
THAT'S
AMORE











We look forward to getting to know you!







My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

~Psalm 73:26



We are looking for dedicated individuals to join us in our mission to make a positive impact here at Fellowship Square.

#### Mission Statement

Through Christian love and excellence, we are dedicated to providing a fulfilling lifestyle and promoting independence to those we serve.

THE GIFT OF Service

Service

LEADS TO A life of love

See Amy or Rebecca at the Front Desk Lobby to learn more about exciting volunteer opportunities!



# **Customer Service Employee Olympics**



**Employee Olympics** is a staff recognition program in which you nominate an employee for providing outstanding customer service.

Olympic Medal Winners are announced quarterly and receive medals, monetary incentives as well as a special appreciation breakfast. Pickup a nomination form at the concierge desk.

Be sure to give specific examples or reasons for nomination.

## Pancakes & Pajamas!



Tuesday, February 13 at 8:00AM

#### **That's Amore Social**



Thursday, February 15th at 1:00PM

# Green Thumb Gardeners



Fridays at 10:30AM at the Gazebo beginning 2/9

## **Happy Hours**



Fridays, February 9 & 23 3:00 PM

## **Dancing Divas**



Join us every Friday at 2:00PM for an opportunity to learn the different genres of dance!

## Café Curana



Enjoy coffee & donuts with Cortni on Thursday, February 8 at 9:00AM in the Café

## <u>Outing</u>

#### **Painting with a Twist!**



Friday, February 16 at 3:15pm \$25

# Wine Down Wednesday



Wednesday, February 28 at 2:00PM

# **Birthday Breakfast**

(Invite Only)



Friday, February 23 10:30AM

## Walker Scooter Repair



In room visits
February 13th
beginning at 10:00 AM
Please sign up!

#### **Dinner Outings**



Postino's 2/8



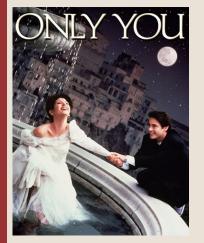
Anzio's 2/29

# **Outing**



Tour of Glendale's own Cerreta's Candy Company 2/12 \$10

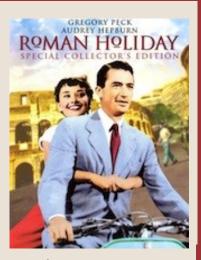
# **Movie Matinees**



2/3 at 2:00PM



2/15 at 2:00PM



2/17 at 2:00PM



FELLOWSHIP SQUARE UNIVERSITY

FSU will look a little different going forward. There will be no fees to pay to attend classes. We do ask that you sign up with the Concierge Desk, though.

February's classes are:

- 2/9 History with Griff-Abraham Lincoln
- 2/14 Journey to Israel with Bud Downs
- 2/27 Leonardo de Vinci with Amy
- 2/29 History with Griff-JFK

# Meet our local care team:





Seth Six, FNP-C University: Gonzaga University Masters: Family Practice Specialty: Surgery, ER, Geriatrics



**Dr. Deborah Copus**Residency: Phoenix Baptist Hospital
Board Certified in Family Medicine
Specialty: Geriatrics

#### Learn more about our services:



**Primary Care** 



**Allergies** 



**Blood Pressure Checks** 



**UTIs** 



**Upper Respiratory Infections** 



**Chronic Disease Management** 



**Medication Refills** 



**Referrals to Specialists** 



**Post Hospitalization Visits** 



and more!

#### **Get established with Curana Health:**

- 1. Fill out a patient packet
- 2. Call **602-613-5917** to get set up with an appointment!

Curana Health is available on campus to provide primary care OR secondary care (just for sick visits).

If you have any specific questions about what's going on at your campus, call Courtni Elkins at **602-613-5917**.

For billing questions, call 1-855-352-8472.





# February is Valentine's Month...





I want to share some interesting facts about Valentine's Day.

- 1. The man Valentine's Day was named for was probably two men. One St. Valentine and the other a priest in the third century named Valentine.
- 2. It became an official holiday in the 1300's and was associated with love.
- 3. Cupid comes from the 700's BC and was a Greek god who had love-matching powers.
- 4. The first valentine was sent in the 15th century written by a French duke named Charles to his wife in 1415.
- 5. 1840 was the first time Valentine's Day cards were mass produced and sold in the United States.
- 6. Giving flowers on Valentine's Day dates back to the 17th Century and the flower of choice was a red rose, symbolizing deep love.
- 7. The color of flower given on Valentine's Day holds meaning. Not only did a red rose mean deep love but also a deep pink rose—happiness; a purple rose—royalty and a white rose—sympathy.
- 8. Americans spent nearly \$26 billion on Valentine's Day gifts in 2023 and the average person spends \$193.00 on Valentine's Day.
- 9. Americans send 145 million Valentines cards yearly.

Enjoy the day, enjoy the people who you love and love you!

God loves you and so do I, Chaplain Tom

# Life at Fellowship Square January 2024



















